Nike+ Fuel band

- Tracks the wearer's movement throughout the day
- Displays three metrics calories, steps and Nike fuel.
- User's movements converted into Nike fuel



Nike fuel

Nike Fuel is a proprietary measurement, calculated by tracking movement patterns and physiological responses. Using a sensor – like an accelerometer, heart rate strap or GPS device – NikeFuel links those patterns to a known energy measure for that activity, such as oxygen consumption.

Nike Fuel User Guide

S. Srinivasan

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