

9. Service Connection for Disabilities Resulting From Exposure to Asbestos, Continued

B. Considering Service Connection for Disabilities Resulting From Exposure to Asbestos During Service

When deciding a claim for service connection for a disability resulting from exposure to asbestos:

- determine whether or not service records demonstrate the Veteran was exposed to asbestos during service
- ensure that development is accomplished to determine whether or not the Veteran was exposed to asbestos either before or after service, and
- determine whether or not a relationship exists between exposure to asbestos and the claimed disease, keeping in mind latency and exposure factors.

Notes:

- As always, resolve reasonable doubt in the claimant's favor.
- If assistance in deciding a case is needed, contact the Compensation Service Policy Staff (211).

Solve the Problem: Turn this list from VA Manual M21-1MR into a checklist of things to prove.

You don't have to DISprove anything in a VA Claim, but if you can, consider doing that.

It gets really hard for the VA to raise the mercury level in the [VA Claims Evidence Thermometer](#) high enough to deny your claim if your file has [5-Star Evidence](#) that disproves everything the VA is trying to "prove".

Think about that for a little bit.

This may not be the best course in every case - we don't want to send the VA a haystack of evidence and then tell them to find the needle.

We are trying to show them - in the most clear terms possible - the needle.

Using the above snippet from VA Manual M21-1MR, you can:

Get proof of your exposure to asbestos while in the Navy - though this manual says that they are looking for service records, you are NOT bound by YOUR service records. Know another veteran that ser.

Get proof - through Sworn Declarations or [other 5-star evidence](#) - that you were not exposed to asbestos before or after service.

Get proof - through a competent medical examiner - that your asbestos was at least as likely as not related to your military service on the USS .

**Sworn
Declaration
(Lay Evidence)**

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Va Claims Adjudication Manual M21 1mr:

This book delves into Va Claims Adjudication Manual M21 1mr. Va Claims Adjudication Manual M21 1mr is a vital topic that must be grasped by everyone, ranging from students and scholars to the general public. This book will furnish comprehensive and in-depth insights into Va Claims Adjudication Manual M21 1mr, encompassing both the fundamentals and more intricate discussions.

1. This book is structured into several chapters, namely:
 - Chapter 1: Introduction to Va Claims Adjudication Manual M21 1mr
 - Chapter 2: Essential Elements of Va Claims Adjudication Manual M21 1mr
 - Chapter 3: Va Claims Adjudication Manual M21 1mr in Everyday Life
 - Chapter 4: Va Claims Adjudication Manual M21 1mr in Specific Contexts
 - Chapter 5: Conclusion
2. In chapter 1, the author will provide an overview of Va Claims Adjudication Manual M21 1mr. The first chapter will explore what Va Claims Adjudication Manual M21 1mr is, why Va Claims Adjudication Manual M21 1mr is vital, and how to effectively learn about Va Claims Adjudication Manual M21 1mr.
3. In chapter 2, this book will delve into the foundational concepts of Va Claims Adjudication Manual M21 1mr. This chapter will elucidate the essential principles that need to be understood to grasp Va Claims Adjudication Manual M21 1mr in its entirety.
4. In chapter 3, the author will examine the practical applications of Va Claims Adjudication Manual M21 1mr in daily life. This chapter will showcase real-world examples of how Va Claims Adjudication Manual M21 1mr can be effectively utilized in everyday scenarios.
5. In chapter 4, this book will scrutinize the relevance of Va Claims Adjudication Manual M21 1mr in specific contexts. The fourth chapter will explore how Va Claims Adjudication Manual M21 1mr is applied in specialized fields, such as education, business, and technology.
6. In chapter 5, the author will draw a conclusion about Va Claims Adjudication Manual M21 1mr. This chapter will summarize the key points that have been discussed throughout the book.

This book is crafted in an easy-to-understand language and is complemented by engaging illustrations. It is highly recommended for anyone seeking to gain a comprehensive understanding of Va Claims Adjudication Manual M21 1mr.

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