

Slow Cooker Recipe Yams

Rachel Rappaport

Slow Cooker Recipe Yams:

The Big Book of Slow Cooker Recipes Rachel Rappaport, 2012-12-18 Slow cooker recipes your whole family will love The Big Book of Slow Cooker Recipes is the perfect guide for creating delicious and easy dishes for your entire family Featuring everything from filling favorites and healthy fare to exotic cuisine this cookbook offers you an extensive array of mouthwatering slow cooker recipes With more than 700 effortless meals to choose from you re guaranteed to find something that will satisfy everyone s tastebuds including Maple syrup infused slow cooked oatmeal Eggplant caponata Ginger flavored chicken curry Greek style orzo and spinach soup Shrimp in creole sauce Challah bread pudding Complete with an array of nutritious options and specialized slow cooking tips this fun and fresh cookbook has everything you need to create wholesome meals without spending all day in the kitchen Not Your Mother's Slow Cooker Cookbook Beth Hensperger, Julie Kaufmann, 2004-12-21 The slow cooker is perfect for today s lifestyle in which everyone is time and energy conscious economy wise and concerned about nutrition and demanding of great flavor This book offers a way of traditional cooking that s new and fresh The 50 Best Healthy Slow Cooker Recipes Adams Media, 2011-10-03 They re healthy They re flavorful And they re right at your fingertips The 50 Best Healthy Slow Cooker Recipes is an appetizing selection of dishes that are delicious and nutritious From French Onion Soup to Chocolate Bread Pudding there's plenty included so you can whip up satisfying and tasty snacks and meals Enjoy The 150 Healthiest Slow Cooker Recipes on Earth Jonny Bowden, Jeannette Bessinger, 2012-01-01 Jonny and Jeannette have done a wonderful job at marrying healthy delicious recipes with invaluable and surprising nutrition information for each of these hearty slow cooker recipes Alicia Rewega editor in chief of Clean Eating magazineThese convenient time saving dishes are delicious healthy and easy from prep to clean up Calvin Hurd publisher of Total Health Online www totalhealthmagazine comThe 150 Healthiest Slow Cooker Recipes on Earth is a foolproof guide to cooking flavorful super satisfying one pot dishes perfect for any budget or diet You ll feel good about eating meals made with the most nutrient packed ingredients out there and you ll savor every bite while getting healthier Nicole Brechka editor of Better NutritionDiscover how to make mouth watering super healthy and super convenient slow cooked meals Nationally known nutritionist Jonny Bowden Ph D C N S and chef Jeannette Bessinger C H H C take slow cooking to a whole new level with these easy nutritious and deliciously satisfying recipes The clean foods team of Dr Jonny and Chef Jeannette use wholesome ingredients such as fresh fruit and vegetables grass fed beef wild caught fish and pasture raised poultry in their recipes Losing none of the convenience they skip the high sodium canned food products used in many slow cooker recipes and bring you dishes with both traditional and ethnic flair Try the Real Deal Beef Stew with Orange and Clove the Quick Sesame Teriyaki Low Carb Lettuce Wraps the Hot and Hearty Red White and Blue Crab Dip or the Gingered Honey Pears with Cinnamon Sticks Bon appetit **365 Winter Warmer Slow Cooker Recipes Carol** Hildebrand, Robert Hildebrand, Suzanne Bonet, 2012-09-01 What could be better than walking in the door after a hard day s

work to a hot savory dinner ready and waiting A dinner that only requires three ingredients that s what With the right high quality ingredients you can create delicious meals in a snap with 365 Winter Warmer Slow Cooker Recipes While most slow cooker recipes require a lot of ingredients and steps before you actually fix it and forget it these are truly simple recipes that can be done quickly and affordably Just put three ingredients in your slow cooker turn it on and enjoy recipes such as Rosemary Lamb Stew Chinese Style Ribs Cog au Vin and Blueberry Cobbler **3-Ingredient Slow Cooker Recipes** Suzanne Bonet, 2005-10-01 People love the convenience of their slow cookers What could be better than walking in the door after a hard day s work to the smell of beef stew ready and waiting A beef stew that only requires three ingredients that s what The problem with most slow cooker recipes is that they require lots of ingredients and steps before you actually fix it and forget it Not this book these are truly simple recipes and best of all they are memorable not mushy You ll find recipes like Rosemary Lamb Stew Chicken Curry Three Alarm Chili Spicy Pot Roast with Onions Cog au Vin Pork Roast with 40 Cloves of GarlicPlus you ll find recipes for desserts like cheesecake and custard and appetizers like chicken wings and The Complete Slow Cooker America's Test Kitchen, 2017-10-31 The Complete Slow Cooker is America's Test artichoke dip Kitchen's definitive guide to how to cook using a slow cooker It builds on the success the test kitchen has had from years of testing and retesting slow cooker recipes and pushing the limits of what a slow cooker can do Packed with 450 recipes this blockbuster collection is for both new and experienced slow cooker cooks The Complete Slow Cooker is a comprehensive collection of recipes for everything from Appetizers to Desserts The 450 recipes include the stellar must have recipes from our previous books as well as 80 all new recipes They cover an amazing range of food from the expected pasta sauce and beef stew to the unexpected wheat berry salad and cr me br l e This new cookbook continues to raise the bar for slow cooker food with sophisticated foolproof recipes as only America's Test Kitchen can provide ATK s test cooks continue to develop recipes that explore new ground exciting new recipes include tuna braised in olive oil brown bread and granola Lee Semi-Homemade Slow Cooker Recipes Sandra Lee, 2006-10-16 Contains more than 120 recipes for pastas risottos five ingredient favorites one pot dishes meat and poultry main courses soups stews and desserts along with a selection of potluck and single dish casseroles that can be prepared in the oven The Complete Idiot's Guide to Slow Cooker Cooking Ellen Brown, 2003 The convenient way to cook Slow cooking has become more popular than ever And this guide written by an award winning author offers over 200 recipes for side dishes classics vegetarian specialties and desserts Includes Vegetarian and Healthy Dishes Appetizers Chowders Soups Stews and Chilis Braising and Roasting Beef Pork Chicken and Fish Ethnic Not Your Mother's Slow Cooker Cookbook, Revised and Casseroles and One Pot Dishes Cobblers Crisps and Fondues Expanded Beth Hensperger, Julie Kaufmann, 2016-10-01 Fall in love with your slow cooker all over again You probably own a slow cooker 80 percent of American households do For more than thirty years its unbeatable convenience and practicality have made it a staple of busy families enabling anyone to return to a home cooked meal at the end of a hectic day Beth

Hensperger and Julie Kaufmann turned slow cooker recipes on their head with Not Your Mother's Slow Cooker Cookbook making it one of the best selling slow cooker cookbooks of all time Now they re going global with this revised and updated edition that includes 50 new recipes from a variety of cuisines Greek Spanish Thai Chinese Indian Mexican Middle Eastern and more plus an exciting new collection of ways to use any slow cooker to make pulled pork and other bbg flavored dishes All your favorite classic slow cooker recipes are still here plus many more from international cuisines that bring flavor and adventure to any meal including Tortilla Breakfast Strata with Homemade Turkey Chorizo Curried Chickpeas with Creamy Cucumber Tomato Salad Orange Hoisin Chicken Hungarian Beef Stew with Paprika and Marjoram Soulfully Good Pork Spareribs with Pineapple and Ginger Chicken and Shrimp Jambalaya Chocolate Peanut Butter Pudding Cake There is also practical information on the different types of slow cookers their latest accessories and what sizes are best for what purposes With over 350 recipes this is the go to guide for every home Discover even more modern takes on classic techniques and dishes from the Not Your Mother's series Not Your Mother's Slow Cooker Recipes for Two Not Your Mother's Microwave Cookbook Not Your Mother's Fondue Not Your Mother's Casseroles Revised and Expanded Edition and Not Your Mother's Make Ahead and Freeze Cookbook Revised and Expanded Edition **Not Your Mother's Slow Cooker Recipes for Two** Beth Hensperger, Julie Kaufmann, 2007-01-02 The James Beard Award winning author follows up the best selling Not Your Mother's Slow Cooker Cookbook with Not Your Mother's Slow Cooker Recipes for Two a collection of 125 new recipes specially designed for the small slow cooker Nearly 60 percent of American households today consist of only one or two people yet most cookbooks don't reflect this trend with recipes designed for large families yielding 6 8 servings For individuals and small families who want to cook hearty healthful meals but don t want to deal with all the leftovers Beth Hensperger has the solution with Not Your Mother's Slow Cooker Recipes for Two As always Hensperger's innovative recipes call for fresh healthful ingredients and continue to prove that the slow cooker can produce amazing meals While the recipes yield the perfect amount for two or three people there is no shortage of flavor with dishes such as Quick Hominy and Zucchini Chili Fennel Potato Leek Soup Moroccan Spiced Tomato Chicken with Almonds Lamb Stew with Lemon and Garlic Vegetable Polenta with Mascarpone Cheese Cabernet Short Ribs of Beef with Apricots The slow cooker is an essential countertop appliance for busy cooks and this is the only book on the market specifically written for the increasingly popular 1 3 quart slow cooker Not Your Mother's Slow Cooker Recipes for Two is great for the growing population of empty nesters working couples singles and small families who want the convenience of small slow cooker cooking without sacrificing wholesomeness and flavor Discover even more modern takes on classic techniques and dishes from the Not Your Mother's series Not Your Mother's Microwave Cookbook Not Your Mother's Fondue Not Your Mother's Slow Cooker Cookbook Revised and Expanded Not Your Mother's Casseroles Revised and Expanded Edition and Not Your Mother's Make Ahead and Freeze Cookbook Revised and Expanded Edition The Great American Slow Cooker Book Bruce Weinstein, Mark

Scarbrough, 2014-01-07 The ultimate in slow cooker books with 500 recipes each adapted for three sizes of appliance From breakfast to soups mains to grains vegetables to desserts this guide is the only book you ll ever need to master your slow cooker or crockpot Millions of people are turning to slow cookers for their weeknight meals yet often can t find recipes that match their exact machine Adapting recipes meant for a different size cooker doesn t work getting the right level of spice in your Vietnamese soup or keeping pulled pork tender requires having ingredients in the right proportion But now Bruce Weinstein and Mark Scarbrough have decoded slow cookers and each of their recipes includes ingredient proportions for 2 3 guart 4.5 guart and 6.8 guart machines guaranteeing a perfect fit no matter what machine you own Each recipe is labeled for its level of difficulty and nutritional value and they cover every kind of dish imaginable delicious breakfast oatmeals slow braised meats succulent vegetables sweet jams and savory sauces decadent desserts This is the slow cooker book to end 120 Slow Cooker Recipe Favorites Mary Engelbreit, 2010-11-30 Collects slow cooker recipes from the illustrator them all s friends and fans for all occasions including bodacious vodka sauce reuben pork chops and sassy chicken balsamic **Everything Vegetarian Slow Cooker Cookbook** Amy Snyder, Justin Snyder, 2012-01-15 Who wouldn t want a scrumptious healthy all veggie meal that s ready to eat as soon as you walk in the door In today s hustle and bustle world it can be difficult to find the time to create meatless dishes that don't take hours to prepare But with this cookbook you'll find simple satisfying recipes for hundreds of meals including Spicy Seitan Buffalo Strips Vegan Spinach and Artichoke Dip Citrusy Beets Slow Roasted Garlic and Tomato Sauce Peanut Butter Cake Complete with an array of vegan options and substitutions this versatile cookbook has everything you need to create healthy delicious meals without spending the day in the kitchen

Easy Vegetarian Slow Cooker Cookbook Rockridge Press,2015-04-07 Healthy Comforting Vegetarian Meals with the Push of a Button You ve gone meat free thanks to your conscience your doctor or maybe even your teenager Whatever the reason the big challenge isn t what to cook it s how to make healthy hearty vegetarian meals without spending hours in the kitchen With Easy Vegetarian Slow Cooker Cookbook you can take back your time while letting your palate travel the world of vegetarian dishes No time All meals prep in 15 minutes or less Chop and go Hungry for real food Not a single recipe calls for fake meat products No animal products Over 75 of the 125 recipes are vegan Got restrictions Dietary labels indicate whether a recipe is gluten free soy free and or nut free Counting calories or carbs Nutritional information is listed with every recipe Live your life and let Easy Vegetarian Slow Cooker Cookbook toil in the kitchen for you Recipes include Coconut Curry Simmer Sauce Healing Vegetable Soup Chiles Rellenos with Fresh Mozzarella Eggplant in Hoisin Garlic Sauce Banana Nut Bread and more The \$7 a Meal Slow Cooker Cookbook Linda Larsen,2009-01-17 Cooking The Everything Healthy Slow Cooker Cookbook Rachel Rappaport,2010-07-18 Slow cooker meals may save you time and energy but they can also help you pack on the pounds Thanks to this clever collection of deliciously good for you recipes you can please your palate without sacrificing nutrition or your waistline This cookbook serves up hundreds of mouth watering recipes including

Sun dried tomato and pesto dip Greek style orzo and spinach soup Red wine pot roast Ginger caramelized chicken Curried lentils Italian meatloaf Chocolate cr me br l e Stewed cinnamon apples Popular food blogger and cooking instructor Rachel Rappaport provides full nutritional analyses so you can choose recipes based on calories fat content fiber and more When you save time and produce healthy meals you ll find you can have your pot roast and eat it too The Paleo Slow Cooker Arsy Vartanian, Amy Kubal, 2013-03-06 The Paleo theory of only consuming what was available to ancient humans combined with the hugely popular technique of slow cooking is a terrific pairing sure to appeal to people on the go who have the desire to eat healthy but have little time for meal preparation Slow Cooker Magic Linda Rehberg, Lois Conway, 2013-09-10 Over 100 inventive recipes for year round family meals including side dishes and desserts from the authors of the top selling Bread Machine Magic SLOW COOKER MAGIC will give you fresh ideas for a familiar appliance every page is packed with tips tricks and over 100 inventive recipes for meals everyone will love to eat and you will love to make The recipes in SLOW COOKER MAGIC can be made in every brand of slow cooker on the market you ll learn to prepare not just the soups and stews of winter but also chilis and casseroles for summer picnics and potlucks all year round SLOW COOKER MAGIC includes not just hearty main dishes such as Chicken with Gravy but ethnic appetizers such as Spicy Tortilla Soup and elegant side dishes such as Balsamic Glazed Carrots as well This cookbook will inspire you to try new items in your slow cooker too from sandwiches to vegetarian meals to desserts and breakfast treats SLOW COOKER MAGIC's recipes are foolproof they really work every time This book is a handy and valuable kitchen companion that will have you turning to your favorite appliance Knack Slow Cooking Linda Larsen, 2009-09-15 Featuring 350 full color photographs Knack Slow again and again Cooking presents 350 easy delicious recipes and variations you can prepare in advance from contemporary flavors to ethnic recipes to hearty classics

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