

PEDIATRIC HEAD TO TOE ASSESSMENT

THE INFANT (FROM 1 TO 12 MONTHS OF AGE)

PHYSICAL GROWTH

1. **Weight:** most rapid physical growth in infancy; the best measure of growth
 - a. Weight gain of 1 to 1½ lbs/month during the first 6 months, doubling of birth weight at 6 months
 - b. Weight gain of ½ to ¾ lb/month from 7th to 12th month, tripling of birth weight at 1 year
2. **Length:** increase by 50% by 1 year
3. **Head Circumference**
 - a. At birth, the head circumference (HC = 33 to 35 cm) is greater than the chest circumference (C/C = 31 to 33)
 - b. HC grows at a rate of 0.5 to 1 inch per month
 - HC equals CC at 1 year
 - c. HC increase of greater than 1 inch per month is a danger sign of hydro-cephalus
4. **Fontanels**
 - a. Posterior fontanel (smaller triangular-shaped, also termed lambda) closes at 2 to 3 months
 - b. Anterior fontanel (bigger, diamond-shaped, also termed bregma) closes at 12 to 18 months. (Usually close at 18 months)
5. **Vision**
 - a. Newborns see only gross patterns of light or bright colors
 - b. At 3 months: can follow moving objects 180 degrees
 - c. At 4 months: infant can recognize his/her mother and familiar objects
 - d. At 6 months: infant can perceive colors
 - e. After 9 months: infant can recognize facial characteristics and often smiles in response to the sight of a familiar face
 - f. At 12 months: Depth perception has developed and infant may recognize where a change in level occurs (e.g. at the edge of the bed)
6. **Teething**
 - a. At 6 to 7 months: the lower central incisors – the first deciduous teeth or temporary or milk teeth erupts
 - b. At 12 months: complete incisors and 2 lower lateral incisors)

PSYCHOSOCIAL SKILLS

- 1 month: smiles indiscriminately
- 2 months: smiles socially
- 3 months: shows interest in the environment
- 4 months: recognizes mother, the most significant person to him/her engages in social interactions/demands attention/shows excitement
- 5 to 6 months: recognizes parents, enjoys plays
- 7 to 8 months: fears strangers and cries in their presence (peak at 8 months)
- 9 to 10 months: shows beginning separation anxiety
- 10 to 12 months: shows emotions, begins to explore environment

SIGNIFICANT DEVELOPMENT MILESTONE IN INFANCY

1 month <ul style="list-style-type: none"> • Head lags • Lift head for short periods, intermittently when prone • Early crawling movements • Follows moving objects to midline of vision • Smiles indiscriminately
2 months <ul style="list-style-type: none"> • Posterior fontanel closes • Rolls from side to back • Social smile appears • Holds rattle briefly • Begins to follow moving objects to sides • Head lags when pulled to a sitting position
3 months <ul style="list-style-type: none"> • Holds head erect and steady when held on sitting position

Sample Pediatric Head To Toe Assessment Documentation

Ellen M. Chiocca



Sample Pediatric Head To Toe Assessment Documentation:

Pediatric Education for Prehospital Professionals Ronald A. Dieckmann, 2006 Pediatric Education for Prehospital Professionals PEPP represents a comprehensive source of prehospital medical information for the emergency care of infants and children

Advanced Pediatric Assessment Ellen M. Chiocca, 2024-10-29 Third Edition AJN Book of the Year Award Winner Child Health This acclaimed text delivers the specialized knowledge and skills required for in depth physical and psychosocial assessment and treatment of children from birth through adolescence Comprehensive and detailed it emphasizes the unique anatomic and physiologic differences between infants children and adults and underscores the need for a distinct approach to the pediatric population The fourth edition is updated with a unique chapter on diagnostic reasoning along with new content on this topic throughout Also included is a new section on the pediatric telehealth visit and discussion of the clinical impact of the pandemic on the physical and psychological assessment of pediatric patients New case studies and critical thinking exercises for each chapter illuminate content along with abundant four color photograph and images The text is written with a level of depth that makes it ideal both as a text for advanced practice nursing students and as a reference for practicing pediatric healthcare providers It encompasses the physical psychosocial developmental and cultural aspects of child assessment Detailed tables list normal growth and developmental milestones as well as developmental red flags and developmental screening tools New to the Fourth Edition A fully revised chapter on mental health assessment of children A new section on providing Trauma Informed Care to children A revised chapter on diagnostic reasoning and clinical decision making along with new diagnostic reasoning content throughout Content on the pediatric telehealth visit Focus on the clinical impact of the pandemic on the physical and psychosocial assessment of pediatric patients Key Features Organized by body system to aid in speedy information retrieval Examines the unique anatomic and physiologic differences among infants children and adults Addresses family developmental nutritional and child mistreatment assessment Describes in detail helpful communication techniques when working with children of different developmental levels Incorporates current screening and health promotion guidelines Offers a specific chapter on the diagnostic process and formulating pediatric differential diagnoses

Pediatric Education for Prehospital Professionals (PEPP) American Academy of Pediatrics (AAP), 2013-08-28 PEPP is designed to give prehospital professionals the education skills and confidence they need to effectively treat pediatric patients Developed by the American Academy of Pediatrics PEPP specifically teaches prehospital professionals how to better assess and manage ill or injured children Important Notice The digital edition of this book is missing some of the images or content found in the physical edition

Advanced Pediatric Assessment, Third Edition Ellen M. Chiocca, 2019-08-28 Underscores the unique health needs of children at different ages and developmental stages This is the only text reference book to deliver the specialized knowledge and skills needed to accurately assess children during health and illness Comprehensive and detailed it emphasizes the unique anatomic and

physiologic differences among infants children and adults The third edition features updated clinical practice guidelines clinical decision making formulating differential diagnoses and evidence based practice It newly addresses toxic stress and trauma informed care and child witnesses to violent acts Additionally the book provides several new features facilitating quick access to key information along with new instructor and student resources Using a body system that highlights developmental and cultural considerations the text examines the physical and psychosocial principles of growth and development with a focus on health promotion and wellness Especially useful features include a detailed chapter on helpful communication techniques when assessing children of various ages and developmental levels a chapter on the assessment of child abuse and neglect over 280 photos and charts depicting a variety of commonly encountered pediatric findings and sample medical record documentation in each chapter New to the Third Edition Now in full color Now includes NEW instructor resources Power Points Test Bank 4 color Image Bank Updated clinical practice guidelines Clinical decision making formulating differential diagnoses and evidence based practice Immigrant and refugee health Toxic stress and trauma informed care Child witnesses to violent acts Content outline at the beginning of each chapter Call out boxes summarizing key information Summary boxes on essential areas of physical exams Key Features Focuses exclusively on the health history and assessment of infants children and adolescents Describes the unique anatomic and physiologic differences among infants children and adults Provides comprehensive and in depth information for APN students and new practitioners Addresses family developmental nutritional and child mistreatment assessment Includes clinical practice guidelines for common medical conditions Incorporates up to date screening and health promotion guidelines

Advanced Pediatric Assessment, Second Edition Ellen M. Chiocca, 2014-12-18 Now in its second edition *Advanced Pediatric Assessment* is an in depth current guide to pediatric focused assessment addressing the unique anatomic and physiological differences among infants children and adults as they bear upon pediatric assessment The second edition is updated to reflect recent advances in understanding of pediatric assessment for PNs FNs and other practitioners as well as students enrolled in these advance practice educational programs This includes a new chapter on the integration of pediatric health history and physical assessment a Notable Clinical Findings section addressing abnormalities and their clinical significance at the end of each assessment chapter updated clinical practice guidelines for common medical conditions updated screening and health promotion guidelines and summaries in each chapter Based on a body system framework which highlights developmental and cultural considerations the guide emphasizes the physical and psychosocial principles of growth and development with a focus on health promotion and wellness Useful features include a detailed chapter on appropriate communication techniques to be used when assessing children of different ages and developmental levels and chapters on assessment of child abuse and neglect and cultural considerations during assessment The text presents nearly 300 photos and helpful tables and boxes depicting a variety of commonly encountered pediatric physical findings and sample medical record documentation in each

chapter NEW TO THE SECOND EDITION A chapter on the integration of pediatric health history and physical assessment
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 Accompanying student case study workbook to be purchased separately KEY FEATURES Focuses exclusively on the health
 history and assessment of infants children and adolescents Provides the comprehensive and in depth information needed by
 APN students and new practitioners to assess children safely and accurately Includes family developmental nutritional and
 child mistreatment assessment Addresses cultural competency including specific information about the assessment of
 immigrant and refugee children Fosters confidence in APNs new to primary care with children Ellen M Chiocca MSN CPNP
 APN RNC NIC is a clinical assistant professor in the School of Nursing at DePaul University She received a master of science
 degree in nursing and a postmaster nurse practitioner certificate from Loyola University Chicago and a bachelor of science
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 reviewer for the journal Neonatal Network She is currently pursuing a PhD in nursing

Basic Life Support Provider:
Pediatric Education for Prehospital Professionals ,2009-10-05 Basic Life Support Provider Pediatric Education for
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Introduction to Maternity & Pediatric Nursing in Canada E-Book Gloria Leifer,Lisa Keenan-Lindsay,2019-09-06 NEW Fully
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Introduction to Maternity & Pediatric Nursing - E-Book Gloria Leifer, 2013-11-28 Part of the popular LPN Threads series Introduction to Maternity Pediatric Nursing provides a solid foundation in obstetrics and pediatric nursing An easy to follow organization by developmental stages discussion of disorders by body system from simple to complex and health to illness and a focus on family health make it a complete guide to caring for maternity and pediatric patients Written in a clear concise style by Gloria Leifer MA RN this edition reflects the current NCLEX test plan with additional material on safety health promotion nutrition and related psychosocial care Cultural Considerations boxes and a Cultural Assessment Data Collection Tool help in developing individualized plans of care Updated health promotion content includes Health Promotion boxes focusing on preventive strategies for achieving prenatal wellness health during pregnancy postnatal health and pediatric illness prevention and wellness including the complete immunization schedules for all ages Nursing Tips provide information applying to the clinical setting Objectives are listed in each chapter opener Key terms include phonetic pronunciations and text page references at the beginning of each chapter Nursing Care Plans with critical thinking questions help you understand how a care plan is developed how to evaluate care of a patient and how to apply critical thinking skills A companion Evolve website includes animations videos answers to review questions and answer guidelines for critical thinking questions an English Spanish audio glossary critical thinking case studies and additional review questions for the NCLEX examination

Care of the Obese in Advanced Practice Nursing Lisa L. M. Maher, 2015-12-02 The first book to provide APNs with the tools to effectively treat obese patients This book is the first resource to give the APN the practical tools with which to communicate assess and treat obese patients Designed to help APNs to easily broach an uncomfortable topic the book walks practitioners through the exam providing tips on effective communication understanding lifestyle constraints and working with the patient to improve their condition without shame Emphasizing multidisciplinary approaches and evidence based treatment the book addresses prevention provider recognition and treatment of adult and pediatric obesity with the goal of improving overall quality of life The resource offers practical information on diet and exercise that foster healthy weight loss along with psychological pharmacological and surgical recommendations Effective tips on all facets of working with obese patients bolstered with real life examples that provide the patient s perspective help APNs understand and provide a better quality of care to these vulnerable patients Additionally the

book includes substantial information on comorbidities which add to the complexity of obesity treatment Chapters address current trends and causes of obesity communication dos and don ts the technical aspects of obesity including genetics and pathophysiology obesity as an addiction eating disorders assessment from the APN point of view disease management pharmacological surgical and medical management and costs and insurance coverage Several tools that can be used to enhance clinical practice are featured in the Appendix Key Features Written specifically for the Advanced Practice Nurse Covers all facets of communication with assessment of and treatment of obese patients Includes case studies and treatment plans from a nursing perspective Highlights a multidisciplinary approach Includes effective tips photographs and real life examples that illustrate the patient s perspective

Health Assessment for Nursing Practice - E-Book Susan Fickertt Wilson, Jean Foret Giddens, 2012-10-01 NEW Adapting Health Assessment to an Ill Patient chapter explains special techniques for performing a head to toe assessment of a patient in a hospital setting illustrated with a series of new examination photos UNIQUE Case Studies with Clinical Reasoning Questions strengthen your critical thinking skills with algorithms focusing on noticing interpreting and responding NEW and UNIQUE Quality and Safety Competencies for Nurses QSEN tables address assessment competencies related to patient centered care teamwork and collaboration evidence based practice quality improvement safety and informatics Health Promotion for Evidence Based Practice boxes outline new Healthy People 2020 objectives and include thorough discussions of recommendations for health promotion and reducing risk Ethnic Cultural and Spiritual Variations boxes help you anticipate the unique needs of a multicultural patient population Newly combined Health Assessment Across the Life Span unit contains four separate chapters that cover all lifespan content including older adults pregnant patients and infants children and adolescents NEW Synthesis and Application of Health Assessment unit details how to conduct document and adapt the head to toe assessment

Children and Young People's Nursing Skills at a Glance Elizabeth Gormley-Fleming, Deborah Martin, 2018-04-30 Children and Young People s Nursing Skills at a Glance is the perfect companion for study and revision for pre registration children s nursing students Highly visual each clinical skill is covered in a two page spread with superb colour illustrations accompanied by clear informative text Providing up to date evidence based information on a wide range of clinical skills that are required by today s children s nurses this comprehensive and accessible text makes it easy for the reader to grasp the fundamentals in order to meet the care needs of the child and family both in the hospital and community setting Structured around the key systems of the body the book is divided into sixteen sections and covers all the essential clinical skills including Principles of assessment Communication Record keeping Drug calculations and administration Safeguarding Care planning Respiratory and cardiac care Gastrointestinal care ECG reading and interpretation Neurological assessment Musculoskeletal care Aimed at both student nurses and those newly qualified Children and Young People s Nursing Skills at a Glance provides need to know rapid information to ensure safe and effective clinical practice

Applied Knowledge in Paediatrics: : MRCPCH Mastercourse - E-Book Dr. Martin Hewitt, Dr.

Roshan Adappa,2022-08-10 The essential guide to passing the MRCPCH Applied Knowledge in Practice AKP exam Closely aligned to the Royal College of Paediatrics and Child Health RCPC theory examination syllabus and also reflective of current UK practice Applied Knowledge in Paediatrics will leave the reader with a sound knowledge of all the core topics relevant to paediatrics and child health It will also provide a useful study aid for those undertaking the MRCPCH Applied Knowledge in Practice examination The book covers how and why illnesses develop in children and young people the appropriate investigations and treatment required the urgency of implementation and the impact of the disease process on the child and their family This comprehensive text is edited by Dr Martin Hewitt a Senior Theory Examiner for the AKP examination and Dr Roshan Adappa a Senior clinician and postgraduate trainer with expert input from more than 60 paediatric specialists 33 chapters provide comprehensive information of all areas of paediatric practice Directly aligned to the Applied Knowledge in Practice syllabus and examination 50 sample questions along with answers and reasoning explaining each of the answer options Chapter on how to prepare for the RCPCH AKP examination Clinical scenarios in each chapter outlining difficult clinical problems and proposed management plans Clinical images to aid understanding Level of detail to support clinical practice of paediatricians with 12 18 months experience **Examination Paediatrics** Wayne Harris,2017-09-28 Examination Paediatrics is an essential guide for medical trainees undertaking paediatric clinical examinations Aligned with current practice and examination format this new edition provides guidance on history taking examination procedure relevant investigations and management for the majority of chronic paediatric clinical problems encountered in paediatric hospital practice and community paediatric practice Extended cardiology focus with over 50 colour images Catchy mnemonics to aid recall 5 new long cases including hypopituitarism neurofibromatosis type 1 and Rett syndrome 8 new short cases including lymphadenopathy ataxia and nystagmus Tips on body language attitude and the motivation needed to pass your clinical exams *Principles and Practice of Pediatric Anesthesia* H Snehalata Dhayagude,M Nandini Dave,2016-05-28 This book provides a detailed overview of techniques in paediatric anaesthesia Beginning with the basic principles of child anatomy growth and development the following section explains general principles of anaesthetising a child from preoperative evaluation and induction to monitoring pain assessment ventilation strategies and transfusion therapy The book covers anaesthesia for numerous sub specialties including neonatal surgery ENT procedures dentistry liver disease thoracic surgery ophthalmic procedures and much more The final sections describe special circumstances and complications and associated topics such as safety and quality and ethical issues Comprehensive appendices provide an index of syndromes and anaesthetic implications a paediatric drug index quick reference tables and formulae and a photo gallery Key points Presents overview of techniques in paediatric anaesthesia Covers numerous sub specialties special circumstances and complications Discusses associated topics including safety and quality and ethical issues Comprehensive appendices provide indexes of syndromes anaesthetic implications and drug dosages as well as quick reference tables and a photo

gallery **Guide to Clinical Documentation** Debra D Sullivan, 2018-07-25 Understand the when why and how Here's your guide to developing the skills you need to master the increasing complex challenges of documenting patient care Step by step a straightforward how to approach teaches you how to write SOAP notes document patient care in office and hospital settings and write prescriptions You'll find a wealth of examples exercises and instructions that make every point clear and easy to understand **Emergency Medical Responder (Canadian Edition) includes Navigate Advantage Access** American Academy of Orthopaedic Surgeons (AAOS), Paramedic Association of Canada, 2019-12-27 Emergency Medical Responder is an essential training program that fully meets the newly developed National Occupational Competency Profile for Emergency Medical Responders NOCPs This comprehensive text addresses the entire NOCPs with clarity and precision in a format that ensures student comprehension and encourages critical thinking Concepts of team leadership and professionalism are woven throughout the chapters challenging students to become compassionate conscientious health care professionals as well as superior clinicians Current State of the Art Medical Content Emergency Medical Responder includes in depth coverage of anatomy physiology and pathophysiology to form an advanced understanding of the human body and disease processes expected of today's emergency medical responder Detailed precise illustrations clearly depict the anatomy and processes covered in each chapter Clear Approach to Patient Assessment and Management Emergency Medical Responder teaches and reinforces the concept of patient assessment ensuring that students understand patient assessment as an integrated process the way that providers actually practice it in the field The steps of the patient assessment process are reinforced within the context of the illnesses or injuries discussed in the chapter Illustrated skill drills highlight the critical steps of the patient management skills explained throughout the text Dynamic Technology Solutions Access to Navigate online learning materials including an interactive eBook student practice activities and assessments sample course plans and additional chapters covering Rescue operation terrorism response CBRNE and hazardous materials events crime scene awareness Patients with special needs Acute interventions for chronic care patients Medical incident command 2021 1008 pages **Health Assessment for Nursing Practice - Pageburst E-Book on VitalSource** Susan F Wilson, Jean Foret Giddens, 2012-10-01 Straightforward easy to understand coverage gives you the knowledge and confidence you need to perform a complete physical examination Clear differentiation between basic skills and advanced procedures or special circumstances helps you pinpoint essential content Unique two column format provides you with a visual distinction between normal and abnormal findings and techniques Vivid color photos walk you step by step through key skills and procedures UNIQUE Concept Overview sections present core concepts in the context of health assessment with discussions on pain oxygenation perfusion tissue integrity motion sensory perception metabolism and intracranial regulation UNIQUE Clinical Reasoning Thinking Like a Nurse boxes explain the thought process of an experienced nurse making a clinical decision to help you gain perspective on clinical judgment and the decision making process UNIQUE Patients with Situational Variations

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Rural and Other Medically Underserved Populations, An Issue of Nursing Clinics of North America 50-3 JoAnn S. Oliver, 2016-07-27 This issue will address health care issues and clinical implications of rural and other medically underserved priority populations The Agency for Health Care Research and Quality identified priority populations to include rural residents racial and ethnic minorities low income groups women children older adults and other individuals who may require chronic care The editors identified a need for articles focusing on priority populations to help further understand health implications of health disparities among specific populations A main focus is on identifying useful clinically focused strategies to address racial ethnic and socioeconomic differences that are relevant and influence overall healthcare access and quality of life The articles will provide clinicians and other consumers of Nursing Clinics of North America with a diverse and unique perspective on an array of clinically relevant and population focused topics Some example topics included are Tailoring interactive multimedia to improve diabetes self management Addressing mental and physical health among older adults Using mobile devices to access evidence based information in a rural setting Identifying family history and development of risk factors for diabetes among underserved preschool children Addressing smoking cessation Cancer screening issues Cardiovascular health and Obesity

Clinical Nursing Skills and Techniques - E-Book Anne G. Perry, Patricia A. Potter, Wendy R. Ostendorf, 2017-01-16 NEW Clinical Debriefs are case based review questions at the end of each chapter that focus on issues such as managing conflict care prioritization patient safety and decision making NEW Streamlined theory content in each chapter features a quick easy to read bullet format to help reduce repetition and emphasize the clinical focus of the book NEW Sample documentation for every skill often includes notes by exception in the SBAR format NEW SI units and using

generic drug names are used throughout the text to ensure content is appropriate for Canadian nurses as well

Maternal-Child Nursing Care Optimizing Outcomes for Mothers, Children, & Families Susan Ward, Shelton Hisley, 2015-06-03 It offers the perfect balance of maternal and child nursing care with the right depth and breadth of coverage for students in today's maternity/pediatric courses. A unique emphasis on optimizing outcomes, evidence-based practice, and research supports the goal of caring for women, families, and children not only in traditional hospital settings but also wherever they live, work, study, or play. Clear, concise, and easy to follow, the content is organized around four major themes: holistic care, critical thinking, validating practice, and tools for care that help students to learn and apply the material.

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