

NCLEX REVIEW NURSING CHEAT SHEET

Pharmacology

You can not learn all the medications at once. But by learning drug categories and their corresponding name endings, memorization will become easier. This way you'll be able to eliminate many answer choices on your pharma questions.

- **ACE inhibitors and (in)** -pril (lisinapril)
- **Beta-blockers and (in)** -olol (propranolol)
- **H2 receptor blockers and (in)** -tidine (cimetidine)
- **Anti and (in)** -ycin or -cillin (erythromycin, penicillin)
- **Cholesterol lowering drugs and (in)** -statin (atorvastatin)



- **Benzodiazepines and (in)** -pam (diazepam)
- **Phenothiazines and (in)** -azine (promethazine)
- **Glucocorticoids and (in)** -one (prednisone)

- **Antibiotics and (in)** -in (amoxicillin)
- **ARBs and (in)** -artan (losartan)
- **PRNs and (in)** -azole (omeprazole)
- **Anticoagulants and (in)** -arin (heparin)



Drug Schedules

- **Schedule I** - no currently accepted medical use and for research use only (e.g., heroin, LSD, MDMA)
- **Schedule II** - drugs with high potential for abuse and requires written prescription (e.g., Ritalin, hydromorphone (Dilaudid), meperidine (Demerol), and fentanyl)
- **Schedule III** - requires new prescription after six months or five refills (e.g., codeine, testosterone, buprenorphine)

Vital Signs

- Temp: 36.5 to 37.2°C (97.8-99°F)
- BP: 90/60 to 120/80 mm Hg
- Heart rate - 60-100 bpm
- Respiratory Rate: 12 to 20 breaths per minute

Conversions

- 1 teaspoon = 5 mL
- 1 tablespoon = 3 tsp
- 1 oz = 30 mL
- 1 cup = 8 oz
- 1 pint = 2 cups

- Convert C to F: C x 9/5 and add 32



- 1 quart = 2 pints
- 1 gram (g) = 1000 mg
- 1 gram (g) = 1,000 mg
- 1 kilogram (kg) = 2.2 lbs
- 1 lb = 16 oz

- Convert F to C: F - 32 and multiply by 5/9

Rules of nines for calculating Total Body Surface Area (TBSA) for burns

- Head: 9%
- Arms: 18% (9% each)
- Back: 18%
- Legs: 36% (18% each)
- Genitalia: 1%

Common Diets

- Gallbladder diseases - Low fat, calorie restricted
- Regular Gastritis - Low fiber, bland diet
- Hepatitis - High calorie, high protein
- Hyperlipidemias - Fat controlled, calorie restricted
- Hypertension/Heart Failure/CAD - Low Sodium, calorie restricted, fat controlled
- Kidney Stones - Increased fluid intake, controlled calcium intake, low-oxalate

- Obesity/overweight - Calorie restricted, high fiber
- Peptic ulcer - Bland diet
- Pernicious Anemia - Increase Vitamin B12 (Cobalamine), found in high amounts on shellfish, beef liver, and fish.

Baby growth

- **2-3 months** able to turn head up, and can turn side to side. Makes cooing or gurgling noises and can turn head to sound.
- **4-6 months** grasps, switches and roll over tummy to back. Can babble and can mimic sounds.
- **6-9 months** sits at 6 and waves bye-bye. Can recognize familiar faces and knows if someone is a stranger. Passes things back and forth between hands.
- **8-9 months** stands straight at night, has favorite toy, plays peek-a-boo.
- **10-12 months** belly to butt.
- **12-24 months** twirls and up, drinks from a cup. Cries when parents leave, uses furniture to cruise.

Common Signs and Symptoms

- Diabetes Mellitus - excessive thirst
- Anger - increased heart rate (HR) - tachycardia, hypertension, stress
- Chronic Kidney - polyuria, polydipsia, polyuria
- Bacteremialphage (Bacterial Infection) - fever, chills
- Anemia - fatigue, weakness, pallor
- Acute - vomiting, diarrhea, and/or abdominal pain
- Chronic - persistent cough, wheezing, and/or chest pain
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Sexually Transmitted Infections

- Herpes Simplex Type II - painful vesicles on genitalia
- Gonorrhea - white, yellow, or green discharge
- Chlamydia - white, yellow, or green discharge
- Syphilis - painless chancre
- HIV - persistent cough, fever, weight loss
- Hepatitis - jaundice, dark urine, abdominal pain
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Lab Values

Blood Gas

- pH: 7.35-7.45
- PaO2: 80-100 mmHg
- PaCO2: 35-45 mmHg
- HCO3-: 22-28 mEq/L
- pO2: 100 mmHg
- SaO2: 95-100%

Cardiac markers

- Troponin: < 0.05 ng/mL
- Creatinine: < 1.2 mg/dL
- BUN: < 20 mg/dL
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Hematology

- WBC: 4,000-11,000/mm3
- RBC: 4.5-5.5 million/mm3
- Hemoglobin: 12-16 g/dL
- Hematocrit: 37-47%
- Platelets: 150,000-400,000/mm3
- PT: 12-14 seconds
- aPTT: 35-45 seconds
- INR: 1.0-1.2

Lipoproteins & Triglycerides

- LDL: < 100 mg/dL
- HDL: > 40 mg/dL
- TG: < 150 mg/dL
- Total: < 200 mg/dL



Pain Assessment

FLACC

- Face
- Legs
- Cry
- Activity
- Consolability

Types of Pain

- Chronic: Persistent, ongoing pain that lasts more than six months.
- Acute: Sudden onset of pain, specific to injury. Lasts from seconds to six months.
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Effects of Pain

- Chronic: Increased cortisol output, impaired immune response, increased blood pressure, increased heart rate, increased blood pressure, increased heart rate, increased blood pressure, increased heart rate.
- Acute: Increased cortisol output, impaired immune response, increased blood pressure, increased heart rate, increased blood pressure, increased heart rate.

Factors that Influence Pain

- Past Experience
- Anxiety
- Depression
- Age
- Gender
- Culture



Maternity

EPID - Treatment for maternal hypotension after an epidural anesthesia

- Stop infusion of opioids
- Turn the client on her left side
- If hypotension is present, push IV fluids

Newborn Reflexes

- **Blinking**: Eyes should close if light flashes in eyes.
- **Moro**: Infant should extend arms and head symmetrically and then pull back in response to loud noise or jolt.
- **Rooting**: Infant should turn head toward finger placed in mouth.
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Nclex Medication Study Guide

Michelle J. Willihnganz



Nclex Medication Study Guide:

NCLEX Medication Review Kaplan Nursing, 2021-10-06 Truly pocket sized and light Kaplan's NCLEX Medication Review covers only the medications and key details that are most likely to be tested This slim volume is ideal for the home stretch of NCLEX preparation when you can't afford to be overwhelmed Flashcard Style Pages with nursing considerations adverse effects and purpose for each medication Expertly Updated by Kaplan's team of nursing faculty and pharmacology specialists Organized by medication category and subcategory with generic name index for quick reference Restructured to combine related therapies facilitating study of meds with similar profiles New Sections on anesthetics and herbals now tested on the NCLEX plus important alternate uses of medications Convenient Study Tools include phonetic pronunciation keys an appendix of medical abbreviations and tips for retaining medication content Book jacket *NCLEX-RN Drug Guide: 300 Medications You Need to Know for the Exam* Kaplan Nursing, 2015-08-04 The most streamlined portable and easy to use drug guide to help you pass the NCLEX RN This pocket sized review for prospective nurses gives you the focused key information you need to know about medications commonly seen on the test Kaplan's NCLEX RN Drug Guide includes Generic names brand names phonetic pronunciations and drug families for 300 frequently tested medications Concise nursing considerations and must know side effects for each medication NEW Expert guidance for studying drugs effectively Pregnancy risk category and controlled substance schedule for every drug Common medical abbreviations you'll use on the job Abbreviations to avoid when recording medication orders Terms are grouped by medication category and each page features two terms with the complete explanations With Kaplan's NCLEX RN Drug Guide you know you are getting the most up to date expert information available to prepare for the exam [NCLEX Medication Review: 300+ Meds You Need to Know for the Exam](#) Kaplan Nursing, 2023-09-05 Truly pocket sized and light Kaplan's NCLEX Medication Review provides a concise portable review of 300 medications frequently prescribed in clinical practice Reorganized to combine related therapies this slim volume reviews only the medications and key details that are most likely to be tested ideal for the home stretch of exam prep when you can't afford to be overwhelmed Streamlined Review Flashcard style pages with more than 300 frequently prescribed medications grouped by medication category subcategory Expertly revised and up to date content with nursing considerations adverse effects and purpose for each medication Organized to combine related therapies and facilitate learning of meds with similar profiles Features important alternate uses of medications black box warnings Appendix of medical abbreviations for quick reference Alphabetical index of medications by generic name for quick page reference Convenient phonetic pronunciation keys Expert Guidance Simple powerful tips for retaining medication content Reviewed and updated by Kaplan's team of expert nursing faculty and pharmacology specialists We invented test prep Kaplan www.kaptest.com has been helping students for almost 80 years Our proven strategies have helped legions of students achieve their dreams *Study Guide for Clayton's Basic Pharmacology for Nurses - E-Book* Michelle J.

Willihnganz,2025-03-21 Reinforce your understanding of nursing pharmacology and prepare for success on the NCLEX PN exam With chapters corresponding to the chapters in Clayton s Basic Pharmacology for Nurses 20th Edition this study guide provides a variety of exercises to help you review and practice the LPN LVN s role in drug therapy and patient care Review questions make it easier to achieve the chapter objectives from the textbook and patient scenarios help you develop clinical judgment skills Next Generation NCLEX NGN style questions ensure that you will be ready for the critical thinking questions on the NGN exam NEW Three new chapters address key topics Drugs Used to Treat Immune and Inflammatory Disorders Drugs Used to Treat Headaches and Drugs Used to Treat Attention Deficit Hyperactivity Disorder NEW Updated exercises cover the new content in the text including newly approved pharmaceutical drugs and treatments Case scenarios in clinical chapters allow you to review practice and apply clinical judgment skills Reader friendly writing style and organization make it easier to review and practice nursing pharmacology concepts A variety of exercises including matching multiple choice select all that apply and Next Generation NCLEX NGN style questions help reinforce your understanding of key content

Nclex Pharmacology Chris Mulder,2017-07-26 Pharmacology is an important nursing skill set that we all must learn how to master The problem is that most books drown you in information that makes it nearly impossible to remember This book is organized in a concise way that keeps out all the fluff So if you re looking for a detailed in depth description of every possible medication then this probably isn t for you This is a review of some of the most common medications with the most relevant information written in a way you can understand Also included are 100 NCLEX style practice questions with rationales all related to nursing pharmacology Go over the medication review first and then check your knowledge on the test Come check us out at www.kickassnursing.com for the blog and other Kick Ass Books such as NCLEX Lab Values You can also print out our free STAT Guides One page printable nursing cheat sheets Good luck in nursing school and beyond

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Application based NCLEX Examination style practice questions prepare you for help you understand how information in the book applies to real life situationsproblem solving in the clinical setting Updated NCLEX Examination style questions prepare you to pass for the NCLEX Exam Illustrated based questions mimic NCLEX Examination hotspot illustration exam questions strengthening exam your readiness readinessfor the state boards

Study Guide for Lehne's Pharmacology for Nursing Care - eBook Jacqueline Rosenjack Burchum, Laura D. Rosenthal, Jennifer J. Yeager, 2022-06-16 Reinforcement of key information equips you for success on the NCLEX Examination and for patient safety a QSEN core competency in clinical practice NCLEX Examination style questions include multiple choice multiple select and alternate item formats promoting learner engagement and preparing you for success on the NCLEX Exam and for safe clinical practice Three part chapter organization separates content into 1 study questions 2 NCLEX review and application questions and 3 dosage calculation questions Prioritization and delegation questions emphasize skills related to prioritization and delegation both of which are increasingly being tested on the NCLEX Exam and are highlighted by special icons Focus on implications of drugs and drug classes for patient care includes activities and questions that are designed for you to answer How do the drugs work in the body and How do these drug actions impact patient care Application and analysis level questions are highlighted by special icons and ask you to integrate other nursing knowledge such as developmental considerations laboratory values and symptoms of adverse effects Detailed rationales for all prioritization questions are included in the answer key and include explanations for both correct and incorrect responses Answer key is included in the back of the print study guide

NEW Updated content ensures that information is consistent with the textbook and reflects the latest FDA drug approvals withdrawals and therapeutic uses NEW Next Generation NCLEX NGN style case study questions are included to help you prepare for clinical success

Study Guide for Pharmacology - E-Book Joyce LeFever Kee, Evelyn R. Hayes, Linda E. McCuiston, Nancy Haugen, 2014-09-24 Corresponding to the chapters in Kee's Pharmacology A Patient Centered Nursing Process Approach 8th Edition this study guide offers practical activities to help you review and remember essential nursing pharmacology Hands on exercises include study questions case studies and NCLEX review questions making it easier to apply your knowledge to clinical practice and develop clinical reasoning skills NCLEX review questions in each chapter include application level questions and alternate item format questions Case studies enhance your understanding of nursing responsibilities in therapeutic pharmacology Medications and Calculations chapter offers additional opportunities to test your knowledge and skill in drug dosage calculation 75 sample drug labels familiarize you with the real labels you will see in clinical practice Answers for all exercises are provided at the back of the book to make studying easier Study questions are provided in formats including matching completion and crossword puzzles NEW Updated content reflects the changes to Kee's Pharmacology textbook NEW Case study questions focus on developing your clinical reasoning skills NEW Rationales are added to the answer key for selected application level questions and case study questions NEW safety icons emphasize the

nurse's role in patient safety NEW Case studies now feature open ended questions to promote development of clinical reasoning skills

Study Guide for Pharmacology and the Nursing Process Linda Lane Lilley, Julie S. Snyder, Shelly Rainforth Collins, 2012-12-17 Master the content from the Lilley textbook with the Study Guide for Pharmacology and the Nursing Process 6th Edition Designed to accompany Lilley's Pharmacology and the Nursing Process 6th Edition this workbook will assist you in understanding and applying material from each chapter in the text The review questions prepare you for success in pharmacology and on the NCLEX Examination Worksheets for each chapter include multiple choice questions critical thinking and application questions case studies and other educationally sound learning activities Worksheets for each chapter include NCLEX Examination style review questions critical thinking and application questions case studies and other educationally sound learning activities A Student Study Tips section provides study techniques time management skills and test taking strategies An Overview of Dosage Calculations section offers practice problems sample drug labels and a quiz In depth case studies help you apply information to real world situations NCLEX Examination Preparation sections in each chapter contain numerous NCLEX Examination style practice questions many of them application based including at least one alternate format question per chapter An increased focus on prioritization provides practice in identifying the most important need to know nursing actions Drug dosage calculation questions one of which appears in every chapter facilitate mastery of the mathematics of drug dosing

Study Guide for Pharmacology and the Nursing Process Linda Lane Lilley, PhD RN, 2016-01-02 Prepare for success in pharmacology and on the NCLEX Examination with the Study Guide for Pharmacology and the Nursing Process 8th Edition Designed to accompany Lilley's Pharmacology and the Nursing Process 8th Edition textbook this workbook features worksheets for each chapter that include NCLEX RN Examination style review questions critical thinking and application questions case studies and other educationally sound learning activities Chapter by chapter worksheets are divided into 3 main sections Chapter Review and NCLEX Examination Preparation Critical Thinking and Application and Case Study Focus on prioritization features at least one prioritization exercise in which the reader must evaluate a clinical scenario and answer the question What is the nurse's best action Overview of dosage calculations section contains explanations of key drug calculations concepts sample drug labels practice problems and a practice quiz Answers for all exercises are provided at the back of the book to facilitate self study Learning strategies expands upon the unique cartoon illustrated study strategies included in the Lilley text NEW Expanded NCLEX focus includes one to two additional NCLEX Examination style questions for each chapter including additional alternate item format types Chapter review and NCLEX Examination preparation included in each chapter worksheet contains a number of application based NCLEX practice questions including at least one alternate item question per chapter NEW Updated content is completely current and consistent with the Lilley textbook

Study Guide for Abrams' Clinical Drug Therapy Geralyn Frandsen, 2013-03-07 This study tool provides a wealth of activities to reinforce content from

the text The activities accommodate many learning styles and promote the reader's ability to apply information in the patient care setting Applying Your Knowledge exercises challenge readers to develop critical thinking skills Mastering the Information exercises expand the reader's understanding of drug therapy and develop insight about client teaching needs NCLEX style multiple choice and alternate format questions offer opportunities to practice test taking skills

Study Guide for Pharmacology Joyce LeFever Kee, Evelyn R. Hayes, Linda E. McCuistion, 2014-01-30 This study guide contains a variety of exercises specifically designed to reinforce content presented in the textbook Chapter worksheets feature more than 1800 study questions 160 drug calculation and dosage problems and case based critical thinking exercises

Introduction to Clinical Pharmacology - E-Book Marilyn Winterton Edmunds, 2015-02-13 NEW Review of math and drug dosage calculation on the Evolve companion website provides hands on practice with essential pharmacology

Basic Pharmacology for Nurses16 Bruce D. Clayton, Michelle Willihnganz, 2013-01-01 Basic Pharmacology for Nurses is a modern classic nursing pharmacology textbook known for its impeccably accurate drug content and its practical applications of the nursing process A consistent emphasis on health promotion through monitoring and patient education is a hallmark of the book Introductory units ground the reader in basic principles of pharmacology and medication administration Subsequent body system units apply the nursing process to every major disorder and appropriate nursing implications are discussed for every drug class to promote safe medication administration Provides an overview of relevant pathophysiology with an application of the nursing process in each drug chapter followed by nursing implications for each applicable drug class Covers the pharmacology of all major classes of drugs emphasizing side effects to expect side effects to report drug interactions and more Emphasizes patient education and health promotion with easy to recognize Patient Teaching boxes and reproducible Patient Self Assessment forms on the Evolve site Provides need to know coverage of herbal therapies and dietary supplements with an Herbal and Dietary Supplement Therapy chapter and Complementary and Alternative Therapies boxes throughout Increased emphasis on medication safety prepares nurses to practice more safely in a clinical environment that is both more pressured and more focused than ever on reducing drug errors The increased emphasis includes Chapter 7 Principles of Medication Administration do not confuse icons and an icon to signal ISMP's high alert drugs As the focus on pharmacology on the NCLEX continues to increase chapter ending Get Ready for the NCLEX R Examination sections include Key Points Additional Learning Resources and Review Questions for the NCLEX Examination Updated coverage of the most recent FDA approvals withdrawals and therapeutic uses provide impeccably accurate and current content to ensure safe drug therapy Updated and streamlined coverage of nursing care with a focus on the need to know material helps students focus on the most current need to know content

Basic Pharmacology for Nurses - E-Book Michelle Willihnganz, Bruce D. Clayton, 2014-05-01 Basic Pharmacology for Nurses is a modern classic Known for its impeccably accurate drug content and practical applications of the nursing process this trusted text consistently emphasizes health promotion through monitoring and patient education

Introductory units ground your knowledge in the basic principles of pharmacology and medication administration while subsequent body system units prepare you to apply the nursing process to every major disorder UNIQUE Two tiered application of the nursing process provides the general principles of care along with specific nursing implications for each drug class or individual drug Meticulously accurate and updated drug content keeps the book in step with the latest FDA approvals withdrawals and changes in therapeutic uses UNIQUE Introduction to Cardiovascular Disease and Metabolic Syndrome sets the stage for an understanding of the progression of cardiovascular disease and the pharmacologic treatment of that progression UNIQUE Patient Teaching boxes equip you for health teaching related to medications LPN Threads design presents information in an easy to understand and visually engaging manner NEW Increased emphasis on medication safety prepares you for a clinical environment that is more focused than ever on reducing drug errors NEW Updated and added coverage keeps you up to date with the latest information on genetics pharmacogenomics and racial gender factors in drug actions

Basic Pharmacology for Nurses - E-Book Michelle J. Willihnganz, Bruce D. Clayton, 2016-02-25 Known for its accurate up to date drug content and its practical application of the nursing process to drugs and disorders Clayton and Willihnganz's Basic Pharmacology for Nurses 17th Edition prepares you for safe medication administration Emphasizing the nurse's role clear guidelines cover safe drug handling types of drugs used for disorders or to affect body systems injection and enteral administration and patient education From a respected PharmD Nursing author team this full color text also provides an excellent review for the pharmacology questions on the NCLEX examination Current accurate content ensures that the most current drugs and treatment protocols are presented Application of the nursing process includes general principles of nursing care for each disorder along with nursing considerations for drug treatment plans An emphasis on safe drug handling and administration includes High Alert and Do Not Confuse icons as well as Medication Safety Alert boxes A focus on patient education and health promotion equips you for health teaching related to medications NCLEX preparation sections at the end of each chapter helps you get ready for pharmacology related questions on the NCLEX examination A study guide corresponds to the textbook and offers review questions and clinical scenarios to reinforce your understanding of nursing pharmacology Available separately UPDATED drug coverage includes the most recent FDA approvals withdrawals and therapeutic uses UPDTED guidelines cover injection and enteral medication administration with an emphasis on safe medication practice UPDATED treatment protocols include specific conditions such as asthma hyperlipidemia heart failure COPD and cancer NEW Objectives and key terms are listed at the beginning of each chapter making it easy to see chapter content at a glance

Clayton's Basic Pharmacology for Nurses - E-Book Michelle J. Willihnganz, Samuel L. Gurevitz, Bruce D. Clayton, 2021-11-29 Learn safe effective nursing care for patients receiving drug therapy Basic Pharmacology for Nurses 19th Edition helps you understand the principles of pharmacology and apply them to nursing practice Known for its practical application of the nursing process to drugs and disorders this book explains how to make

informed decisions about drug therapy educate patients and administer medications This edition adds new Next Generation NCLEX NGN style case studies and questions to prepare you for the critical thinking questions on the NGN exam Concise and easy to use this text teaches the basics of medication administration and drug actions Application of the nursing process includes an overview of general principles of nursing care for each disorder along with specific nursing considerations for drug treatment Drug monographs are provided for each major drug class describing actions uses and therapeutic outcomes for each class Medication Administration unit covers assessment techniques procedures and documentation for the safe administration of percutaneous enteral and parenteral drugs Medication safety is emphasized with Medication Safety Alerts and Clinical Pitfall boxes as well as Do Not Confuse and High Alert icons Clinical Goldmine boxes highlight tips and best practices for clinical procedures Lifespan Considerations boxes draw attention to the implications of drug therapy for children pregnant and breastfeeding women and older adults Drug tables summarize generic and brand names availability and dosage ranges for key medications for each disorder Get Ready for the NCLEX Examination section at the end of each chapter covers key points as well as review questions preparing you for course assessments and the NCLEX Examination Learning resources on the Evolve website include video clips of medication administration animations of drug actions drug calculators patient teaching guides and Next Generation NCLEX review questions Study guide corresponds to the textbook and offers review questions and clinical scenarios to reinforce your understanding of nursing pharmacology Available separately NEW Next Generation NCLEX NGN style questions help you develop higher cognitive thinking skills including clinical judgment and provide opportunities to practice for the new question formats on the NGN exam NEW Updated content is included for newly approved and frequently prescribed pharmaceutical drugs and for their therapeutic uses NEW Unfolding case studies help you translate pharmacological knowledge into nursing practice and provide preparation for the Next Generation NCLEX exam

NCLEX-RN Vocabulary and Medications Michael Adams,J. Brice,Jeanine Brice,2011
REA s NCLEX RN Vocabulary Medications Flashcard Book Gets You Ready for Your Nursing Exam Premium Edition with Hundreds of Must Know Nursing Terms The health care industry is booming With the ever growing demand for qualified medical professionals there are numerous career opportunities available in the nursing field Qualified nurses are needed in hospitals assisted living facilities and in the home healthcare industry REA s NCLEX RN Vocabulary Medications Flashcard Book with TestWare CD helps you check your test readiness before taking your NCLEX exam This latest addition to our Health Sciences series of flashcards is the perfect refresher and offers a quick and convenient way to study the vocabulary and medications material on the test so you can score higher on test day Written by a nursing instructor and a seasoned pharmacology textbook author this on the go study supplement is packed with 400 must know vocabulary and medications flashcards covering definitions nursing process categories generic and brand names classifications side effects and nursing implications Our flashcards are based on the material tested on the actual NCLEX and cover everything you need to know in

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