

Pharm Exam 2

Drugs for Respiratory Disorders

Asthma

- Chronic inflammatory disorder of the airway
 - Airway hyper responsiveness
 - Airway obstruction
 - Respiratory symptoms
- Characteristic signs and symptoms
 - Sense of breathlessness
 - Tightening of the chest
 - Wheezing
 - Dyspnea
 - Cough
- Cause
 - Immune-mediated airway inflammation
- Pathophysiology
 - Symptoms of asthma result from a combination of inflammation and bronchoconstriction, so treatment must address both components

Medications for Asthma

- Anti-inflammatory agents
 - Glucocorticoids (inhaled → most effective)
 - -SONE
 - Bronchodilators
 - Beta 2 Agonists
 - Short Acting (SABA) → albuterol, Ventolin, pro air
 - Onset of action: immediate → 10 minutes
 - Duration/protection: 2-4 hours
 - Long Acting (LABA) → sevelent
 - Onset of action: 2-10 minutes
 - Duration of action: 12 hours

Anti-inflammatory Drugs

- Glucocorticoids
 - Mechanism of action:
 - Highly lipophilic → readily crosses cell membrane to combine with glucocorticoid receptor
 - Reduces mucous production and hyper secretion
 - Reduces bronchial hyper responsiveness
 - Prevention and reversing airway remodeling
 - Considered most effective anti-asthma drug available
 - Decreases synthesis and release of inflammatory mediators

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