

## STUDY GUIDE: Licensed Clinical Social Worker Exam

1. Important People
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4. Family Therapy
5. Medications
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### II. Important People

- **Piaget:** Swiss psychologist who created theory of cognitive development to explain the processes by which humans come to perceive, organize knowledge, solve problems, and understand the world. According to this theory, human cognitive development is the product of a continuous, reliable pattern or plan of interaction with the environment. Humans are a culture. Humans are goal-oriented strategists that help the person achieve what is needed most. There are human are continuous (constructing or solving and early skills, in which culture and nature (genetics are provided) and cognition (based on experience and on mental images, reflecting the person's ability to develop the use of abstract reasoning and symbolism).
- **Erikson:** German psychologist who worked on human psychosocial development theory. Created 8 stages of life.
- **Sigmund Freud:** Proposed psychosexual stages, calling it both masculine and developing his theories. Freud's theory proposed that some important feelings of identity, because they cannot give to his beneficiaries.
- **Western & Eastern:** Created another human evolution, which the same as psychological nature, begins with non-specific teaching only, leads to genital teaching, leads to masculine pleasure without pressure to produce and/or achieve orgasm.
- **John Turk and Virginia Redman:** started functional theory. They attributed to the school of life as it is and influenced the work of Freud, Rogers & Maslow. This school was presented as contrast to the dogmatic school of thought (which was previously psychoanalytic).
- **Anna Freud:** worked on psychology
- **Willy Reich:** founder of gestalt theory
- **Skinner:** founder of object relations theory
- **Carl Rogers:** founder of client-centered theory
- **Freud & Maslow & Rogers:** founder of systems theory
- **Adlerman:** "Father of family therapy." He particularly used a psychoanalytic approach, insight oriented.
- **Kate & Whitaker:** Communication in family therapy. Mainly experiential (through experiential communication and interaction, awareness of others and how leading to personal accountability, and increasing patterns of interaction. They focused on communication problems, double bind, faulty communication is caused by low self-esteem, and the presence of a particular kind of relationship. Whitaker mostly operated with awareness and discussed the transference phenomenon. Initially communication family therapy acknowledges that transference factors can provide a foundation for family problems, but they do not try to interpret these factors. Family therapy also founded the emphasis on communication patterning and often referred to as the "White Hat" group.

# Social Worker Merit Exam Study Guide

**Hussin A.Rothana**



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