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Religion And Health

Harold G. Koenig, Harvey J. Cohen



Religion And Health:

Handbook of Religion and Health Harold G. Koenig, Michael E. McCullough, David B. Larson, 2001-01-11 What effect does religion have on physical and mental health In answering this question this book reviews and discusses research on the relationship between religion and a variety of mental and physical health outcomes including depression and anxiety heart disease stroke and cancer and health related behaviors such as smoking and substance abuse The authors examine the positive and negative effects of religion on health throughout the life span from childhood to old age Based on their findings they build theoretical models illustrating the behavioral psychological social and physiological pathways through which religion may influence health The authors also review research on the impact of religious affiliation belief and practice on the use of health services and compliance with medical treatment In conclusion they discuss the clinical relevance of their findings and make recommendations for future research priorities Offering the first comprehensive examination of its topic this volume is an indispensable resource for research scientists health professionals public policy makers and anyone interested in the relationship between religion and health Religion and Health James Joseph Walsh, 1920

Is Religion Good for Your Health? Harold George Koenig, 1997 In examining the question of religion's impact on health *Is Religion Good for Your Health* examines the opinions and clinical experiences of health professionals patient reports of those faced with painful and often life threatening illnesses and the findings of research that has objectively examined the relationships between religion and mental health and religion and physical health You'll learn to distinguish between neurotic or pathological uses of religion and healthier forms of religious belief and practice why religion might affect health and psychological social and physiological pathways by which these effects may be conveyed Finally physicians counselors clergy medical researchers and laypersons learn the implications of this research for them The Link between Religion and Health Harold G. Koenig, Harvey J. Cohen, 2002-01-17 This book is the first to present new medical research establishing a connection between religion and health and to examine the implications for Eastern and Western religious traditions and for society and culture The distinguished list of contributors examine a series of psychoneuroimmunology (PNI) topics that relate to religious faith and behavior PNI studies the relationships between mental states and the nervous endocrine and immune systems Among the issues it focuses upon are how mental states in general and belief states in particular affect physical health The contributors argue that religious involvement and belief can affect certain neuroendocrine and immune mechanisms and that these mechanisms in turn susceptibility to cancer and recovery following surgery This volume is essential reading for those interested in the relationship between religion and health Religion and Prevention in Mental Health Robert E. Hess, Kenneth I. Maton, Kenneth Pargament, 2014-06-23 Here is the first book which highlights the unique resource of religion in the field of prevention Until now religious systems have been a largely untapped resource of talent energy care and physical and financial assets *Religion and Prevention in Mental Health* is a significant new volume that lays

a general foundation for preventive work in the religious area. It presents a number of reasons for examining religion as a source for aiding prevention and well being. The authors dispute the popular notion of religion as damaging to mental health as well as the idea that religious affiliation is entirely predictive of better mental health. Instead they focus on the framework for living that religions provide which assists believers in anticipating, avoiding or modifying problems before they develop. For the human service professional willing to build a collaborative relationship with religious systems, this vital book depicts the richness and diversity of religion and shows the interface of religion, well being and prevention. Important issues such as the impact of religion on American society and the ethos of mental health and prevention, the historical and contemporary role of the African American church as an empowering agent and mediating structure for black citizens, the critical roles of theology in determining the attitude of religious systems toward prevention and well being, the importance of community and personal narratives and the limitations of religious settings due to their survival concerns and methods to increase their potential to heal are all discussed thoroughly. Through a better understanding of religious settings, programs and processes, human service professionals can more effectively utilize religion and reach a neglected portion of the population in need of help. In addition, religious leaders, mental health professionals including counselors, social workers, program developers, evaluators and administrators and psychologists, sociologists and anthropologists will benefit from the comprehensive material provided in this timely book.

Religion, Health, and Aging Harold G. Koenig, Mona Smiley, Jo Ann Ploch Gonzales, 1988-12-14. This book presents a comprehensive and scientific review of the research during the past fifty years on the relationship between religion and health in later life. It will help professionals gain awareness of the importance of religious and spiritual variables among older people. The widespread interest in religion among today's elderly suggests its value as a coping strategy and personal resource. Unlike any other in the field, this volume synthesizes both past research and new findings, including recent unpublished data, into a model of how religion might interact with other variables to help determine adaptation to stress in later life. Religion, Health, and Aging provides substantial contributions to both the applied and academic aspects of religion and aging. With over 500 references, this work brings together research findings from a wide variety of disciplines and organizes them in an easily retrievable format. The introduction provides a theoretical framework and model of interactions. Subsequent chapters address the relationship between religious beliefs and attitudes and both mental and physical health. Next investigated are the impacts on health of private religious activity, community religious involvement and personal religious experience. A model that demonstrates how religion might interact with stress and illness in later life is presented. Actual cases exemplify the role of religion in the lives of older people facing life-threatening illness. Perspectives from the disciplines of social gerontology, geriatric medicine and the clergy are analyzed. A review is presented of the implications of research findings for professionals working with older persons. A detailed bibliography list of publications and organizations to contact for further information provides access to further resources. The appendix contains a

review of the development and validation of the Springfield Religiosity Schedule an instrument measuring religious activities attitudes and beliefs of the elderly Religion Health and Aging will serve as a centralized resource of significant value to gerontologists physicians in psychiatry and medicine nurses educators therapists clinical psychologists social workers the clergy and others whose professional and personal lives touch older people **God, Faith, and Health** Jeff Levin, 2007-07-20 In this groundbreaking book Dr Jeff Levin explores the latest compelling evidence of the connection between health and an array of spiritual beliefs and practices including prayer attending religious services meditation and faith in God Drawing on his own and other published studies Dr Levin shows how religion's emphasis on healthy behaviors and supportive relationships influences one's overall health and how the optimism and hopefulness of those who profess faith promote the body's healing responses Filled with dramatic personal stories **God Faith and Health** will alter the way you think about your body and your faith and will show you the path to improving your own health through spiritual practice Jeff Levin writes with incredible clarity style and passion This book is a must read for anyone interested in the religion health connection especially those wondering if such a connection exists at all Harold G Koenig M D Associate Professor of Psychiatry and Medicine Duke University Medical Center and author of *The Healing Power of Faith* Beautifully written and packed with compelling scientific evidence for the spirituality health connection With the precision of a scientist the courage of a true pioneer and the artistry of a storyteller Levin reminds us of what we can no longer afford to ignore that our spiritual life matters mightily to our health and well being at every level Janet F Quinn Ph D R N Associate Professor University of Colorado School of Nursing **Medicine, Religion, and Health** Harold G Koenig, 2008-09-01 *Medicine Religion and Health Where Science and Spirituality Meet* will be the first title published in the new Templeton Science and Religion Series in which scientists from a wide range of fields distill their experience and knowledge into brief tours of their respective specialties In this the series maiden volume Dr Harold G Koenig provides an overview of the relationship between health care and religion that manages to be comprehensive yet concise factual yet inspirational and technical yet easily accessible to nonspecialists and general readers Focusing on the scientific basis for integrating spirituality into medicine Koenig carefully summarizes major trends controversies and the latest research from various disciplines and provides plausible and compelling theoretical explanations for what has thus far emerged in this relatively young field of study *Medicine Religion and Health* begins by defining the principal terms and then moves on to a brief history of religion's role in medicine before delving into the current state of research Koenig devotes several chapters to exploring the outcomes of specific studies in fields such as mental health cardiovascular disease and mortality The book concludes with a review of the clinical applications derived from the research Koenig also supplies several detailed appendices to aid readers of all levels looking for further information *Medicine Religion and Health* will shed new light on critical contemporary issues They will whet readers' appetites for more information on this fascinating complex and controversial area of research clinical activity and widespread discussion It will find a welcome

home on the bookshelves of students researchers clinicians and other health professionals in a variety of disciplines

Handbook of Religion and Health Harold G. Koenig, Tyler J. VanderWeele, John R. Peteet, 2024 Beginning with a Foreword by Dr Howard K Koh former US Assistant Secretary for Health for the Department of Health and Human Services this volume examines almost every aspect of health reviewing past and more recent research on the relationship between religion and health outcomes

Realized Religion Theodore J. Chamberlain, 2000-12 Realized Religion includes research that investigates the impact of spirituality in health and healing faith healing religion and mental health religion and life satisfaction religion and mental disorders religion and marital satisfaction the effect of religion on suicide and the effect of religion on alcohol use and abuse This book documents over 300 scientific studies published by reputable scientific journals demonstrating that religion has an ameliorating effect on the survival rate of surgical patients on depression and anxiety on suicide rates and on promotion of a healthy lifestyle Realized Religion presents useful and helpful information to researchers and scholars who seek to understand the subtle connection between healing and spirituality It will be an invaluable resource for libraries and others interested in the emerging field of spirituality and healing

Religion and Health James Walsh, 2017-09-29 Religion and health have much more intimate relations with each other than is generally supposed The old fashioned Anglo Saxon words health and holiness in their etymology revealed this relationship rather strikingly They both came from a common root hal or heel and hale and holy meant originally exactly the same thing though in the course of time one came to be referred to the body and the other to the soul James J Walsh M D The nervous and mental diseases of humanity as well as suicide have all increased in proportion as religious belief and practice have declined Excesses of various kinds have meant ever so much more for the production of ill health than has work no matter how hard or even the inevitable risks of existence Calm confidence in a higher power means more for health and happiness than any other element in life James J Walsh M D Valuable as was Dr Walsh s book *Health Through Will Power* this is as much higher in worth as the subject it treats transcends that in the book which preceded it and which might be called a preparation for it In the introductory chapter and the one following we find the strong presentation of his thesis on the everlasting reality of religion The chapter on Prayer marked by absence of psychological speculation treats practically of the naturalness and good sense of the constant habit of prayer and of the value of prayer in all psychoneurosis The chapter on the Bible and Health is of especial interest with its argument that the sanitary laws of the Jews could have been no outcome of human development but rather of Divine origin The wide reading extended experience and specialized scholarship of the writer certify to the value of anything from his pen and when we find a work of this kind as simple as a primer and as attractive as a story we may well offer thanks for the boon Nobody who values knowledge concerning the mysterious relation between holy living and bodily health should be without this book New Catholic World Dr Walsh has brought out the elements of this relationship between the conditions now represented by the two worlds He has shown that the practice of prayer and of sacrifices and the

observance of mortification and of fasting and abstinence as well as of the holy days prescribed by religion have proved of great value to health The truth is brought home in a striking and convincing manner that there is no conflict between science and religion that is between true science and true religion because there can be no conflict between truth and truth Dr Walsh's books always contain surprises are always thought provoking and are always worthy of a prominent and permanent place on the bookshelf of every man who wishes to know the truth The American Catholic Quarterly Review The author quotes from his own experience with patients to show how true religion may dominate pain and continuous suffering He gives so many instances of work heroically done in spite of suffering that it almost seems as if those enduring it were called to active service instead of ingloriously abiding in barracks The book will deter many from suffering the will of God when in reality they are yielding to their own inclination in not resisting disease Fewer persons will put Thy Will Be Done on tombstones because they will realize after listening to Dr Walsh that the Lord prefers living healthy persons to diers and having realized will brace themselves to eradicate all that is unseemly in their religion and health New York Medical Journal He shows the godless that men can be as scientific as Pasteur and still retain the faith of a Breton peasant's wife The Field Afar

Religion as a Social Determinant of Public Health Ellen L. Idler, 2014-08-13 Frequently in partnership but sometimes at odds religious institutions and public health institutions work to improve the well being of their communities There is increasing awareness among public health professionals and the general public that the social conditions of poverty lack of education income inequality poor working conditions and experiences of discrimination play a dominant role in determining health status But this broad view of the social determinants of health has largely ignored the role of religious practices and institutions in shaping the life conditions of billions around the globe In Religion as a Social Determinant of Public Health leading scholars in the social sciences public health and religion address this omission by examining the embodied sacred practices of the world's religions the history of alignment and tension between religious and public health institutions the research on the health impact of religious practice throughout the life course and the role of religious institutions in health and development efforts around the globe In addition the volume explores religion's role in the ongoing epidemics of HIV AIDS and Alzheimer's disease as well as preparations for an influenza pandemic Together these groundbreaking essays help complete the picture of the social determinants of health by including religion which has until now been an invisible determinant

Faith, Medicine, and Science Harold G Koenig, Jeff Levin, 2013-10-11 A perfect introduction to the connection between religious faith and physical and mental health Faith Medicine and Science A Festschrift in Honor of Dr David B Larson is a comprehensive collection of groundbreaking work from one of the principal figures in the establishment expansion and acceptance of scientific research at the interface of religion spirituality and health Dr Jeff Levin and Dr Harold G Koenig honor their late colleague with a retrospective of his writings on the impact of religious faith and identity on physical and mental health and on a variety of social issues including criminal behavior substance abuse mental illness juvenile delinquency reproductive decisions marital

satisfaction family functioning and the quality of life The book also features a concise history of the religion and health field a biography of Dr Larson and tributes essays and remembrances from the leading figures in the field Faith Medicine and Science honors Dr Larson s role in raising awareness of the health effects of religious faith and his vision and efforts in establishing coursework on religion and spirituality within undergraduate and graduate medical education programs His body of theoretical and empirical writings serves as a permanent record of the powerful role played by religion and spirituality and his work stands as a lasting contribution to science medicine and society These articles combine with the book s supplemental features to provide social and behavioral scientists medical researchers and clinicians with an essential resource for clinical research and education Topics examined in Faith Medicine and Science include the religious life of alcoholics religion spirituality and mortality the impact of religion on men s blood pressure the systematic analysis of research on religious variables a systematic review of nursing home research religious affiliations in mental health research samples as compared with national samples the associations between dimensions of religious commitment and mental health and much more Faith Medicine and Science A Festschrift in Honor of Dr David B Larson documents the work of one of the most important writers on the interface of the human spirit and the healing arts His death in 2002 at the age of 54 remains a profound loss but through this book his pioneering research will continue to serve as a thorough and accessible introduction to the religion and health field Handbook of Religion and Health Harold Koenig,Dana King,Verna B. Carson,2012-02-06

The Handbook of Religion and Health has become the seminal research text on religion spirituality and health outlining a rational argument for the connection between religion and health The Second Edition completely revises and updates the first edition Its authors are physicians a psychiatrist and geriatrician a primary care physician and a professor of nursing and specialist in mental health nursing The Second Edition surveys the historical connections between religion and health and grapples with the distinction between the terms religion and spirituality in research and clinical practice It reviews research on religion and mental health as well as extensive research literature on the mind body relationship and develops a model to explain how religious involvement may impact physical health through the mind body mechanisms It also explores the direct relationships between religion and physical health covering such topics as immune and endocrine function heart disease hypertension and stroke neurological disorders cancer and infectious diseases and examines the consequences of illness including chronic pain disability and quality of life Finally the Handbook reviews research methods and addresses applications to clinical practice Theological perspectives are interwoven throughout the chapters The Handbook is the most insightful and authoritative resource available to anyone who wants to understand the relationship between religion and health Religion and Health Len Gaston Broughton,1909 Handbook on Religion and Health James R. Cochrane,Gary R. Gunderson,Teresa Cutts,2024-08-06 This revelatory Handbook explores the relationship between religion and health emphasising the effects of organised religion and spirituality on community population and public health While

comprehensively summarising the current state of the field it focusses on pursuing new pathways vital for human health in a turbulent world

Cambridge Handbook of Psychology, Health and Medicine Susan Ayers, Andrew Baum, Chris McManus, Stanton Newman, Kenneth Wallston, John Weinman, Robert West, 2007-08-23 Health psychology is a rapidly expanding discipline at the interface of psychology and clinical medicine This new edition is fully reworked and revised offering an entirely up to date comprehensive accessible one stop resource for clinical psychologists mental health professionals and specialists in health related matters There are two new editors Susan Ayers from the University of Sussex and Kenneth Wallston from Vanderbilt University Medical Center The prestigious editorial team and their international interdisciplinary cast of authors have reconceptualised their much acclaimed handbook The book is now in two parts part I covers psychological aspects of health and illness assessments interventions and healthcare practice Part II covers medical matters listed in alphabetical order Among the many new topics added are diet and health ethnicity and health clinical interviewing mood assessment communicating risk medical interviewing diagnostic procedures organ donation IVF MMR HRT sleep disorders skin disorders depression and anxiety disorders

Spirituality and Religion Within the Culture of Medicine Dr Michael Balboni, Dr John Peteet, 2017-05-10 Spirituality and Religion Within the Culture of Medicine provides a comprehensive evaluation of the relationship between spirituality religion and medicine evaluating current empirical research and academic scholarship In Part 1 the book examines the relationship of religion spirituality and the practice of medicine by assessing the strengths and weaknesses of the most recent empirical research of religion spirituality within twelve distinct fields of medicine including pediatrics psychiatry internal medicine surgery palliative care and medical ethics Written by leading clinician researchers in their fields contributors provide case examples and highlight best practices when engaging religion spirituality within clinical practice This is the first collection that assesses how the medical context interacts with patient spirituality recognizing crucial differences between contexts from obstetrics and family medicine to nursing to gerontology and the ICU Recognizing the interdisciplinary aspects of spirituality religion and health Part 2 of the book turns to academic scholarship outside the field of medicine to consider cultural dimensions that form clinical practice Social scientific practical and humanity fields include psychology sociology anthropology law history philosophy and theology This is the first time in a single volume that readers can reflect on these multi dimensional complex issues with contributions from leading scholars In Part III the book concludes with a synthesis identifying the best studies in the field of religion and health ongoing weaknesses in research and highlighting what can be confidently believed based on prior studies The synthesis also considers relations between the empirical literature on religion and health and the theological and religious traditions discussing places of convergence and tension as well as remaining open questions for further reflection and research This book will provide trainees and clinicians with an introduction to the field of spirituality religion and medicine and its multi disciplinary approach will give researchers and scholars in the field a critical and up to date analysis

Toward a Sociological Theory of Religion and Health ,2011-07-12 Driven by funding agencies empirical research in the social scientific study of health and medicine has grown in quantity and developed in quality When it became evident in what is now a tradition of inquiry that people s religious activities had significant health consequences a portion of that body of work began to focus more frequently on the relationship between health and religion The field has reached a point where book length summaries of empirical findings especially those pertinent to older people can identify independent mediating and dependent variables of interest Every mediating variable even if considered as a control variable represents an explanation a small theory of some kind However taken in granular form as it were the multiple theories do not comprise mid level theory let alone a general theoretical framework This volume seeks to move toward more general theoretical development Contributors include Alex Bierman Sherry Cummings Christopher G Ellison Andrea K Henderson Barbara Kilbourne Neal Krause Jeff Levin Robert S Levine Eric Liu Michael K Roemer Scott Schieman and Ephraim Shapiro

Why Religion and Spirituality Matter for Public Health Doug Oman,2018-12-29 This volume reviews the exploding religion spirituality R S and health literature from a population health perspective It emphasizes the distinctive Public Health concern for promoting health and preventing disease in societies nations and communities as well as individuals Part I offers a rigorous review of mainstream biomedical and social scientific theory and evidence on R S health relations Addressing key gaps in previous literature it reviews evidence from a population health viewpoint surveying pertinent findings and theories from the perspective of Public Health subfields that range from Environmental Health Sciences to Public Health Nutrition to Health Policy Management and Public Health Education In Part II practitioners describe in detail how attending to R S factors enhances the work of clinicians and community health practitioners R S provides an additional set of concepts and tools to address opportunities and challenges ranging from behavior and institutional change to education policy and advocacy Part III empowers educators analyzing pedagogical needs and offering diverse short chapters by faculty who teach R S health connections in many nationally top ranked Schools of Public Health International and global perspectives are highlighted in a concluding chapter and many places throughout the volume This book addresses a pressing need for Public Health research practice and teaching A substantial evidence base now links religious and spiritual R S factors to health In the past 20 years over 100 systematic reviews and 30 meta analyses on R S health were published in refereed journals But despite this explosion of interest R S factors remain neglected in Public Health teaching and research Public Health lags behind related fields such as medicine psychology and nursing where R S factors receive more attention This book can help Public Health catch up It offers abundant key resources to empower public health professionals instructors and students to address R S serving at once as a course text a field manual and a research handbook

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