

# total gym 1700 *Club*

TECHNICAL SPECIFICATIONS

• 1700 lbs. max. weight capacity  
 • 16" x 36" x 16" exercise mat  
 • 16" x 36" x 16" exercise mat  
 • 16" x 36" x 16" exercise mat  
 • 16" x 36" x 16" exercise mat



OWNER'S MANUAL

# total gym 1700 *Club*

EXERCISE GUIDE



EXERCISE GUIDE

# Total Gym 1700 Club Exercise Guide

**Michael Brown**

A red circular graphic with a gradient, appearing as a partial circle or a thick arc, located to the right of the author's name.

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