# Substance Abuse Treatment Plan

Patient Information						
First Name	Last Name		Date of Birth		Patient Identifier (if known)	
Gender	Preferred Pronouns		Email		t Number	
Diagnosis						
Problem	Indicators		ICD-10 Code (optional)		Note	
7						
	-					
	1	Medication	(s)			
Medication Name	Dose Frequenc		Date Started Indication		ndication	
			1 1			
	11 t	Goals				
Short Term Goals	erm Goals Objectives		Interventions + Responsible Person(s)		Target Date for Completion	
	1	-				
				-		
Notes:			l.			

# **Sample Substance Abuse Treatment Plan Form**

Michael J. McCann, Jeanne L. Obert

#### **Sample Substance Abuse Treatment Plan Form:**

Fundamentals of Psychiatric Treatment Planning James A. Kennedy, 2008-05-20 First published in 1992 Fundamentals of Psychiatric Treatment Planning outlines an approach that guickly became the definitive standard for writing treatment plans Developed by clinical psychiatrist James A Kennedy this practical intuitive method organizes psychiatric problems into seven categories psychological impairment social skills violence activities of daily living substance abuse medical impairment and ancillary impairment Treatment plans are developed using information gathered with the Kennedy Axis V an instrument that has proven more successful than both the Global Assessment of Functioning GAF scale and the Brief Psychiatric Rating Scale BPRS in establishing baselines and determining outcome measures Fundamentals of Psychiatric Treatment Planning serves as a powerful highly effective tool that Promotes a cohesive approach By using a consistent approach to planning the clinical team works in concert toward uniform goals and outcomes Helps staff gather critical information to improve outcomes For establishing baselines and determining outcome measures the Kennedy Axis V instrument has proven more successful than both the GAF and the BPRS Includes many examples to help staff write their own plans Rich with real life examples to guide staff including problem names and descriptions treatment modalities and samples of individual plans for each of the seven problem categories In addition to the Kennedy Axis V questionnaire Fundamentals of Psychiatric Treatment Planning includes blank forms for treatment planning and tabbed sections to allow for quick reference New features in the second edition include the integration of nursing care plans into master treatment plans new systematic steps for building goals and modalities refinements to the questionnaire and the introduction of online support via the author's website With its readily adaptable uniform approach to a complex subject Fundamentals of Psychiatric Treatment Planning Second Edition is a powerful highly effective planning tool for all members of the clinical staff *Integrated Treatment for Dual Disorders Kim* T. Mueser, Douglas L. Noordsy, Robert E. Drake, Lindy Fox Smith, 2015-05-18 This comprehensive clinical handbook provides virtually everything needed to plan deliver and evaluate effective treatment for persons with substance abuse problems and persistent mental illness From authors at the forefront of the dual disorders field the book is grounded in decades of influential research Presented are clear guidelines for developing integrated treatment programs performing state of the art assessments and implementing a wide range of individual group and family interventions Also addressed are residential and other housing services involuntary interventions vocational rehabilitation and psychopharmacology for dual disorders Throughout the emphasis is on workable ways to combine psychiatric and substance abuse services into a cohesive unitary system of care In a convenient large size format the volume includes reproducible assessment forms treatment planning materials and client handouts Evidence-Based Addiction Treatment Peter M. Miller, 2009-07-08 Evidence Based Addiction Treatment provides a state of the art compilation of assessment and treatment practices with proven effectiveness A substantial body of evidence is presented to provide students academics and clinicians with specific science based treatments

that work The book includes contributions by well known researchers on addiction treatment and explicit case examples Written at a level appropriate for a variety of audiences research studies are discussed but highly sophisticated knowledge in research methodology is not required Treatments that work Explicit case examples Contributions by well known researchers on addiction treatment Simple ways to evaluate treatment effectiveness **Essentials of Treatment Planning Mark E.** Maruish, 2002-11-08 A practical guide to effective treatment planning Expert advice includes case examples callout boxes and TestYourself guestions Conveniently formatted for rapid reference Improve patient care through better treatment planning and monitoring Essentials of Treatment Planning presents a clear and concise approach to the development and use of treatment plans inbehavioral health care settings This nuts and bolts guide coverssuch essential material as the role and benefits of treatmentplanning in a clinical setting methods for conducting comprehensive patient assessments the use of assessmentinformation to develop the basis of individual treatment plans and strategies for ongoing evaluations and revisions of treatment plans Essentials of Treatment Planning guides you in how todevelop and use treatment plans to strengthen the entire treatmentprocess An important component in documentation accuratetreatment plans provide such benefits as meeting the accountability requirements of managed behavioral health careorganizations allowing for more efficient coordination of carewith other health care professionals and facilitating bettercommunication with outside reviewers Mental health professionals may gain the additional security of protection from certain types of litigation As part of the Essentials of Mental Health Practiceseries this book provides the information mental healthprofessionals need to practice knowledgeably efficiently andethically in today s behavioral health care environment Eachconcise chapter features numerous callout boxes highlighting keyconcepts bulleted points and extensive illustrative material aswell as Test Yourself guestions that help you gauge and reinforceyour grasp of the information covered Therapist's Guide to Substance Abuse Intervention Sharon L. Johnson, 2003-06-07 Author of AP s bestselling Therapist s Guide to Clinical Intervention now turns her attention to substance abuse intervention The book will follow a similar format to her previous book presenting information in easy to read outline form with relevant forms patient questionnaires checklists business documents etc Part I discusses the social impact of substance abuse and provides a general overview of the physiological and psychological characteristics of abuse DSM IV definition of abuse and classifications of the varying types of drugs Part II is the main section of the book and covers assessment different stages of abuse recovery and treatment choices Coverage includes the discussion of myriad self help choices e g AA group therapy brief therapy and more Discussion will also include making a determination of treatment as inpatient or outpatient and issues relevant to special populations teenagers geriatrics comorbidity patients etc Part III presents skill building resources Part IV covers prevention quality assurance and also includes a glossary Outlines treatment goals and objectives Outlines for assessing special circumstances Offers skill building resources to supplement treatment Treatment Plans and Interventions for Depression and Anxiety Disorders Robert L. Leahy, Stephen J. Holland, Lata K.

McGinn, 2011-10-26 This widely used book is packed with indispensable tools for treating the most common clinical problems encountered in outpatient mental health practice Chapters provide basic information on depression and the six major anxiety disorders step by stepinstructions for evidence based assessment and intervention illustrative case examples and practical guidance for writing reports and dealing with third party payers In a convenient large size format the book features 125 reproducible client handouts homework sheets and therapist forms for assessment and record keeping The included CD ROM enables clinicians to rapidly generate individualized treatment plans print extra copies of the forms and find information on frequently prescribed medications. New to This Edition The latest research on each disorder and its treatment Innovative techniques that draw on cognitive behavioral mindfulness and acceptance based approaches Two chapters offering expanded descriptions of basic behavioral and cognitive techniques 47 of the 125 reproducibles are entirely E-Therapy for Substance Abuse and Co-Morbidity John S. Wodarski, Sarah V. new Provided by publisher Curtis, 2014-12-05 This brief provides an overview of the emerging field of Electronic Therapy E Therapy with a specific focus on alcohol and substance abuse Understanding barriers that prevent individuals from seeking necessary mental health treatment is at the center of the development and analysis of practice models of care Geographic location transportation language barriers and other situations contribute to difficulties in obtaining adequate treatment for mental illness E Therapy eliminates these barriers by administering counseling and mental health services through audio or audiovisual means This brief examines E Therapy best practices as they apply to alcohol and substance abuse intervention and prevention

Treatment of Opiate Addiction with Methadone Michael J. McCann, Jeanne L. Obert, 1994 **Review** Robert Holman Coombs, 2004-12-13 This book offers a clear readable comprehensive overview of all the knowledge those training as alcohol and other drug abuse counselors need to pass final examinations in their academic programs and certification or licensing examinations pre practice The Concise Corsini Encyclopedia of Psychology and Behavioral Science W. Edward Craighead, Charles B. Nemeroff, 2004-04-19 Edited by high caliber experts and contributed to by guality researchers and practitioners in psychology and related fields Includes over 500 topical entries Each entry features suggested readings and extensive cross referencing Accessible to students and general readers Edited by two outstanding scholars and clinicians Addiction Counseling Alan Cavaiola, Amanda L. Giordano, Nedeljko Golubovic, 2021-11-10 Equips the upcoming generation of addiction counselors with crucial knowledge to skillfully treat current and future addictions Grounded in leading edge evidence based research this hands on text applies a step by step approach to addictions counseling This book encompasses assessment diagnosis and treatment planning case management and relapse prevention with an incisive focus on process addictions and co occurring disorders The text covers all essential topics as outlined in the gold standard SAMSHA Counselor Training Manual Included are detailed guidelines on how to write succinct treatment plans and conduct effective client sessions case studies role playing exercises and clinical applications to assessment and

diagnosis treatment planning and case management Counselor Perspectives interviews with experienced clinicians working with varied populations throughout the country offer the wisdom of those who have been there Critical topics unique to the book include the role of neuroscience in addiction treatment relapse prevention and advocacy In addition the text offers specific chapters on process addictions and co occurring disorders as well as a separate chapter on multicultural counseling covering gender racial ethnic sexual orientation age religion and disability issues It is also distinguished by an abundance of downloadable forms and documents including screening instruments treatment plan format templates treatment plan examples biopsychosocial assessment forms informed consent forms confidentiality forms case management forms and more Pedagogical elements to help learners process and apply concepts inlcude key terms learning activities discussion questions recommended readings resources and chapter summaries Faculty aides include an instructor s manual with sample syllabi CACREP mapping tools test bank and PowerPoint slides This essential resource will be valued as a primary textbook for any course that focuses on addiction counseling and treatment Purchase includes digital access for use on most mobile devices or computers Key Features Describes a variety of etiological models and how they become a means of assessing biopsychosocial risk factors Delivers step by step guidelines on how to write concise treatment plans and for conducting effective treatment sessions Devotes a chapter to motivational interviewing to promote willingness to change Includes cutting edge research pertaining to neuroscience and its applications and evidence based treatment practices Provides separate chapter on multicultural counseling and substance use disorders among people of diverse races ethnicities genders class ages and spirituality Offers real world insights with Notes from the Field feature Facilitates practical application through role play exercises treatment technique and assessment case examples biopsychosocial assessment guidelines how to provide client feedback and more Includes multiple digital downloadable tools

Substance Use Disorder Treatment for People With Co-Occurring Disorders (Treatment Improvement Protocol) TIP 42 (Updated March 2020) U.S. Department of Health and Human Services, 2020-04-04 This Treatment Improvement Protocol TIP update is intended to provide addiction counselors and other providers supervisors and administrators with the latest science in the screening assessment diagnosis and management of co occurring disorders CODs For purposes of this TIP CODs refer to co occurring substance use disorders SUDs and mental disorders Clients with CODs have one or more disorders relating to the use of alcohol or other substances with misuse potential as well as one or more mental disorders A diagnosis of CODs occurs when at least one disorder of each type can be established independent of the other and is not simply a cluster of symptoms resulting from the one disorder Many may think of the typical person with CODs as having a serious mental illness SMI combined with a severe SUD such as schizophrenia combined with alcohol use disorder AUD Women in Substance Abuse Treatment ,2005 The Massachusetts register, 1991-10-25 "Code of Massachusetts regulations, 1993", 1993 Archival snapshot of entire looseleaf Code of Massachusetts Regulations held by the Social Law Library of Massachusetts as of January 2020 "Code

of Massachusetts regulations, 1992",1992 Archival snapshot of entire looseleaf Code of Massachusetts Regulations held by the Social Law Library of Massachusetts as of January 2020 "Code of Massachusetts regulations, 1991",1991 Archival snapshot of entire looseleaf Code of Massachusetts Regulations held by the Social Law Library of Massachusetts as of January 2020 Treatment Plans and Interventions for Bulimia and Binge-Eating Disorder Rene D. Zweig,Robert L. Leahy,2012-01-18 Highly practical and clinician friendly this book provides evidence based tools for tailoring psychotherapy to the needs of clients with bulimia nervosa or eating disorder not otherwise specified EDNOS including binge eating disorder It offers specific guidance for conducting thorough clinical assessments and conceptualizing each case in order to select appropriate interventions A proven cognitive behavioral treatment protocol is presented and illustrated with a chapter length case example In a convenient large size format the book includes a session by session treatment plan and 20 reproducible forms handouts and worksheets that clinicians can photocopy or download and print for repeated use

Treatment of Opiate Addiction Using Methadone Michael J. McCann, Richard A. Rawson, Jeanne L. Obert, 1995-11 Introduction to Corrections Robert D. Hanser, 2018-11-29 Introduction to Corrections provides a comprehensive foundation of corrections that is practitioner driven and grounded in modern research and theoretical origins This text uniquely illustrates how the day to day practitioner conducts business in the field of corrections in both institutional and community settings Experienced correctional practitioner scholar and author Robert D Hanser shows readers how the corrections system actually works from classification to security to treatment to demonstrating how and why correctional practices are implemented Furthering the reality of the modern correctional experience the Third Edition includes a new chapter on immigration detention centers

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