

Triple weave straps are secured onto the bag with double stitching and internal reinforcements - they never break!

Extra handle expands exercise potential - now you can do one handed movements.

16 vents allow air to escape when Powerbag is dropped - reducing internal pressure and increasing longevity

Hard wearing construction, using dual layered non-tearing materials technology. Internally, there's a high density breathable foam lining to maintain shape

Internally, the sand is locked tight in a nylon micro weave bag with a double Velcro closure.

End section is secured with a covered zip and 3 external Velcro tabs. An internal compression strap acts to reduce pressure on the lid and prevent sand leakage



Powerbag Training Guide

Ensheng Dong

A red circular graphic with a gradient, appearing as a stylized arrow or a partial circle, located to the right of the author's name.

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