



MUSCLE MOVEMENTS



Match up the **movement** with the correct **description**.

_____ Flexion

_____ Extension

_____ Medial Rotation

_____ Lateral Rotation

_____ Reduction

_____ Adduction

_____ Elevation

_____ Depression

_____ Protraction

_____ Retraction

_____ Pronation

_____ Supination

_____ Dorsiflexion

_____ Plantar Flexion

1. Moving appendage away from midline

2. Rolling outward so palms or soles of feet face upwards

3. Pivot around a center axis away from the midline

4. Decreasing a joint angle

5. Downward movement in frontal plane, lowering shoulders or jaw

6. Pointing the toes upwards

7. Pointing toes downwards

8. Moving appendage towards midline

9. Increasing a joint angle

10. Pivot around a center axis towards midline

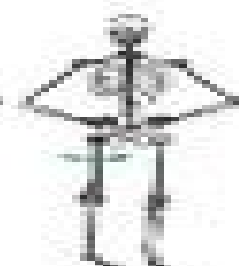
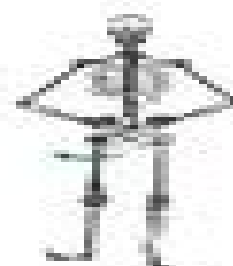
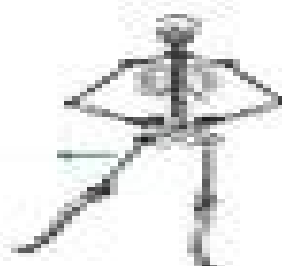
11. Anterior movement, typically in reference to shoulders

12. Rolling inward so palms or soles of feet face downwards

13. Posterior movement of a body part

14. Raising a body part in the frontal plane, typically in reference to shoulders and jaw

Identify the **movement** shown in each picture.



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Dental Radiography and Photography, 1927 **Performance Rock Climbing** Dale Goddard, Udo Neumann, 1993 Handbook for experienced climbers covers all the physical and psychological aspects of climbing training

Communication and Computing Systems B.M.K. Prasad, Krishna Kant Singh, Neelam Ruhil, Karan Singh, Richard O'Kennedy, 2017-02-15 This book is a collection of accepted papers that were presented at the International Conference on Communication and Computing Systems ICCCS 2016 Dronacharya College of Engineering Gurgaon September 9-11 2016 The purpose of the conference was to provide a platform for interaction between scientists from industry academia and other areas of society to discuss the current advancements in the field of communication and computing systems The papers

submitted to the proceedings were peer reviewed by 2 3 expert referees This volume contains 5 main subject areas 1 Signal and Image Processing 2 Communication Computer Networks 3 Soft Computing Intelligent System Machine Vision and Artificial Neural Network 4 VLSI Embedded System 5 Software Engineering and Emerging Technologies **Musimathics, Volume 1** Gareth Loy, 2011-08-19 A commonsense self contained introduction to the mathematics and physics of music essential reading for musicians music engineers and anyone interested in the intersection of art and science Mathematics can be as effortless as humming a tune if you know the tune writes Gareth Loy In Musimathics Loy teaches us the tune providing a friendly and spirited tour of the mathematics of music a commonsense self contained introduction for the nonspecialist reader It is designed for musicians who find their art increasingly mediated by technology and for anyone who is interested in the intersection of art and science In Volume 1 Loy presents the materials of music notes intervals and scales the physical properties of music frequency amplitude duration and timbre the perception of music and sound how we hear and music composition Calling himself a composer seduced into mathematics Loy provides answers to foundational questions about the mathematics of music accessibly yet rigorously The examples given are all practical problems in music and audio Additional material can be found at <http://www.musimathics.com> **EMG Methods for Evaluating Muscle and Nerve**

Function Mark Schwartz, 2012-01-11 This first of two volumes on EMG Electromyography covers a wide range of subjects from Principles and Methods Signal Processing Diagnostics Evoked Potentials to EMG in combination with other technologies and New Frontiers in Research and Technology The authors vary in their approach to their subjects from reviews of the field to experimental studies with exciting new findings The authors review the literature related to the use of surface electromyography SEMG parameters for measuring muscle function and fatigue to the limitations of different analysis and processing techniques The final section on new frontiers in research and technology describes new applications where electromyography is employed as a means for humans to control electromechanical systems water surface electromyography scanning electromyography EMG measures in orthodontic appliances and in the ophthalmological field These original approaches to the use of EMG measurement provide a bridge to the second volume on clinical applications of EMG

Muscle Pain Siegfried Mense, David G. Simons, I. Jon Russell, 2001-01-01 For the first time a book that addresses all aspects of muscle pain from basic science to clinical treatment This book answers all possible questions regarding muscle pain from local muscle soreness to the fibromyalgia syndrome The unique concept behind the book is the combination of neuroanatomical and neurophysiological data with the clinical management of all diseases that exhibit muscle pain

Intelligent Robotics and Applications Chun-Yi Su, Subhash Rakheja, Liu Honghai, 2012-09-28 The three volume set LNAI 7506 LNAI 7507 and LNAI 7508 constitutes the refereed proceedings of the 5th International Conference on Intelligent Robotics and Applications ICIRA 2012 held in Montreal Canada in October 2012 The 197 revised full papers presented were thoroughly reviewed and selected from 271 submissions They present the state of the art developments in robotics

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Biomechanics for Instructors Nikolai Aleksandrovich Bernstein,2020-05-16 This book comprises a series of lectures given by celebrated Soviet neurophysiologist Nikolai Alexandrovich Bernstein in Moscow in 1925 and first published in Russian in 1926 Bernstein s groundbreaking work which has had a significant influence on the development of neuroscience movement studies and other fields of study in Russia Eastern Europe and the West was suppressed during Stalin s regime At the time of its publication Biomechanics for Instructors was a significant resource for teachers with its descriptions of the movement of joints and degrees of freedom illustrations of how to calculate the work capacity of muscles with bones acting as levers the role of the central nervous system in movement and more Though the terminologies and methods have changed and been updated as research and technologies have progressed the book remains a valuable introduction for those interested in Bernstein s work more generally and to those involved in the study of biomechanics This book is also of interest to historians and philosophers of neuroscience as well as those involved in movement studies in both the scientific and artistic domains and to physiotherapists and those involved in sports research and practice **International Journal of Orthodontia and Oral Surgery** ,1922 Intelligent Human Computer Interaction Uma Shanker Tiwary,Santanu Chaudhury,2020-04-11 This volume constitutes the proceedings of the 11th International Conference on Intelligent Human

Computer Interaction IHCI 2019 held in Allahabad India in December 2019 The 25 full papers presented in this volume were carefully reviewed and selected from 73 submissions The papers are grouped in the following topics EEG and other biological signal based interactions natural language speech and dialogue processing vision based interactions assistive living and rehabilitation and applications of HCI **Colburn's United Service Magazine and Naval and Military Journal** ,1866

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web jun 22 2020 supplies needed here is what you ll need to make a popsicle stick up house approx 250 standard popsicle sticks i used some jumbo sticks because i had a 200 pack of regular and ran out but you can use all the same size if you choose to fill in the sides of the house up to the roof which i didn t you may need more bamboo skewers

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web sep 20 2018 paper ribbon instructions lay sticks side by side leave gaps or use half sticks to make space for windows and doors on two opposing walls shown top and bottom join sticks by gluing support sticks across ends these provide a surface for gluing to adjacent walls glue center supports on remaining walls and where you will have

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web oct 31 2019 popsicle sticks paint brown blue and red a paintbrush a glue stick scissors step 1 gather your materials step 2 find the middle of your first popsicle stick and angle your scissors upwards from there in order to cut the stick in half diagonally creating two new shorter sticks with angled edges step 3

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web popsicle sticks house if you follow these easy fast precise instructions you will get yourself an easy popsicle stick house you can follow these steps just for fun to see if you can make a new skill or if you want to surprise a relative or friend with an awesome ha

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web glue the house together according to your plans blueprints when i created my house i used the paper to make the angle

and the roof this step is very important because if you glue the house together using too much glue or used too little glue your house may break or

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