

Healthy
Choice.

simply
steamers

Chicken & Vegetable Stir Fry

Chicken Breast, Broccoli, Edamame,
Carrots, Red Bell Peppers & Onions in a
Sesame Soy Sauce



NOTHING ARTIFICIAL

MADE WITH 100% NATURAL* CHICKEN

NET WT 9.25 OZ (262g)

KEEP FROZEN; MUST BE COOKED THOROUGHLY

*NO ARTIFICIAL INGREDIENTS, MINORALLY PROCESSED.



SERVING
SUGGESTION

PER MEAL

190
Calories

1½
Sat. Fat
5% DV

500mg
Sodium
22% DV

8g
Total
Sugars

Recipe Healthy Choice

Katrin Zwirglmaier



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