

Group Psychotherapy Progress Note

The Group Psychotherapy Progress Note is used for billable outpatient psychotherapy groups. Use the Intensive Services Progress Note form to document other groups offered as part of programs such as Partial Hospitalization (PHP), Community Based Adolescent Treatment (CBAT) and Transitional Support Services (TSS).

Data Field	Identifying Information Instructions
Person's Name	Record the first name, last name, and middle initial of the person being served. Order of name is at agency discretion.
Record Number	Record your agency's established identification number for the person.
Person's DOB	Record the person's date of birth to serve as another identifier.
Organization Name:	Record the organization for whom you are delivering the service.
Group Name	Give the name of the specific group. Example: Anger Management.
Number of Attendees	Enter the number of persons attending the group on this date.
Person Served Did Not Attend	Indicate the reason the person served did not attend the group session.
Data Field	Documentation of Person's Served Participation and Response to Group Treatment
Behavior in Group	Check box(es) to document the person's observed behavior during the group session.
Person's Served Mood	Check box(es) to document the person's observed or reported mood during the group session.
Stressors/Extraordinary Events/New Issues Presented Today	<p>There are four options available for staff using this section of the progress note:</p> <ol style="list-style-type: none"> 1. If person does not report/present any new issues, mark "None Reported" and proceed to planned intervention/goals. 2. If person reports a new issue that was resolved during the session check the "New Issue resolved, no CA Update required" box. Briefly document the new issue, identify the interventions used in the Therapeutic Interventions section and indicate the resolution in the Response section of the progress note. If services are provided during the session that have not been previously ordered in the Individualized Action plan, then an explanation of the rationale for those services should be provided. 3. If person presents an issue that has been previously assessed and for which Goals/Objectives and services have been ordered, then the information may be briefly documented as an indicator of the progress or lack of progress achieved. 4. If person presents any new issue(s) that represent a therapeutic need that is not already being addressed in the IAP, check box indicating a "CA Update Required" and record notation that new issue has been recorded on a Comprehensive Assessment Update of the same Date and write detailed narrative on the appropriate CA Update as instructed in this manual. Also, the newly assessed therapeutic information may require a new goal, objective, therapeutic intervention or service that will require further use of the IAP Review/Revision form. <p>Example: Person became uncharacteristically angry with another group member during the group session and the two began arguing loudly. Group therapist intervened and assisted person with identifying what had triggered excessive anger today. Person was able to recognize that the other group member reminded her of her abusive uncle and apologized to the other member.</p> <p>Example of New Issue needing CA Update: The person reported new symptoms of nightmares, intrusive memories, and</p>

Sample Group Therapy Documentation

Donald E. Wiger



Sample Group Therapy Documentation:

A Multiple Family Group Therapy Program for at Risk Adolescents and Their Families Susan T. Dennison, 2005
Over 50 bibliotherapy references are also provided along with material related to building resilient families and youth In addition readers are given a sample of a multiple family group contract documentation notes and a session by session planning sheet Professionals will be amazed at how much time this text will save them The book will quickly become a daily resource manual which will assist in more easily planning and facilitating these treatment groups Jacket *Record Keeping in Psychotherapy and Counseling* Ellen T. Luepker, 2012-04-27 Record Keeping in Psychotherapy and Counseling provides an essential framework for understanding record keeping within legal ethical supervisory and clinical contexts Compelling case examples identify dilemmas and strategies in protecting confidentiality More than a simple reference book this text introduces the concept of using records as therapeutic tools to strengthen the therapeutic relationship and facilitate clinical supervision Appendices and an accompanying CD offer sample forms A reader friendly style makes this new edition appropriate for undergraduate and graduate students New material on electronic records the impact of electronic communication and practitioners experiences with implementing the Health Insurance Portability and Accountability Act bring this book up to date Everyone from students to seasoned practitioners will continue to rely on it for protecting themselves their patients and their trainees Physical Therapy Documentation Mia Erickson, Mia L. Erickson, Rebecca McKnight, Ralph Utzman, 2008 Complete accurate documentation is one of the essential skills for a physical therapist This book covers all the fundamentals includes practice exercises case studies throughout Frames of Reference in Psychosocial Occupational Therapy Mary Ann Bruce, Barbara Borg, 1987 **The Nurses' Guide to Psychotherapy** Stacey Roles, Kamini Kalia, 2024-11-08 This book is a guide for nurses who plan to incorporate psychotherapy into their field of work Mental illness continues to be on the rise with increases in anxiety disorders suicidality and depression among others Psychotherapy is a well researched intervention that helps individuals to improve and maintain their mental health and well being Recently in Ontario Canada the proclamation of the controlled act of psychotherapy enabled certain members of six professional colleges including Registered Nurses to initiate and implement this controlled act Registered Nurses exist in every nook and cranny across the world from urban to rural and remote regions and can provide a far reach and excellent care bridging the gaps for those needing access to psychotherapy services Nurses have the skill ability legislative and regulatory rights to initiate the controlled act of psychotherapy Nurses can provide psychotherapy treatment and interventions to address the growing needs of the population who experience mental distress This book is unique in that the target audience is not only the experienced or expert nurse but was also created for nurses looking to shift the primary focus of their career to psychotherapy for undergraduate student nurses and for newly graduated nurses pursuing psychotherapy as part of their field of work This book will build upon the experiences of the nurse client relationship that has always been

foundational to nursing and will discuss nurses clinical expertise and knowledge in relation to a holistic approach to care when implementing psychotherapy interventions **Cara and MacRae's Psychosocial Occupational Therapy** Anne MacRae, 2024-06-01 Philosophical principles of recovery and justice are driving changing attitudes in the behavioral health arena but the practical methods used to incorporate these principles needs further clarity To address this need Cara and MacRae s Psychosocial Occupational Therapy An Evolving Practice Fourth Edition is completely revised and reorganized Relevant information from previous editions including assessments techniques diagnoses and specialized programs are interwoven throughout the text with a new emphasis on social issues and lived experiences Dr Anne MacRae designed this Fourth Edition to meet practice challenges as the occupational therapy profession continues to evolve to meet the current needs of our communities It includes specific examples of programs groups assessments activities techniques approaches and outcomes Inside Cara and MacRae s Psychosocial Occupational Therapy An Evolving Practice Fourth Edition All new chapters on philosophical worldviews psychiatric institutions and hospitals community behavioral health services and direct service provision as well as consultation and program development Reorganized and expanded chapters on built virtual and natural environments as well as cultural identity and context A new chapter on personal and social identity discusses the aspects of identity that are linked to mental wellness illness including personal choice family roles and habits spirituality rituals and traditions as well as the profound effects of trauma stigma poverty and violence Trauma stigma poverty and violence are also identified throughout the text especially in the case illustrations Revised chapters on mental health of infants children adolescents and older adults New chapters on mental health of emerging adults and mid life adults Instructors in educational settings can visit www.efacultyounge.com for additional materials to be used in the classroom While occupational therapists can certainly use this material for providing direct services and being part of a team Cara and MacRae s Psychosocial Occupational Therapy An Evolving Practice Fourth Edition is also an invaluable resource for defining and explaining psychosocial occupational therapy and in supporting our roles in consultation and program development

Occupational Analysis and Group Process - E-Book Jane Clifford O'Brien, Jean W. Solomon, 2012-10-01 Get the best instruction on occupational analysis group process and therapeutic media all from one book Using a matter of fact style to share their experiences successes and failures expert authors Jane Clifford O'Brien and Jean W Solomon provide you with effective therapeutic media sample activity analyses useful in current health care contexts practical guidance in play leisure and social participation areas of occupation strategies for effective group management and processes and overviews of theories supporting best practice Comprehensive content covers the material taught in group process and occupational analysis courses thoroughly and completely for the OTA Logically organized content that s written in a matter of fact style helps you better understand and retain information Clinical pearls emphasize the practical application of the information Therapeutic Media are tried and true methods pulled from the author s extensive experience Time-managed Group

Psychotherapy K. Roy MacKenzie,1996-12-31 The book provides new and experienced clinicians with generic models for the development of efficient and effective interactive groups able to deliver a wide variety of treatment options It offers a comprehensive examination of the potential of group psychotherapy and an appreciation of time management in its utilization

Mental Health Services in Nursing Facilities ,1996 **The Theory and Practice of Group**

Psychotherapy Irvin D. Yalom,1995 Hailed by Jerome Frank as the best book that exists on the subject today and for the foreseeable future Irvin D Yalom s *The Theory and Practice of Group Psychotherapy* has long been the standard text in its field Indeed in a survey reported in the *American Journal of Psychiatry* it was cited as one of the ten most influential psychiatry publications of the past decade and it was one of the very few judged to be of seminal or lasting value In this completely revised and expanded fourth edition updated to reflect the American Psychiatric Association s latest diagnostic manual the DSM IV Dr Yalom presents the most recent developments in the field drawing on nearly a decade of new research as well as his own broad clinical wisdom and experience This edition features new sections on combining individual and group therapy the latest information about brief group therapy and how to modify group work to deal with the newly emerging homogeneous focal groups including survivor groups as well as updated references and new clinical vignettes drawn from the author s recent practice Throughout Dr Yalom has updated the style and content of the chapters while retaining valid research and clinical observations Illustrating the text are vivid cases from nearly two thousand group sessions that he has led over the past decade *The Theory and Practice of Group Psychotherapy* is an informative text that is at once scholarly and lively This new edition is the most up to date incisive and comprehensive text on group therapy available today **Research for the Health Professional** Angela N. Hissong,Jennifer E. Lape,Diana M. Bailey,2014-11-26

This classic text explains the hows and whys of conducting and writing a research project Step by step guidance shows you how to select topics how to select the appropriate methodology and theoretical framework how to collect analyze and interpret the data and how to write present and publish your project Real Stories of Nursing Research: The Quest for

Magnet Recognition Mary Maureen Kirkpatrick McLaughlin,Kirkpatrick Maureen Kirkpatrick Kirkpatrick

McLaughlin,Mclaughlin,Sally A. Bulla,2010-10-25 *Real Stories of Nursing Research* demonstrates how direct care nurses in clinical settings overcome their fear and conduct nursing research studies that impact patient care Highlighting different types of research in Magnet designated hospitals located in all types of settings this reference includes examples of studies that have used a quantitative qualitative and mixed methods design *The Psychotherapy Documentation Primer* Donald E.

Wiger,2020-11-04 Everything you need to know to record client intake treatment and progress incorporating the latest managed care accrediting agency and government regulations Paperwork and record keeping are day to day realities in your mental health practice Records must be kept for managed care reimbursement for accreditation agencies for protection in the event of lawsuits to meet federal HIPAA regulations and to help streamline patient care in larger group practices

inpatient facilities and hospitals The standard professionals and students have turned to for quick and easy yet comprehensive guidance to writing a wide range of mental health documents the Fourth Edition of The Psychotherapy Documentation Primer continues to reflect HIPAA and accreditation agency requirements as well as offer an abundance of examples Fully updated to include diagnostic criteria of the DSM 5 The Psychotherapy Documentation Primer 4th Edition is designed to teach documental skills for the course of psychotherapy from the initial interview to the discharge The documentation principles discussed in the text satisfy the often rigid requirements of third party insurance companies regulating agencies mental health licensing boards and federal HIPAA regulations More importantly it provides students and professionals with the empirical and succinct documentation techniques and skills that will allow them to provide clear evidence of the effects of mental health treatment while also reducing the amount of their time spent on paperwork *The Crisis Counseling and Traumatic Events Treatment Planner* Tammi D. Kolski, Michael Avriette, Arthur E. Jongsma, Jr., 2001-03-30 Psychologists therapists and other mental health professionals who treat clients affected by traumatic events such as natural disasters rape and assault need to develop formal treatment plans These plans must conform to requirements of managed care organizations and other third party payers **Documentation for Rehabilitation - E-Book** Lori Quinn, James Gordon, 2024-04-12 Better patient management starts with better documentation Documentation for Rehabilitation 4th Edition demonstrates how to accurately document treatment progress and patient outcomes using a framework for clinical reasoning based on the International Classification for Functioning Disability and Health ICF model adopted by the American Physical Therapy Association APTA The documentation guidelines in this practical resource are easily adaptable to different practice settings and patient populations in physical therapy and physical therapy assisting Realistic examples and practice exercises reinforce the understanding and application of concepts improving skills in both documentation and clinical reasoning Workbook textbook format with examples and exercises in each chapter helps reinforce understanding of concepts Coverage of practice settings includes documentation examples in acute care rehabilitation outpatient home care nursing homes pediatrics school and community settings Case examples for a multitude of documentation types include initial evaluations progress notes daily notes letters to insurance companies Medicare documentation and documentation in specialized settings NEW Movement Analysis Linking Activities and Impairments content addresses issues related to diagnosis NEW An eBook version included with print purchase provides access to all the text figures and references with the ability to search customize content make notes and highlights and have content read aloud Updated case examples provide clinical context for patient documentation Revised content including updated terminology from the latest updates to the Guide to Physical Therapist Practice provides the most current information needed to be an effective practitioner Updated references ensure content is current and applicable for today's practice Group Treatment of Neurogenic Communication Disorders: the Expert Clinician's Approach, Second Edition Roberta J.

Elman,2006-11 This book is the definitive reference guide to clinical models as well as specific clinical techniques for providing client centered group treatment for aphasia and other neurogenic communication disorders It provides a wealth of insight and global perspective in the provision of care in aphasia and related conditions for students clinicians and professionals in other health related disciplines Key Features The book is designed for day to day use for busy practitioners Expert clinicians are the authors of each of the chapters giving the reader authoritative guidance Each chapter follows the same basic outline for quick and accessible reference Tables charts and summaries enhance the text Bailey's Research & Evidence-Based Practice for the Health Professional Jennifer E. Lape,Angela N. Hissong,2025-02-03 Your practical guide to research and evidence based practice Research is a dynamic journey From crafting a research question and selecting an appropriate methodology to disseminating your findings you ll take your research or evidence based practice project from beginning to end **Learning the Language of Addiction Counseling** Geri Miller,2020-12-09 Fully revised Learning the Language of Addiction Counseling Fourth Edition introduces students and mental health professionals to the field of addiction counseling and helps them develop the knowledge understanding and skills needed to counsel people who are caught in the destructive cycle of addiction Drawing from her years of experience working in the addiction counseling field Geri Miller provides an engaging balanced overview of the major theoretical underpinnings and clinical practices in the field From assessment and diagnosis of addiction to preparing for certification and licensure as an addiction professional this comprehensive book covers all of the essentials *Recreational Therapy Assessment* Thomas K. Skalko,Jerome F. Singleton,2020 Recreational Therapy Assessment is an evidence based guide connecting the recreational therapy assessment process with the International Classification of Functioning Disability and Health ICF to help therapeutic recreation professionals classify individuals functionality to better meet the needs of clients *Treatment Resource Manual for Speech-Language Pathology, Seventh Edition* Froma P. Roth,Colleen K. Worthington,2023-10-06 With major content updates and many more supporting online materials the seventh edition of the Treatment Resource Manual for Speech Language Pathology is an accessible and reliable source of basic treatment information and techniques for a wide range of speech and language disorders This detailed evidence based manual includes complete coverage of common disorder characteristics treatment approaches reporting techniques and patient profiles for child and adult clients Divided into two sections the first focuses on preparing for effective interventions and includes the basic principles of speech language therapies including various reporting systems and techniques The second part the bulk of the book is devoted to treatments for specific communication disorders including speech sound disorders pediatric language disorders autism spectrum disorder adult aphasia and traumatic brain injury TBI motor speech disorders dysphagia stuttering voice disorders and alaryngeal speech The last three chapters focus on effective counseling skills cultural competence and considerations and contemporary professional issues including critical thinking telepractice simulation technologies and coding and reimbursement Treatment

Resource Manual for Speech Language Pathology Seventh Edition is an ideal resource for academic courses on intervention and clinical methods in graduate speech language programs and as a more practical supplementary text to the more traditional theoretical books used for undergraduate clinical methods courses It is also helpful as a study guide for certification and licensing exams and a handy manual for practicing clinicians in need of a single resource for specific therapy techniques and materials for a wide variety of communication disorders New to the Seventh Edition Updates to each disorder focused chapter on treatment efficacy and evidence based practice New focus on a social model of disability diversity affirming approach to intervention Substantial update on approaches for autism Expanded discussion of the use of telepractice to conduct intervention Expanded information on cultural linguistic diversity and cultural responsiveness competence within the context of therapeutic intervention Updated information on incidence prevalence of aphasia and expanded discussion of treatment efficacy in TBI spasmodic dysphonia and goals for treatment of motor speech disorders Additional Helpful Hints in each disorder chapter Updates to the Lists of Additional Resources and Recommended Readings Updated citations and references throughout Significant expansion of supplementary online materials to facilitate pedagogy and enhance learning Key Features Chapters focused on treatment of disorders include a concise description of the disorder case examples specific suggestions for the selection of therapy targets and sample therapy activities Bolded key terms with an end of book glossary A multitude of case examples reference tables charts figures and reproducible forms Helpful Hints and Lists of Additional Resources in each chapter Updated book appendices that include the new ASHA Code of Ethics and Cultural Competency checklists in addition to disorder specific appendices in many chapters Please note that ancillary content such as documents audio and video etc may not be included as published in the original print version of this book

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