## Nursing reflective journal sample

#### Introduction

Philosophy is essential as it offers a natural extension of one's reality. That is, it aids nurses to identify the various ways of thinking about nursing knowledge and approaches to implement in practice. Moreover, it enlightens core content by assessing the nature of nursing and its key concepts. As such, it draws from the thinking of philosophers which is consistent with the practice's basis. The philosophy has shaped my role as a nurse by providing me with an indepth connection to the beliefs and values that led me into the profession. Besides, it has also strengthened my attitude, knowledge and skills.

### Assumptions

Philosophy as a content relates to the phenomena of interest to the practice and ...



# **Sample Np Reflective Notes**

**M Woodhall** 



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