#### NAVY

SAFETY AND OCCUPATIONAL HEALTH (SOH)

PROGRAM MANUAL

FOR FORCES AFLOAT



OPNAV INSTRUCTION 5100.19E VOLUME I SOH AND MAJOR HAZARD-SPECIFIC PROGRAMS

DEPARTMENT OF THE NAVY

OFFICE OF THE CHIEF OF NAVAL OPERATIONS

# Navy Safety Occupational Health Soh Program Manual For Forces

Scott C. Dulebohn

# Navy Safety Occupational Health Soh Program Manual For Forces:

Manuals Combined: NAVY SAFETY AND OCCUPATIONAL HEALTH PROGRAM MANUAL & MARINE CORPS OCCUPATIONAL SAFETY AND HEALTH (OSH) PROGRAM MANUAL, 1 Purpose To implement policy changes recommended by the Naval Inspector General NAVINSGEN to Office of the Chief of Naval Operations Special Assistant for Safety Matters OPNAV N09F and to define and outline the conduct and reporting of the self assessment process for safety and occupational health SOH programs 1 PURPOSE The Marine Corps Occupational Safety and Health OSH Program Manual promulgates the requirements and establishes procedures to implement the reference 2 INFORMATION This Manual and all references provide the requirements and guidance for commanders and Marine Corps OSH Program professionals to identify and manage risk maintain safe and healthful operational environments and meet the Mission Essential Task List METL requirements 3 SCOPE This Manual is applicable to all Marine Corps activities including nonappropriated fund activities and operations that are under the sponsorship of the Marine Corps Community Services MCCS Director or unit MCCS officers for the purposes of morale welfare and recreation This Manual shall also apply to activities that are involved in the acquisition operation sponsorship or maintenance of all facilities activities and programs CMC SD will provide guidance upon request for program responsibilities on contractors e g public private venture etc 4 EFFECTIVE DATE This Manual is effective the date signed Prior to implementation of this Manual activities must where applicable discharge their labor relation s obligations Assistance and guidance may be obtained from CMC MPC DISTRIBUTION STATEMENT A Approved for public release distribution is unlimited Manuals Combined: Navy Air Force And Army Occupational Health And Safety - Including Fall Protection And Scaffold Requirements, Over 2 900 total pages Contains the following publications 1 NAVY SAFETY AND OCCUPATIONAL HEALTH PROGRAM MANUAL 2 NAVY SAFETY AND OCCUPATIONAL HEALTH SOH PROGRAM MANUAL FOR FORCES AFLOAT 3 DEPARTMENT OF THE NAVY DON FALL PROTECTION GUIDE 4 Air Force Consolidated Occupational Safety Instruction 5 U S Army Corps of Engineers SAFETY AND HEALTH REQUIREMENTS Manuals Combined: U.S. Navy FIRE CONTROLMAN Volumes 01 - 06 & FIREMAN, Over 1 600 total pages 14097 FIRE CONTROLMAN SUPERVISOR Covers Fire Controlman supervisor responsibilities organization administration inspections and maintenance supervision and training combat systems subsystems and their maintenance and weapons exercises 14098 FIRE CONTROLMAN VOLUME 01 ADMINISTRATION AND SAFETY Covers general administration technical administration electronics safety and hazardous materials as they pertain to the FC rating 14099A FIRE CONTROLMAN VOLUME 02 FIRE CONTROL SYSTEMS AND RADAR FUNDAMENTALS Covers basic radar systems fire control systems and radar safety as they relate to the Fire Controlman rating 14100 FIRE CONTROLMAN VOLUME 03 DIGITAL DATA SYSTEMS Covers computer and peripheral fundamentals and operations configurations and hardware operator controls and controlling units components and circuits central processing units and buses memories input output and interfacing instructions and man

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Occupational Health and the Service Member Timothy M. Mallon, 2019-04-03 This book will relate the history of occupational health efforts in each of the military services and describe the current programs including discussion of the occurrence and prevention of occupational threats to service members and civilians from the environment and military equipment Individual chapters will focus on medical evaluations workers compensation surveillance ergonomics hearing protection radiation specific hazardous substances and particular environments such as aerospace and underseas It is a revised updated and expanded version of the occupational health Textbook of Military Medicine published in 1993 Navv Hospital Corpsman Publications Combined: Personnel Qualification Standard (PQS) For Hospital Corpsman (2019) & Sick Call Screener Course Guide Plus Lesson Plan (2018) U.S. Naval Education and Training Command, Over 1 300 total pages OVERVIEW Navy Hospital Corpsmen are vital members of the Health Care Delivery Team Their roles and responsibilities are expanding as the demand to provide quality health care is placed on them Training is required to better prepare Hospital Corpsmen and meet these demands The Sick Call Screeners Course SCSC is a training program directed at the Hospital Corpsmen Corpsmen are exposed to clinical subjects taught by a staff of highly skilled personnel Physicians Nurses Physician Assistants and Independent Duty Corpsmen CONTENTS 1 PQS for HOSPITAL CORPSMAN 2019 2 TRAINEE GUIDE FOR SICK CALL SCREENERS COURSE SCSC 2018 3 LESSON PLAN FOR SICK CALL SCREENER COURSE SCSC 2018 Sleep in the Military Wendy M. Troxel, Regina A. Shih, Eric R. Pedersen, Lily Geyer, Michael P. Fisher, Beth Ann Griffin, Ann C. Haas, Jeremy R. Kurz, Paul S. Steinberg, 2015-04-30 Given the unprecedented demands on the U S military since 2001 and the risks posed by stress and trauma there has been growing concern about the prevalence and consequences of sleep problems This first ever comprehensive review of military sleep related policies and programs evidence based interventions and barriers to achieving healthy sleep offers a detailed set of actionable recommendations for improving sleep across the force Total Exposure Health Kirk A. Phillips, Dirk P. Yamamoto, Lee Ann Racz, 2020-05-15 This book provides a comprehensive

overview of the concept of Total Exposure Health and presents details on subject areas which make up the framework It provides in depth coverage of the science and technology supporting exposure and risk assessment This includes advances in toxicology and the omics as well as new techniques for exposure assessment The book concludes with a discussion on bioethics implications including ethical considerations related to genetic testing Discusses advances in exposure monitoring Presents a systems biology approach to human exposures Examines how overall well being translates to worker productivity Considers the link between work related risk factors and health conditions Covers the study of genomics in precision medicine and exposure science Explores bioethics in genomic studies Aimed at the exposure professionals industrial hygienists toxicologists public health environmental engineers geneticists molecular biologists engineers and managers in the health and safety industry as well as professionals in the public administration field Lifesaver .1981 Blue Water Navy Vietnam Veterans and Agent Orange Exposure Institute of Medicine, Board on the Health Lifeline .1977 of Select Populations, Committee on Blue Water Navy Vietnam Veterans and Agent Orange Exposure, 2011-07-01 Over 3 million U S military personnel were sent to Southeast Asia to fight in the Vietnam War Since the end of the Vietnam War veterans have reported numerous health effects Herbicides used in Vietnam in particular Agent Orange have been associated with a variety of cancers and other long term health problems from Parkinson's disease and type 2 diabetes to heart disease Prior to 1997 laws safeguarded all service men and women deployed to Vietnam including members of the Blue Navy Since then the Department of Veteran Affairs VA has established that Vietnam veterans are automatically eligible for disability benefits should they develop any disease associated with Agent Orange exposure however veterans who served on deep sea vessels in Vietnam are not included These Blue Water Navy veterans must prove they were exposed to Agent Orange before they can claim benefits At the request of the VA the Institute of Medicine IOM examined whether Blue Water Navy veterans had similar exposures to Agent Orange as other Vietnam veterans Blue Water Navy Vietnam Veterans and Agent Orange Exposure comprehensively examines whether Vietnam veterans in the Blue Water Navy experienced exposures to herbicides and their contaminants by reviewing historical reports relevant legislation key personnel insights and chemical analysis to resolve current debate on this issue Naval Safety Supervisor - Navedtra 14167f U. S. Navy, 2018-07-22 We designed this training manual to help acquaint you with the Navy's safety and occupational health programs their setup management and supervision In addition to the Safety and Occupational Health SOH Program we will discuss the Shore Safety Program the Afloat Safety Program the Aviation Safety Program and your duties as a naval safety supervisor We have provided the appropriate references for specific safety standards throughout this manual and various safety terms and acronyms You will also find information on the following program elements Safety program promotion and attitudes Mishap causes and prevention Mishap investigation and reporting Safety program evaluation SOH Program elements Traffic safety Explosives Foundation for Integrating Employee Health Activities for Active Duty safety Athletic recreation home safety programs

Personnel in the Department of Defense Gary Cecchine, 2009 If the Department of Defense DoD moves toward a more integrated employee health system a foundation of information about the current system and requisite elements for such integration will be needed The authors reviewed the research literature and DoD policy documents and interviewed DoD personnel to make several observations about the current state of safety and occupational health SOH arrangements in DoD Currently SOH policy cuts across several organizations at high levels in the Office of the Secretary of Defense and SOH programs are implemented by each of the military services Recently leadership attention has focused on safety mostly apart from occupational health as a separate priority DoD and the services have made efforts to increase coordination including both high level formal councils and through informal relationships among SOH practitioners Health promotion and wellness have received considerable attention within DoD through periodic health assessments and educational programs yet these areas have not benefited from the same increased coordination As DoD contemplates a more integrated approach the authors considered what DoD might learn from civilian experience with integrating employee health activities To address this the authors reviewed civilian models of integration to identify promising approaches and practices that might inform DoD efforts The review of activities related to employee health in DoD including industrial hygiene safety health promotion and wellness occupational health and its relatively mature health information technology infrastructure indicates that there might be little need for DoD to introduce new programs but more need to make use of the information generated by the existing programs in a more coordinated integrated manner provided by publisher Newsletter ,1977 Navy Lifeline ,1984

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divided into the general terms of soft tissue articulation and thrust while these were useful they were limited and caused some problems they were restricted in terms of dialogue between practitioners or in ability to

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web example consider a technique where 30 of flexion is combined with 60 of rotation and 20 of sidebending if the flexion is applied first there will be a tendency to use more than the desired 30 the technique will still work but it will be found that the other levers have been decreased by the same

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