



Mechanical insufflation-exsufflation is a high risk procedure and may generate droplets exposing staff to respiratory pathogens. Appropriate Personal Protective Equipment (PPE) must be applied to reduce exposure to respiratory secretions.

POLICY STATEMENT

A physician order is required prior to initiating the mechanical insufflation-exsufflation (MI-E) device. The MI-E is an *alternative to traditional suctioning* providing decreased mucosal trauma and increased patient comfort. Principally, the MI-E is for patients who are unable to cough or clear secretions effectively due to reduced peak cough flow (less than 3 litres per second or 180 L/min) resulting from spinal cord injuries (SCI) and neuromuscular diseases such as ALS, Guillain-Barré Syndrome GBS, myasthenia gravis, muscular dystrophy, multiple sclerosis, post polio, kypho-scoliosis, and syringomyelia.

DEFINITIONS

Assisted Cough Manoeuvre:

A manually Assisted Cough Manoeuvre involves the application of an abdominal thrust or costal lateral compression using various hand placements after an adequate spontaneous inspiration or maximal insufflation.

FEF Max:

The maximum Forced Expiratory Flow rate (FEF) measured during a Force Vital Capacity (FVC) manoeuvre.

GPB: Glossopharyngeal Breathing (GPB) is a method of breathing, which consists of stroke-like action of the tongue along with constricting action of the pharynx pumping air through the larynx into the lungs.

LVR: Lung Volume Recruitment (LVR) refers to breath stacking, techniques allowing a maximum insufflation capacity.

MIC: The Maximum Insufflation Capacity (MIC) measurement (litres) is the maximum volume of air stacked within the patient's lungs beyond spontaneous vital capacity. MIC is attained when the patient takes a deep breath, holds his breath and then breath stacking is applied using a LVR resuscitation bag, a volume ventilator or glossopharyngeal breathing (GPB). When measuring a MIC, the therapist should assist the patient with his/her optimal insufflation technique, introduce the spirometer in the post mode and instruct the patient to completely exhale the MIC volume through the spirometer. *The documented volume must be clearly identified as a MIC and not a post bronchodilator study.*

MI-E: The Mechanical Insufflation-Exsufflation (MI-E) unit gradually applies a positive pressure to the airway, and then rapidly shifts to a negative pressure. This rapid shift in pressure produces a high expiratory flow rate from the lungs, simulating a cough.

Respiratory Therapy Policy And Procedure Manual Neonatal

Marco Cascella



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Respiratory Therapy Policy And Procedure Manual Neonatal Book Review: Unveiling the Power of Words

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