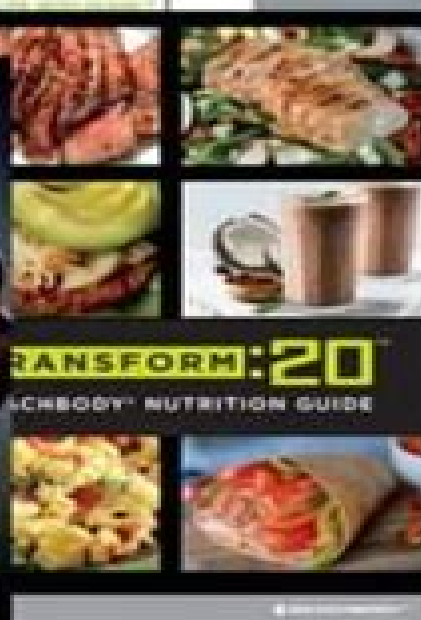
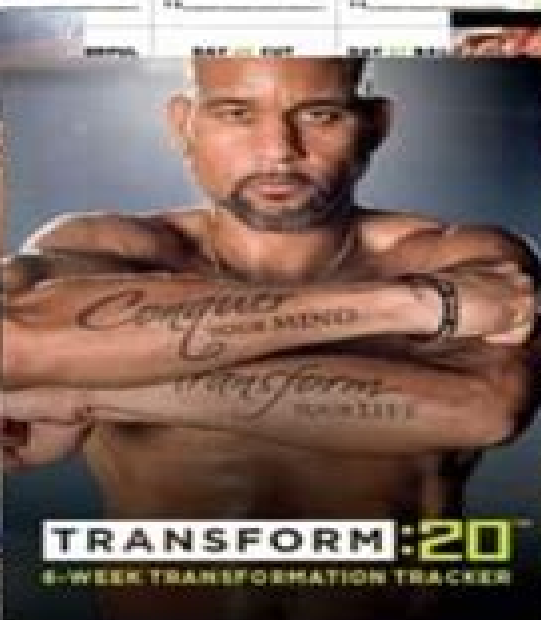


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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
TRANSFORM:20™ WEEK 1	DAY 1: BURN 70 _____ 75 _____ 79 _____	DAY 2: FASTER 70 _____ 75 _____ 79 _____	DAY 3: STRONGER 70 _____ 75 _____ 79 _____	DAY 4: POWERFUL 70 _____ 75 _____ 79 _____	DAY 5: HOT 70 _____ 75 _____ 79 _____	DAY 6: BALANCED 70 _____ 75 _____ 79 _____	DAY 7 BEST AND WATERS 70 _____ 75 _____ 79 _____
	DAY 1: BURN 70 _____ 75 _____ 79 _____	DAY 2: FASTER 70 _____ 75 _____ 79 _____	DAY 3: STRONGER 70 _____ 75 _____ 79 _____	DAY 4: POWERFUL 70 _____ 75 _____ 79 _____	DAY 5: HOT 70 _____ 75 _____ 79 _____	DAY 6: BALANCED 70 _____ 75 _____ 79 _____	DAY 7 BEST AND WATERS 70 _____ 75 _____ 79 _____
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TRANSFORM:20™ WEEK 2	DAY 1: BURN 70 _____ 75 _____ 79 _____	DAY 2: FASTER 70 _____ 75 _____ 79 _____	DAY 3: STRONGER 70 _____ 75 _____ 79 _____	DAY 4: POWERFUL 70 _____ 75 _____ 79 _____	DAY 5: HOT 70 _____ 75 _____ 79 _____	DAY 6: BALANCED 70 _____ 75 _____ 79 _____	DAY 7 BEST AND WATERS 70 _____ 75 _____ 79 _____
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