
Substance Abuse Notes

1. Drug Use – A High-Risk Behavior
 - a. Substance abuse is a prime contributing factor in many homicides, suicides, domestic abuse, absenteeism, and accidents.
 - b. Substance abuse has effects on individuals and on society as a whole
 - c. People abuse drugs for a variety of reasons, none of them are healthful.
 - d. Substance abuse can harm a person's physical, mental, emotional, and social health and even lead to death.
2. Substance Abuse
 - a. When medicines are used in other ways than intended, a problem called **medicine misuse** exists.
 - b. In many cases, medicine misuse results in carelessness – sometimes, however, medicines are misused intentionally.
 - i. People will deliberately take them to achieve a "high"
 - c. **Substance abuse** is any unnecessary or improper use of chemical substances for nonmedical purposes.
 - i. Includes overuse or multiple uses of a drug.
 - d. Not all substances that are abused are medicines.
 - e. **Illegal drugs**, or street drugs, these substances are against the law for people of any age to manufacture, process, buy, or sell.
 - f. Some drugs occur naturally, taking the form of extracts from plants, animals, or minerals.
 - g. Other drugs, called **Synthetic drugs**, are chemical substances produced artificially in a laboratory.
 - h. People who use illegal drugs are guilty of a crime called an **illicit drug**.
 - i. The use or sale of any substances that are illegal or otherwise not permitted
 - i. Illicit drug use includes selling of prescription medicine on the street.
 - j. Even some drugs that are legal for adults, such as alcohol. Are illegal for teens and can cause major health, safety, and social problems.
 - k. For teens, alcohol, nicotine, and marijuana is considered **gateway drugs**.
 - i. Drugs that often lead to other serious and dangerous drug use
3. Trends in Teen Drug Use
 - a. Teens in the US are using drugs at younger ages than ever before
 - b. Certain drugs are becoming nationwide **epidemics**.
 - i. a widespread occurrence of an infectious disease in a community at a particular time.
 - ii. Heroin and Vapor products are epidemics of their own.
4. Why People Begin Using Drugs
 - a. If people know the dangers of drugs, then why do so many people try them?
 - i. They see their friends, parents, or older siblings using them.
 - ii. They feel pressured to use drugs and don't know how to say no.
 - iii. They want to fit in, relax, or seem mature.
 - iv. They see drugs glamorized on TV, videos, movies, or in song lyrics.
 - v. They seek a solution to boredom or are searching for new thrills.

Sample Case Note Substance Abuse

RS Peters



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