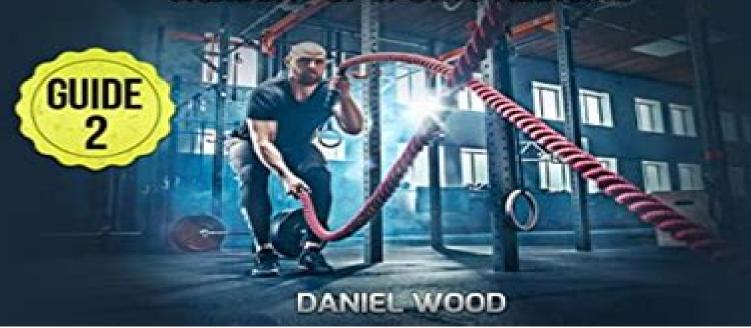
# NASM CERTIFIED PERSONAL TRAINER STUDY GUIDE



THE ULTIMATE GUIDE AUDIO FOR PERSONAL TRAINER EXAM PREP TO THE NATIONAL ACADEMY OF SPORTS MEDICINE



# **Personal Trainer Study Guide**

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