



American Red Cross
Training Services



American
Red Cross

LIFEGUARDING

LIFEGUARDING INSTRUCTOR'S MANUAL

Red Cross Lifeguard Instructor Manual 2013

Mike Jess

A horizontal light blue bar with a rounded right end, featuring the name 'Mike Jess' in bold black text. To the right of the bar is a red circular graphic with a white center, resembling a life preserver or a stylized 'C'.

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Training Instructor's Manual ,1988-01-01 American Red Cross First Aid/CPR/AED Instructor's Manual American Red Cross,2021-10-30 **American Red Cross CPR Instructor's Manual Supplement** American Red Cross,1990-01-01

Trauma Essentials Babette Rothschild,2013-04-25 Basic information about one of the most common problems in therapy from a best selling mental health writer Since 1980 when PTSD first appeared as a diagnostic category the number of people seeking trauma therapy has grown exponentially Victims of traumatic events seek treatment for their often debilitating symptoms Here a leading trauma specialist and best selling psychotherapy author presents for consumers the wide range of trauma treatments available and gives readers tools to choose a treatment plan or assess whether their treatment plan is working Medications and associated conditions such as anxiety and panic disorders are also discussed This book presents the most necessary and relevant information in a compact and accessible format serving both as a review for therapists and a straightforward easy to use guide for patients Topics covered include definitions and symptoms accepted treatments physiological explanations and treatment evaluation strategies all written in Babette Rothschild s characteristically accessible style *Red Cross First Aid Modules* American National Red Cross,1978 **Congressional Record** United States. Congress,2013 **American Red Cross CPR Instructor's Manual** American Red Cross,1988 Guide for Training American Red Cross Lifeguard Instructors American Red Cross Staff,1990-01-01 American Red Cross Basic Aid Training ,1987 **American Red Cross Basic Life Support Instructor's Manual for Instructor-Led Training** American Red Cross,2018-01-11 **American Red Cross Basic Life Support Instructor's Manual for Blended Learning** American Red Cross,2018-01-11 **American Red Cross Safety Training for Swim Coaches** ,1988

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