



# Sourdough Bread Recipe Using

**Ying-Ying Zheng**



## **Sourdough Bread Recipe Using:**

Life Lessons from a Homemade Sourdough Starter Judith Stoletzky, 2021-02-02 Heal the senses and start stress baking with the only bread recipe you need to help you live a happier carefree life Who doesn't love sourdough bread And bread making is more than just a hobby Baking sourdough can change your worldview and fine tune your values making you patient caring and reliable It will ground the flighty and soothe the restless There is no simpler recipe to achieving happiness Now you can enjoy the benefits of sourdough baking right in the comfort of your own home while learning life lessons you can carry with you out of the kitchen Life Lessons from a Homemade Sourdough Starter not only teaches you how to make delicious bread but also helps your heart to grow like a happy sourdough starter *Baking Sourdough Bread* Göran Söderin, George Strachal, 2014-01-02 Sourdough is magic It's healthy it's tasty and it's alive But that doesn't mean you have to be a magician to craft beautiful tasty loaves from it Baking sourdough bread is an art for everyone Baking Sourdough Bread is the cookbook and guide into the delicious healthy world of sourdough Baking with sourdough isn't difficult the biggest challenge is patience But take it easy and your taste buds will be rewarded with a crispy crust and rich full flavor Of course it doesn't hurt to know a few tricks when mastering the art and this book offers plenty Learn to make a sourdough starter and keep the leaven active with regular feeding Try different flours and unique ingredients did you know you can make delectable bread with apples and raisins for example The book contains recipes for classics like levain and Old English wheat and sourdough unique twists like carrot bread and hazelnut and sweet breads such as the German gugelhupf among many others But it's not just the recipes that make the book a treat It's the creativity it cultivates The book is a starter and not just for sourdough **Simple Beginner Sourdough Bread Recipe Book** Annalena Friedrichsen, 2025-08-06 Imagine pulling a warm crackling loaf of artisan sourdough from your own oven the golden crust the heavenly aroma the airy open crumb For most of us that dream feels impossibly out of reach lost in a world of confusing jargon complicated steps and the fear of a flat dense failure This book was written to destroy that fear It is not an encyclopedia of confusing techniques it is a foolproof step by step master plan that holds your hand and focuses on one thing helping you bake one perfect no fail artisan loaf We will build your confidence demystify the starter and guide you to that first triumphant bake Your journey from baker in waiting to confident sourdough artist starts now It's time to bake the bread you've always dreamed of MASTER YOUR SOURDOUGH STARTER WITH EASE Finally a simple day by day guide that demystifies the starter process Our foolproof method shows you exactly how to create and maintain a bubbly active starter without any confusing jargon or stress BAKE A PERFECT ARTISAN LOAF ON YOUR FIRST TRY Experience the thrill of pulling a bakery worthy loaf from your own oven This guide focuses on one perfect no fail recipe to give you a golden crusty crust and a beautiful open crumb guaranteed ENJOY THE MAGIC OF NO KNEAD BREAD No stand mixer No problem Discover our simple no knead technique that lets time do all the hard work for you It's the easiest way to achieve incredible flavor and texture with minimal effort NEVER

FEAR FAILURE WITH OUR TROUBLESHOOTING GUIDE Is your starter not rising Is your loaf too dense We ve included a complete troubleshooting chapter that addresses every common beginner problem turning potential failures into learning moments GO BEYOND THE BASIC LOAF Once you ve mastered the classic loaf explore a collection of delicious recipes using your new skills From savory focaccia to tangy sourdough pancakes you ll find exciting new ways to enjoy your homemade starter

**How to Make Sourdough** Emmanuel Hadjiandreou,2016-04-14 The definitive book showcasing the variety of sourdough breads and pastries from the author of the award winning How to Make Bread Many people are turning their backs on mass produced homogenized and bland bread in favour of something natural and nourishing And what can be more natural than the way bread used to be made with flour water and care Once you ve mastered the sourdough starter the vigorous little mixture of flour and water that helps leaven the bread and develop flavour you just need to mix a small amount of it with your other ingredients and you re well on your way to a great tasting fresh loaf Top up the starter and you can keep it going for as long as you want It s no surprise then when people take in the wonderful aroma of their first homemade sourdough loaf before breaking the firm springy crust and savouring the delicious light and flavoursome inside that they never look back You ll be amazed not only by the flavour and variety of wonderful Sourdough recipes on offer in this book but by their simplicity There is a comprehensive step by step guide to making the dough kneading the dough and shaping preparing and baking a basic sourdough loaf From there you ll discover exciting breads made with some of the hugely popular ancient grains including kamut spelt einkorn and emmer If you like a rich dark bread then you ll be at home in the Rye chapter with delicious recipes such as New York style rye sourdough or Pumpernickel sourdoughs Try the Sweet Savoury Sourdoughs in the Flavoured Sourdoughs section including classic combinations such as Tomato Olive but also more unusual but equally delicious recipes such as Halloumi Mint If you have a sweeter tooth you ll be delighted by the Apple or Date Walnut Discover the dedicated Gluten free chapter with the Chickpea Potato Focaccia Sourdough Potato Pancakes and Teff Apricot Sourdough Explore the diverse and divine creations in Snacks Treats such as Sourdough Bagels Sourdough Pretzels and Sourdough Brioche Finally a chapter on Speciality Sourdoughs will teach you how to make the perfect Sourdough Baguette and Ciabatta as well as festive favourites such as Panettone

**Sourdough Bread Making** Barrett Williams,ChatGPT,2023-04-18 Are you ready to take your bread making skills to the next level Look no further than our latest eBook Sourdough Bread Making This comprehensive guide is a must read for anyone who wants to create delicious artisanal bread from scratch using only natural and healthy ingredients With 20 chapters packed full of expert advice and insider tips this book covers everything you need to know to become a sourdough bread making pro We begin by exploring the science behind sourdough bread and why it s better for you than other types of bread We look at the benefits of using sourdough in your baking and why it s so important to use the right tools and ingredients Next we guide you through the process of creating and maintaining your own sourdough starter which is the foundation of all great sourdough bread We teach you how

to measure ingredients mix dough and shape your loaf for optimal rise We ll show you how to score and decorate your bread and give you essential tips for baking your sourdough to perfection But that s not all We cover everything from troubleshooting sourdough mishaps to creating sweet and savory variations of your bread We even provide fun projects for kids and tips for sharing your sourdough experience with others Whether you re an experienced bread maker looking to hone your skills or a newbie just starting out Sourdough Bread Making is an invaluable resource We ve packed this book full of beautiful imagery easy to follow recipes and expert advice making it a joy to read and even more fun to bake with So why wait Order your copy of Sourdough Bread Making today and start baking delicious healthy bread that you and your family will love

**Sourdough Bread Cookbook** Haven Cross,2021-04-29 55% off for bookstores Hardcover CLR Only for a Limited Time Discounted Retail Price at 44 99 Instead of 52 99 Do you hate going to the bakery every other day just to buy the expensive sourdough and want a secret recipe to make it at home Well the secrets are inside the book read more and find out Your customers will be grateful to you for providing them this ultimate Sourdough Bread Cookbook book This book s purpose is to simplify the process of making sourdough bread to make it easy for beginners to make delicious crispy and airy bread in just a matter of minutes People love sourdoughs for their beautiful looking and tasty texture the crispy and crunchy bites the aroma that fills your house with a calming smell and the enjoyment of the bread in breakfast is just phenomenal This book covers all the secret tutorials guidelines and copycat recipes to make sourdough bread at home just like you get in the bakery The recipes are easy to make and will help you to become a master in sourdough bread and surprise your friends and family with your astonishing cooking skills Just a glimpse of what you will get to master in the book Russian Sourdough Dark Rye Bread Basic Sourdough Beer Bread Recipe Rye Sourdough Loaf German Dinkelbrot Sourdough pancakes Potato flake sourdough Land brot Rye Pumpernickel with Sourdough Chleb Na Zakwas ytni Amish Sourdough Bread Homemade Sourdough Starter Sourdough starter silicon pancakes Potato sourdough classic starter Eastern European Black Bread Recipe Flaxseed Sourdough Crackers Roggenbrot Chef John s Sourdough Bread AND MUCH MUCH MORE Even if you haven t baked a loaf of bread in your whole life or do you think it will be tough to make such quality sourdough at your home well be ready as this book will do wonders for you Buy It NOW and let your customers get addicted to this Ultimate Sourdough Bread Cookbook

**Whole-Grain Sourdough Made Simple** Heather Perine,2021-07-13 The simple starter guide for making whole grain sourdough at home Sourdough bread is good and whole grain sourdough is even better This sourdough cookbook helps bakers of all skill levels learn how to serve up warm and fresh loaves of this healthy and versatile variant From sandwich loaves to sweet buns find out how easy it is to bake perfect whole grain breads every time This whole grain sourdough cookbook features Step by step directions Discover simple and straightforward instructions that cover growing and preparing the starter making the dough and baking it to perfection Loaves and beyond Expand baking repertoires with recipes for a variety of artisan loaves sandwich breads rolls and more Discard delicacies Put an end to food waste with a

collection of sweet and savory recipes designed to use up starter discard in creative ways Fill your kitchen with freshly baked whole grain bread thanks to this easy sourdough cookbook      **Smart Sourdough** Mark Shepard,2021-09-15 NO STARTER NO WASTE NO CHEAT NO FAIL 100% NATURALLY FERMENTED BREAD IN JUST 24 HOURS WITH YOUR HOME PROOFER INSTANT POT SLOW COOKER SOUS VIDE COOKER OR OTHER WARMER There s sourdough and then there s SMART sourdough a whole new approach to an ancient bread Most sourdough recipes lead you through days or even weeks of developing a starter before you can make your bread and then into a lifetime of maintaining that starter But this book is based on the belief that all that rigmarole is no longer needed With modern methods of regulating temperature and with the easy availability of baker s yeast honest to goodness naturally fermented sourdough bread can be made from start to finish in less than a day With all the benefits of naturally fermented sourdough it s only the hassle of making it that has discouraged home bakers Well hassle no more The age of smart sourdough has arrived Mark Shepard began baking his own sourdough bread in 1979 and went on to publish the bestselling booklet Simple Sourdough In 2012 he began developing a sourdough method that s even simpler and more reliable one that could be used by anyone with no fear of failure Mark now lives in Bellingham Washington with his wife and fellow author Anne L Watson A guidebook that introduces a quicker easier and more modern method for creating homemade sourdough bread His straightforward strategy is particularly notable in that it takes less than a day and doesn t use a starter The author provides useful chapters spotlighting how bakers can customize dough formation and taste variations based on loaf size sourness level and flavor diversifications methods for rye buckwheat tomato basil chocolate cherry and other loaves are included as well as sections on bread bowls pizza crusts and pancakes Generously illustrated with charts illustrations and photographs Overall Shepard s book will encourage home bakers of any skill level to embark on a new quicker and easier way to make their own bread A splendid and novel approach that takes the mystery out of a formerly time consuming process Kirkus Reviews April 22 2022 A fresh new look at making your own sourdough I love Mark s attention to detail No matter your setup tools or needs he s got you covered I questioned his use of a pinch or two of baker s yeast but his research and experiments have me sold His recipes combine the advantages of cultivated yeast and naturally occurring sourdough bacteria to make bread that actually rises and doesn t take days to make Holly Howe author of Fermentation Made Easy Mouthwatering Sauerkraut Mark Shepard shares how to make sourdough bread with its characteristic flavor and health benefits without maintaining a long term starter It s relevant to anyone looking to save time in the kitchen learn a new technique or just read a very detailed and interesting book on sourdough Emily Buehler author of Bread Science The Chemistry and Craft of Making Bread      **Sourdough Bread** Kaitlyn Donnelly,2021-01-08      Sourdough Bread Charles T Eads,2020-12-03 For many of us home bakers a good piece of sourdough bread feels like fighting for the world championship or an Olympic gold medal It is the challenge of overcoming all challenges and it takes real commitment but it is also something that can be fully achieved With the help of SOURDOUGH

BREAD A Cookbook Recipes Rustic Fermented Sweet Simple Bread Baking For Beginners with Nutritional Facts By Charles T Eads you can be just great and creative This book offers limitless sourdough bread baking to fully satisfy the family for any season festive holidays or none Why not SCROLL and CLICK on the BUY button NOW to get a copy and start your baking skills Below is a preview CHAPTER ONE The Sourdough Starter How To Make Sourdough From Scratch CHAPTER TWO Using Whole Wheat Flour To Make A Starter How To Make Your Sourdough Starter CHAPTER THREE How To Make Sourdough Bread CHAPTER FOUR Types of Sourdough Bread CHAPTER FIVE San Francisco Sourdough Bread A Traditional San Francisco Sourdough Bread Recipe Homemade San Francisco Bread CHAPTER SIX Gluten Free Vegan Sourdough Bread The Best Gluten Free Vegan Sourdough Recipe Chocolate Pumpkin Sourdough Shokupan New And Improved Vegan Sourdough Shokupan CHAPTER SEVEN Honey Wheat Sourdough Sandwich Bread Whole Sandwich Bread With Milk And Honey Wrap Whole Grain Sourdough With Mild Honey CHAPTER EIGHT No Knead Sourdough Bread Sourdough Bread Without Kneading Perfect Your Technique A Sourdough Ball Without Kneading Faster Bread Without Kneading CHAPTER NINE Potato Sourdough Bread Potato Bread Potato Bread With Rosemary Potato Sandwich Bread Recipe CHAPTER TEN Bread Machine Bread Machine Crispy Sourdough Bread Sourdough Bread Bread Maker No Starter Required Unleavened Sourdough Bread CHAPTER ELEVEN Desem Sourdough Bread Desem Bread Recipe Desem Bread Without Kneading CHAPTER TWELVE Sourdough Soda Bread Sourdough Soda Bread With Seeds Sourdough Irish Soda Bread CHAPTER THIRTEEN Rye Sourdough Bread Rustic Rye Sourdough Bread Rye Bread With Sourdough Artisan Sourdough Rye Bread CHAPTER FOURTEEN Spelt Sourdough Bread Spelled Sourdough Bread With Rosemary Spelled Sourdough Bread Spelled And Honey Sourdough Bread     **THE COMPLETE SOURDOUGH COOKBOOK FOR BEGINNERS** Grace

Dough,2021-04-25 Discount for bookstores Now at 32 95 instead of 40 95 Do you love Baking so much now that you want to make your very own signature Sourdough starter at the comfort of your home Then it s time for you to check out this Amazing Cookbook THE COMPLETE SOURDOUGH COOKBOOK FOR BEGINNERS is THE your customers will need to start their Sourdough Journey It s your ultimate step by step guide to Sourdough starter baking loaves baguettes pancakes and more Sourdough Baking is the perfect way to treat everyone s family to some delicious culinary goodness and acquire a new skill and it will only take a few minutes of your customer s time each day during the first week In essence this project does not require too much care and in any case the attendant rewards will definitely make it worth your while Everyone can create their very own starter and watch it become a part of their family with this living ingredient that thrives on water flour and lots of love no yeast required With just water flour and a little of your time EVERYONE can create something unique and delicious So what s inside this book Here s a little peek at what you can expect in this very informative and satisfying cookbook The First Six Days Using Your Starter Artisan Style Sourdough Bread Pan Loaves And many more delicious bread recipes to help everyone get started on their sourdough journey It is actually a fun process Homemade sourdough bread also

has some amazing health benefits The process goes through before it ferments making it perfect for maximum nutrient absorption It also makes it easier for the body to digest bread This explains why a lot of gluten sensitive people can enjoy homemade gluten sourdough comfortably Apart from helping to save money being able to bake bread from each one kitchen s comfort Sourdough will boost your customer s confidence and give them the peace of mind that comes with having control over your ingredients and eventually what they consume And the taste is DARN GOOD There is no better time to tap into each one inner baker Now is the time to make a difference Will they rise like their sourdough to the challenge Buy it NOW and let your customers addicted to this amazing book Sourdough is here to stay *New World Sourdough* Bryan Ford,2020-06-16 Best selling cookbook New World Sourdough offers an inviting nontraditional approach to baking delicious inventive sourdough breads at home Learn how to make a sourdough starter basic breads as well as other innovative baked goods from start to finish with Bryan Ford Instagram star artisanbryan and host of The Artisan s Kitchen on Chip and Joanna Gaines Magnolia Network With less emphasis on perfecting crumb structure or obsessive temperature monitoring Bryan focuses on the tips and techniques he s developed in his own practice inspired by his Honduran roots and New Orleans upbringing to ensure your success and a good return on your time and effort Bryan s recipes include step by step instructions and photographs of all of the mixing shaping and baking techniques you ll need to know with special attention paid to developing flavor as well as your own instincts New World Sourdough offers practical accessible techniques and enticing creative recipes you ll want to return to again and again like Pan de Coco Ciabatta Pretzel Buns Challah Focaccia Pizza dough Cuban Muffins Pita Bread Flour Tortillas Queen Cake Straightforward and unintimidating New World Sourdough will get you started with your starter and then inspire you to keep experimenting and expanding your repertoire **Sourdough Starter: A Beginners Guide to Making Sourdough Bread** Elizabeth May,2021-08-14 Sourdough bread is completely unique and there isn t anything quite like it out there Learning how to make this bread and how to create something that is your own masterpiece can take some time but with the sourdough bread starter that we have in this guidebook and some of the tasty recipes that you can choose from it won t take long to make this a reality When you are ready to learn more about making your own sourdough bread this guidebook will get you started **Recipes For Artisan Sourdough Bread** Barbie Klitz,2021-07-06 Homemade Sourdough bread is a worthy journey into Artisan bread making The adventure begins with a wild yeast starter and continues into the vast and rich history of naturally fermented bread baking This book is a simple set of recipes for a sourdough bread recipe Oat A loaf of bread Potato Loaves of bread Lentil Bread Karlsbad Breads Gugelhupf Brioche Grain Buns Italiano Rosemary Loaves of bread Dairy products and Sesame Bread Levain Sourdough A loaf of bread with Green Leaf Tea English Grain Sourdough A loaf of bread AND MORE Carrot Bread Rye Ciabatta Spelled Sourdough Olive Loaves of bread French Peasant A loaf of bread There is a lot of things inside Buy this book and discover now

**Sourdough** Sarah Owens,2025-10-14 A James Beard Award Winner for Baking Desserts Now celebrating its 10th

anniversary Sourdough offers 101 luscious recipes using natural made from scratch sourdough starter for more nutritious tastier results going well beyond bread into a wide range of other baked goods In Sarah Owens s pioneering Sourdough she demystified using sourdough starter for maximum flavor and easy digestion showing us just how simple it can be to create a healthy starter from scratch Moreover she showed how to use home grown sourdough starter in dozens of baked goods including cookies cakes scones flatbreads tarts and more well beyond bread Ten years later sourdough is more popular than ever To celebrate this refreshed anniversary edition includes an updated introduction and expanded resources section Sarah Owens spent years baking conventional baked goods only to realize she had developed a crippling inability to digest or tolerate their ingredients Unable to enjoy many of her favorite foods she knew she must find a health sustaining alternative Sarah started experimenting with sourdough leavening which almost immediately began to heal her gut and inspire her anew in the kitchen Soon after she launched an artisan small batch bakery and with that a new way to savor and share nutritious sourdough breads and treats with her Brooklyn community A botanist and gardener as well as a baker Sarah accents her recipes with brief natural history notes on the highlighted plants and ingredients Laced with botanical and cultural notes on grains fruits and vegetables herbs and even weeds Sourdough celebrates seasonal abundance alongside the timeless craft of artisan baking

*Basic Bread Baking* Harriet Bookman, AI, 2025-02-18 Basic Bread Baking unlocks the secrets to crafting delicious bread at home by focusing on fundamental techniques and baking science This reference guide emphasizes that mastering core skills like dough handling and proofing empowers bakers to create a variety of breads Readers will discover intriguing insights such as how gluten development impacts texture and how yeast activity is affected by temperature The book progresses logically starting with essential ingredients and their properties then moving into kneading and proofing methods and finally exploring specific basic bread types Rather than simply offering recipes the book explains the why behind each step fostering confidence and creativity It uniquely demystifies bread baking by prioritizing understanding over rote recipe following The approach emphasizes clear step by step instructions and troubleshooting tips making complex concepts accessible to all skill levels Whether you re a novice or experienced baker this book provides the tools and knowledge to confidently bake artisan bread and develop personalized recipes all while enjoying the art of bread baking

Bread Making For Dummies Wendy Jo Peterson, 2020-10-13 Craving fresh baked bread The 2020 pandemic has highlighted our love of bread especially when it was nowhere to be found Bread making took center stage for many of us stuck at home and craving comfort food Fresh baked bread definitely soothes the soul As it should bread baking has been a tradition for thousands of years and across all continents Bread Making For Dummies explores the science behind the art of bread making and our cultural connection to wild and commercial yeasts Break out your kitchen scale and favorite wholesome grains and join us on the journey from classic German Pretzels Brezeln to warm Salted Pecan Rolls to Rustic Sourdough Popular culinary author and dietician Wendy Jo Peterson has your foolproof loaf flatbread and roll needs covered

If you want to really start from scratch and culture your own yeast no problem She ll also let you in on the secrets of the fashionable no knead and sourdough recipes that have been drawing chefs kisses of discerning delight from bread aficionados for the past decade Discover the tools and ingredients needed in bread making Grow your own sourdough starter Form savory or sweet loaves Stuff breads for a complete meal Boost the nutritional quality of breads with wholesome ingredients like nuts seeds and old world grains Whether you re a nervous newbie or a seasoned floury aproned baker Bread Making For Dummies is the beginning of a delicious doughy adventure so get your butter knife ready and discover just how easy and extra tasty home bread making can be Granddad's Mile High Sourdough Bread Bob Botts,2017-10-26 It all began in the mid 1950 s in Albuquerque New Mexico when Granddad Botts created his first sourdough starter All these years later that starter still lives along with his recipes and ours for the best sourdough bread recipes you ll find at high altitude Written by son Bob with help from granddaughters Kath and Lucia Granddad s Mile High Sourdough Bread is loaded with sourdough recipes custom made for high altitude From French bread buns and rolls to waffles English muffins and pizza crust this is the high altitude sourdough cookbook you will truly use and enjoy Recipe for starter included *Sourdough Cookbooks* Haven Cross,2021-04-30 55% off for bookstores Bundle hardcover CLR 2 books Only for a Limited Time Discounted Retail Price at 54 99 Instead of 62 99 Do you want to master sourdough bread so you can save hundreds of dollars that you spend to buy this delicious bread from expensive bakeries and make it at home Read more and find out Your customers will be grateful to you for providing them this Ultimate Sourdough Cookbooks Bundle Sourdough bread is delicious no doubt about it and everyone loves to eat some in the breakfast as it brings charm and flavor to your breakfast meal However it can get expensive and you don t want to spend your hard earned money every day at a bakery Now it is more than possible that you can make beautiful tasty crispy airy and mouth watering sourdough bread at home in just a matter of minutes Long gone are the days where you had to spend hours and hours making a dish at home as with this ultimate bundle book of Sourdough cookbooks you can become a master chef of sourdough and bring flavor to your life The great thing about this Sourdough cookbook bundle book is that you will get the double amount of information in just one purchase so you can have a great value to your money and double information to try out new and bakery secrets sourdough breads What you will get in the book Why sourdough is healthier than normal bread Russian Sourdough Dark Rye Bread Basic Sourdough Beer Bread Recipe Rye Sourdough Loaf German Dinkelbrot Sourdough pancakes Potato flake sourdough Land brot Rye Pumpernickel with Sourdough Chleb Na Zakwas ytni Amish Sourdough Bread Homemade Sourdough Starter Sourdough starter silicon pancakes Potato sourdough classic starter Eastern European Black Bread Recipe Flaxseed Sourdough Crackers Roggenbrot Chef John s Sourdough Bread Seeded Multigrain Sourdough Bread AND MORE Even if you haven t baked a regular bread in your life and are thinking that this seems like an impossible task so stop that thought right there as this bundle cookbook will do wonders for you Buy It NOW and let your customers get addicted to this Sourdough

Cookbooks Bundle book      **Homemade Artisan Sourdough Bread** Rory Raso, 2021-07-06 Homemade Sourdough bread is a worthy journey into Artisan bread making The adventure begins with a wild yeast starter and continues into the vast and rich history of naturally fermented bread baking This book is a simple set of recipes for a sourdough bread recipe Oat A loaf of bread Potato Loaves of bread Lentil Bread Karlsbad Breads Gugelhupf Brioche Grain Buns Italiano Rosemary Loaves of bread Dairy products and Sesame Bread Levain Sourdough A loaf of bread with Green Leaf Tea English Grain Sourdough A loaf of bread AND MORE Carrot Bread Rye Ciabatta Spelled Sourdough Olive Loaves of bread French Peasant A loaf of bread There is a lot of things inside Buy this book and discover now

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