

NEXT GENERATION NCLEX CHEAT SHEET

BEAUTIFUL NURSING LLC

Extended Select All That Apply

A question that can have 1 or multiple answers.

Extended Drag & Drop

Responses that can be dragged & dropped into correct answer space.

Matrix Style

2-3 columns with multiple rows (answers) to be picked.

Drop Down "Cloze"

Sentence with 1 or more drop down answers for question.

Highlighting

Select words or phrases that are critical to do or question.

Bowtie

Drag and drop an item in each of the 5 main targets.

LAB VALUES



You do not need to know lab value ranges for the Next Gen NCLEX.

BLOOD

Hemoglobin: ↑ Polycythemia, ↓ Anemia
Hematocrit: ↑ Burns, ↓ Anemia, Hemorrhage
WBCs: ↑ Inflammation/Infection

RENAL

Specific Gravity: ↑ = dry, ↓ = high fluid
Creatinine/BUN: ↑ Renal Damage
Proteinuria: ↑ Nephrotic Syndrome
Glucose: ↑ Diabetes *High 3 P's*

HEPATIC

ALT or AST: ↑ Cirrhosis
Bilirubin: ↑ Cirrhosis, *High Jaundice*
Albumin: ↓ Liver Failure, Malnutrition

CARDIAC

CK, Myoglobin, Troponin: ↑ MI
Natriuretic Peptides: ↑ Heart Failure, MI

DELEGATION



"Terrific Care Promotes Client Safety"

RIGHT: Task, Circumstance, Person, Communication, Supervision

RNs should not delegate what they **EAT:** Evaluate, Assess, Teach

LPNs can **EAT second** = re-evaluate, re-asses, re-educate



PEDIATRICS



3 months = maintain head upright

4 months = rolls tummy to back

6 months = sits upright, food introduced

9 months = crawling

1 year = walking

OB-MATERNITY



(+) Pregnancy Sign: Fetal Heartbeat & Skeleton

1st Trimester = 1-3 months

2nd Trimester = 3-6 months

3rd Trimester = 6-9 months

Weight gain: weeks pregnant = 9 = lbs gained

ELECTROLYTES

Sodium: ↑ Dehydration, ↓ CHF, *High: thirsty, edema*

Potassium: ↑ Acidosis, ↓ Cushing's, Vomiting, *High: Peaked T waves*

Chloride: ↑ Acidosis, ↓ Addisons, *High: dry membranes*

Magnesium: ↓ Alcoholism, *High: prolonged PR intervals, calms muscles*

Calcium: ↑ Hyperparathyroidism, ↓ Pancreatitis, *Low: Trousseau/Chvostek*

Phosphate: ↑ Acromegaly, ↓ Alcoholism, Anorexia, *High: Trousseau/Chvostek*

COAGULATION

PT: ↑ Slow Clotting = Bleeding Risk

aPTT: ↑ Slow Clotting = Bleeding Risk

Platelets: ↓ Cancer, Chemo



Donning: Putting on PPE



Doffing: Taking off PPE

SAFETY PRECAUTIONS



Standard: stands for **ALL**

Use: gloves, mask, gown, goggles, hand hygiene

Airborne: **MTV** = measles, tuberculosis, varicella

Use: N95 mask, negative pressure airflow, private room, door closed

Droplet: **PIMP** = pertussis, influenza, mumps, pneumonia

Use: surgical mask, private room, door closed

Contact: **SEWER** = skin infection, enteric, wound infection, eye infection, rotavirus

Use: hand hygiene, gloves, gown, disposable equipment



Fetal HR: 110-160 BPM

Fetal HR Patterns: YEAL CHOP

LIONS: Left side lie, IV fluids, Oxygen, Notify provider, Stop Oxytocin for Low FHR or Late Decelerations

APGAR: 0-3 = distress, 10 = best

Based on Fetal HR, RR, Muscle Tone, Reflex Irritability, and Color

Nclex Cheat Sheet 2014

Deborah Dolan Hunt



Nclex Cheat Sheet 2014:

The New Nurse Educator, Second Edition Deborah Dolan Hunt, 2017-10-28 Praise for the first edition from Amazon reviews a wonderful resource for new and experienced nurse educators This book contains valuable information on teaching service and scholarship It also contains expert advice from well known faculty For example Dr Jean Watson and Dr Geraldine Bednash There is also a chapter on Mentoring by Dr Connie Vance I would highly recommend this book to all nurse educators an excellent resource for both new and experienced educators It contains a wealth of information on all aspects of nursing education with a focus on teaching service and scholarship It also contains expert advice from seasoned nurse educators and faculty members I would highly recommend this book to all current and aspiring nurse educators This unequalled resource guides novice nurse educators step by step through the challenging process of transitioning from service to academe It comprehensively addresses not only the fundamentals of teaching evaluation and curriculum development but also the entire spectrum of skills and duties required of the nurse educator This second edition delivers two new chapters devoted to the hospital based educator global health issues and the future of nursing education It includes new clinical teaching models and pedagogies and emphasizes the use of technology in a variety of teaching and learning strategies Key updates examine the current and future nursing workforce emerging and evolving nursing programs and innovative trends in curricula design along with new information on infectious diseases genomics and legal and ethical concerns Based on the author's personal journey from nursing practice to academe the text addresses ways to test the waters of the new role It outlines preparation requirements and discusses learning styles curriculum development theoretical frameworks cultural diversity and students with learning disabilities It addresses tenure and promotion collegiality service leadership mentoring writing for publication and scholarship Additionally the text prepares students for the interview process and includes sample CVs patient education handouts and course objectives Learning objectives review questions and case vignettes in each chapter along with tables and bulleted information further contribute to the text's value as an outstanding resource for both academic and hospital settings New to the Second Edition New chapter devoted to the role of the hospital based educator New chapter on global health and education health care policy and the future of nursing education Noted experts discuss simulation gaming and education legal concerns and global health nursing New clinical teaching models and pedagogies Emphasizes the use of technology Examines the current and future nursing workforce Emerging and evolving nursing programs Innovative trends in curricula design New information on infectious diseases and genomics Key Features Provides highly practical step by step information on all components of being a nurse educator faculty member Helps nurses transition from service role to educator faculty role Includes advice from novice and seasoned nurse educators nurse leaders and nursing theorists Includes learning objectives and review questions in each chapter Provides sample forms and documents for CVs and developing course content

Leifer's Introduction to Maternity &

Pediatric Nursing in Canada - E-Book Lisa Keenan-Lindsay, Gloria Leifer, 2023-09-23 Gain a solid foundation in Canadian maternity and pediatric nursing Written in a clear concise user friendly style Leifer s Introduction to Maternity and Pediatric Nursing in Canada 2nd Edition includes Canadian statistics terminology references guidelines resources Canadian nursing best practices assessments and more It s organized by developmental stages and includes discussions of pediatric disorders by body system from simple to complex and health to illness With a rich focus on family health this text contains review questions for certification exams case studies and numerous other helpful features to give you the tools you need to successfully care for patients within the Canadian social and institutional context

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In some sort of driven by information and connectivity, the ability of words has are more evident than ever. They have the capacity to inspire, provoke, and ignite change. Such is the essence of the book **Nclex Cheat Sheet 2014**, a literary masterpiece that delves deep to the significance of words and their impact on our lives. Published by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we shall explore the book is key themes, examine its writing style, and analyze its overall affect readers.

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