
Maternity Nursing (OB Maternal & Newborn) NCLEX Practice | Quiz #4

1. 1. Question

Discharge teaching for a child with celiac disease would include instructions about avoiding which of the following?

- ☐ A. Rice
- ☐ B. Milk
- ☐ C. Wheat
- ☐ D. Chicken

Correct Answer: C. Wheat

Children with celiac disease cannot tolerate or digest gluten. Therefore, because of its gluten content, wheat and wheat-containing products must be avoided.

2. Question

Which of the following would the nurse expect to assess in a child with celiac disease having a celiac crisis secondary to an upper respiratory infection?

- ☐ A. Respiratory distress
- ☐ B. Lethargy
- ☐ C. Watery diarrhea
- ☐ D. Weight gain

Correct Answer: C. Watery diarrhea

Episodes of celiac crises are precipitated by infections, ingestion of gluten, prolonged fasting, or exposure to anticholinergic drugs. Celiac crisis is typically characterized by severe watery diarrhea. Celiac crisis is a rare initial presentation of CD characterized by severe diarrhea, dehydration, weight loss, hypoproteinemia, and metabolic and electrolyte disturbances. Although rare, it should be considered in patients with apparently unexplained chronic diarrhea.

Nclex Practice Exam Maternity

Terry C. Jones



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