

Some Examples of Personal Profiles

- I am an experienced joiner with well developed skills and experience in groundwork, concrete finishing and steel fixing and have worked in the construction industry since 1982. I am also a skilled labourer who has supported many different trades over the years. I have a full clean UK driving licence with entitlement of up to 7.5 tonne. I am keen to return to work after a period of training and personal development which has broadened my skills and experiences.
- I am a flexible and experienced insurance administrator with excellent time management skills. I am a good communicator with proven inter personal skills and am used to working in a team whilst also being capable of using own initiative. I am skilled in dealing with problems in a resourceful manner and negotiating to achieve beneficial agreement. I am always enthusiastic to learn and undertake new challenges.
- I am a professionally qualified fire engineer with 7 years experience. I have recently achieved RTITB accreditation in the use of Counterbalance fork lift trucks and I am seeking employment that will make best use of my skills and allow me to develop them further. I am determined and enthusiastic, I have developed good planning & organisational skills and am confident working independently or as part of a team. I am flexible regarding working hours and am able to work a range of shifts.
- I am a hardworking, honest individual. I am a good timekeeper, always willing to learn new skills. I am friendly, helpful and polite, have a good sense of humour. I am able to work independently in busy environments and also within a team setting. I am outgoing and tactful, and able to listen effectively when solving problems.
- I am a punctual and motivated individual who is able to work in a busy environment and produce high standards of work. I am an excellent team worker and am able to take instructions from all levels and build up good working relationships with all colleagues. I am flexible, reliable and possess excellent time keeping skills.
- I am an enthusiastic, self-motivated, reliable, responsible and hardworking person. I am a mature team worker and adaptable to all challenging situations. I am able to work well both in a team environment as well as using own initiative. I am able to work well under pressure and adhere to strict deadlines.
- I am a dedicated, organized and methodical individual. I have good interpersonal skills, am an excellent team worker and am keen and very willing to learn and develop new skills. I am reliable and dependable and often seek new responsibilities within a wide range of employment areas. I have an active and dynamic approach to work and getting things done. I am determined and decisive. I identify and develop opportunities.
- I'm a nice fun and friendly person, I'm honest and punctual, I work well in a team but also on my own as I like to set myself goals which I will achieve, I have good listening and communication skills. I have a creative mind and am always up for new challenges. I am well organized and always plan ahead to make sure I manage my time well.

Sample Of A Profile Paper

Karin Wåhlén



Sample Of A Profile Paper:

The pain profile in fibromyalgia Karin Wåhlén, 2020-11-04 Chronic widespread pain CWP including fibromyalgia FM is a complex pain condition where little is known about the molecular mechanisms contributing to its pathophysiology. To date there are no established biomarkers for CWP FM. This thesis has investigated potential molecular mechanisms and biomarkers in blood for chronic pain in women with CWP FM. Furthermore, investigations are made to evaluate whether common pain characteristics such as pain intensity, sensitivity, and psychological distress in CWP FM are correlated with specific proteins in blood. The pain profile of CWP FM, which includes the plasma proteome and clinical characteristics, is analyzed using proteomics, advanced multivariate statistics, and bioinformatics. The results from paper I, III, and IV indicate that there are prominent systemic changes related to immunity, inflammation, and metabolic processes in women with CWP FM compared to healthy controls. Furthermore, paper II and III show that in CWP FM, pain intensity is related to protein profiles involved in immunity processes, psychological distress with metabolic and immunity processes, and pain sensitivity with inflammatory processes. In paper IV, the plasma proteome is investigated before and after a 15-week resistance exercise intervention in FM and healthy controls. Both at baseline and post-exercise in FM and controls, prominent protein alterations are found that are involved in immunity, stress, mRNA stability, and muscle structure development. Exercise seems to influence clinical characteristics and circulating proteins in FM. Furthermore, a specific plasma proteome profile is found related to grade of chronification, pain sensitivity, and improved muscle force of the quadriceps muscle. To summarize, the results from this thesis suggest that in CWP FM, there might be a dysregulation in the biological processes involved in the immune system and metabolic processes, which are tightly linked to several proteins in the complement system and blood coagulation cascade. These results shed light on potential ongoing mechanisms involved in the pathophysiology of the complex pain condition CWP FM. This type of biomarker research has a large potential in increasing knowledge about mechanisms involved in CWP FM and can hereby open for better clinical understanding and management of this and other chronic pain states. The clinical value of collecting a blood sample and measuring stable pain mechanism markers in combination with evaluation of anamnesis and clinical examination would in the future help clinicians and patients receive a faster and more precise diagnosis and ultimately better treatment strategies.

Långvarig smärta har blivit vanligare bland befolkningen och idag ett stort hälsoproblem. Ca 1 av 10 drabbas av generaliserad smärta engelska chronic widespread pain CWP dvs smärta spridd över hela kroppen. Fibromyalgi FM som ingår i CWP drabbar ca 1-4% av befolkningen och är vanligare bland kvinnor än män. Det är vanligt att personer med CWP FM utöver sin spridda smärta även upplever till exempel sömnsvårigheter, depression, nedsatt smärtskänslighet och stelhet av muskler och leder. Symtomen har i sin tur stor påverkan på arbetsförmåga, hälsa och livskvalitet. Idag råder bakomliggande orsakerna för CWP FM fortfarande ofullständigt kartlagda och det finns inga markörer som på ett objektivt sätt kan fastställa diagnosen. Syftet med denna avhandling är att undersöka hur proteiner i blod skiljer sig mellan kvinnor med CWP FM

och friska kvinnliga kontroller Vidare har syftet varit att undersöka om kliniska variabler till exempel smärtintensitet, smärtskylighet och psykologisk belastning näst depression har ett samband med proteinmängder i blod Slutligen har effekten av ett 15 veckors träningsprogram och dess påverkan på proteiner i blod samt kliniska variabler hos kvinnor med FM och friska kontroller analyserats I studie I, III och IV studerades proteinmängd i blod mellan CWP FM och kontroller Resultatet visade att flertalet proteiner kunde urskilja CWP FM gruppen från kontrollerna Dessa proteiner var involverade i flertalet förlöpp i kroppen bland annat inflammation, metabolism och immunförsvar I studie II och III undersöktes om det funna proteinmängd i blod hade något samband med smärtintensitet, smärtskylighet och psykologisk belastning hos denna specifika CWP FM grupp Resultatet visade att det fanns ett specifikt proteinmängd kopplat till respektive undersökt variabel Smärtintensitet var relaterat till proteiner involverade i immunförsvar, smärtskylighet var relaterat till proteiner inom inflammation och psykologisk belastning var relaterat till proteiner inom metabolism och immunförsvar I studie IV studerades proteinmängd i blod före och efter 15 veckors styrketräning hos FM samt friska kontroller Resultaten visade att det fanns förändringar i specifika proteiner involverade i flertalet förlöpp i kroppen bland annat stressprocesser för muskelstrukturutveckling samt immunförsvar Vidare sågs även ett specifikt mängd av proteiner som kunde relateras till smärtans varaktighet dvs hur länge man levde med smärta, smärtskylighet samt förbättrad muskelstyrka i lårmuskeln Styrketräning visade sig ha en positiv effekt på flera av de rapporterade symptomen hos FM gruppen och till viss del påverkades även proteinmängd i blodet Sammanfattningsvis har studierna i denna avhandling visat att i denna specifika CWP FM grupp finns skillnader i proteinmängd i blod jämfört med friska kontroller Det funna proteinmängd är förmodligen involverat i olika förlöpp inom blodkoagulation samt olika komponenter kopplade till immunförsvaret Genom identifieringen av dessa specifika proteinmängd i blodet hos CWP FM kan det bidra till ökad förståelse av bakomliggande sjukdomsmekanismer hos denna patientgrupp Detta kan i framtiden bidra till underlättandet av diagnosticering, behandling, rehabilitering och slutligen skapa kliniska verktyg i form av smärtskylmarkörer vid utredning av olika långvariga smärttillstånd

Analytical Profile of the Resin Spot Test Method Vladimir Grdinic, 2018-05-04 The working title of the book was The Detection of Analytes by the Resin Spot Tests Method Firstly we decided to sort out all published qualitative methods systematically against analytes We were not discouraged by the obstacles such as the study of a great number of papers published in Japanese the difficulty in locating especially older publications or the time required Still having in mind not to burden unnecessarily the volume of the book we dismissed the idea of systematically listing all the procedures in detail Nevertheless a relatively large number of them found a place in the book and perhaps this will contribute to the stirring of spontaneous interest in this technique in the ranks of applied chemists and others who a priori shun the technique *Manual for Resident Engineers* Frederic Albert Molitor, Edward James Beard, 1908 **Surface Analysis of Paper** Terrance E. Connors, Sujit Banerjee, 2020-04-15 First published in 1995 Surface Analysis of Paper examines surface analysis techniques from a paper industry perspective and places heavy emphasis on applications Modern

techniques including ion mass spectrometry infrared spectroscopy and optical profilometry are reviewed in a straightforward manner This new book provides details on widely used methods and instruments and discusses how they can be used to attain for example contour maps of the microscopic constituents on paper surfaces and accurate analyses of the physical properties of paper Organized into three sections Surface Analysis of Paper provides thorough coverage of the physical characteristics of paper and a clear picture of new and emerging analytical methods Carefully chosen background material on fundamental concepts is included wherever such material assists in understanding the uses of analysis methods Each chapter contains An introduction A description of the technique A discussion of the type of information that can be obtained with the particular technique Practical examples to demonstrate the advantages of the technique

Proceedings of the City Council of the City of Minneapolis ,1909 **The Running-In Process in Tribology** D. Dowson,C.M. Taylor,M. Godet,2016-10-27 The Running In Process in Tribology is a collection of papers presented during the 8th Leeds Lyon Symposium on Tribology held in the Institut National des Sciences Appliquées de Lyon France in September 1981 The symposium was attended by 87 delegates from 13 countries which showed a great level of interest on the scientific and industrial problems of running in Twenty eight papers are presented in the book covering basic thermodynamics mechanics of continuous solids metallurgy polymers profilometry and surface physics Major topics such as elastohydrodynamics roughness and thermal effects in tribology are discussed as well Mechanical engineers and materials scientists will find the book very insightful

Mental Health Demographic Profile System Description Beatrice M. Rosen,1975 *Intelligent Systems Technologies and Applications 2016* Juan Manuel Corchado Rodriguez,Sushmita Mitra,Sabu M. Thampi,El-Sayed El-Alfy,2016-09-19 This book constitutes the thoroughly refereed proceedings of the second International Symposium on Intelligent Systems Technologies and Applications ISTA 16 held on September 21-24 2016 in Jaipur India The 80 revised papers presented were carefully reviewed and selected from 210 initial submissions and are organized in topical sections on image processing and artificial vision computer networks and distributed systems intelligent tools and techniques and applications using intelligent techniques

Draft Toxicological Profile for Hydrogen Sulfide ,2004 Planning & Design of Open Channels United States. Soil Conservation Service. Engineering Division,1964 *Proceedings of the City Council of the City of Minneapolis* Minneapolis (Minn.). City Council,1909 **Catalogue & Price List of Eugene Dietzgen Co., Manufacturers of Drawing Materials and Surveying Instruments** Eugene Dietzgen Co,1911 Toxicological Profile for Hydrogen Sulfide ,2006 **Proceedings of the ... Annual Convention of the American Railway Engineering and Maintenance-of-Way Association** American Railway Engineering and Maintenance-of-Way Association,1906 **Bulletin - American Railway Engineering Association** American Railway Engineering and Maintenance of Way Association,1906 Vols for 19 include the directory issue of the American Railway Engineering Association *Bulletin - American Railway Engineering Association* American Railway Engineering Association,1906 **Proceedings of the Annual Convention of**

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