



Red Cross Swim Preschool is an eight-level stand-alone program for four-month to six-year-old children that allows swimmers to enter various levels based on age and ability.

Each level is represented by an animal mascot that is incorporated into the content and makes the lesson engaging and fun, through songs and activities. Lesson plans are available to help Water Safety instructors run dynamic classes for this age group.

#### Program Structure

#### Starflish



#### 4-12 months

Pairented, progression based on age.



#### 12-24 months

Planented, progression based on age

## Sea Turtle



#### 24-36 months

Parented, progression based on age

#### Sea Otter



#### 3-5 years

Unplanemed, progression based on the successful completion of all performance oriteria.

#### Salamander



#### 3-5 years.

Unparented, progression based on the successful tial to incite/quiros performance orberia



#### 3-6 years.

Unparented, progression based on the successful completion of all performance criteria.

#### Crocodille



#### 3-6 years

Unplanented, progression based on the successful completion of all performance criteria.



Unparented, progression based on the successful completion of all performance orteria.

#### Program Materials

Red Cross Swim News: Overview, Preschool 4-36 months, and Preschool 3-6 years (information piece for parents, electronic format)



Red Cross Swim Preschool Instructor Worksheets (tool for tracking attendance and completion, electronic format).





Red Cross Swim Preschool Mid-Session Progress Report (tool for communicating with parents about their child's progress half-way through the lesson set, electronic formul}





Red Cross Swim Preschool Progress Booklet (tracking tool that Instructors complete after each level)





Ried Cross Swim Preschool Participation Sticker



Red Cross Swim Preschool Completion Stickers ione for each level















# **Red Cross Swim Lesson Plan Template Kids**

**Clifford Lane** 

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