

NAOMI BENARON



WINNER  
BELLWETHER  
PRIZE FOR  
FICTION

# Running the Rift

'Incredibly engaging, filled with vitality and passion...  
a truly impressive read.' *Daily Mail*

# Running The Rift

**John Bale, Joe Sang**



## **Running The Rift:**

Running the Rift Naomi Benaron, 2012-01-01 Rwandan runner Jean Patrick Nkuba dreams of winning an Olympic gold medal and uniting his ethnically divided country only to be driven from everyone he loves when the violence starts after which he must find a way back to a better life      Running the Rift Naomi Benaron, 2025-05-01 Running the Rift follows the progress of Jean Patrick Nkuba from the day he knows that running will be his life to the moment he must run to save his life A naturally gifted athlete he sprints over the thousand hills of Rwanda and dreams of becoming his country's first Olympic medal winner in track But Jean Patrick is a Tutsi in a world that has become increasingly restrictive and violent for his people As tensions mount between the Hutu and Tutsi he holds fast to his dream that running might deliver him and his people from the brutality around them Winner of the Bellwether Prize for Socially Engaged Fiction Naomi Benaron has written a stunning and gorgeous novel that through the eyes of one unforgettable boy explores a country's unraveling its tentative new

beginning and the love that binds its people together      **Shooting the Rift** Alex Stewart, 2016-04-05 DISOWNED IN A HARSH GALAXY Cast out by his family and exiled from the Rimward Commonwealth Simon Forrester must make a new life for himself as an apprentice to the powerful Commerce Guild But others aboard the merchant vessel Stacked Deck have a hidden agenda that might lead directly to interstellar war Now with rising tensions between the Commonwealth and the neighboring League of Democracies threatens to erupt into open war Simon finds himself forced to choose between old and new loyalties with the fate of an empire at stake At the publisher's request this title is sold without DRM Digital Rights Management      **Ocean Worlds** Jan Zalasiewicz, Mark Williams, 2014-10-24 Oceans make up most of the surface of our blue planet They may form just a sliver on the outside of the Earth but they are very important not only in hosting life including the fish and other animals on which many humans depend but in terms of their role in the Earth system in regulating climate and cycling nutrients As climate change pollution and over exploitation by humans puts this precious resource at risk it is more important than ever that we understand and appreciate the nature and history of oceans There is much we still do not know about the story of the Earth's oceans and we are only just beginning to find indications of oceans on other planets In this book geologists Jan Zalasiewicz and Mark Williams consider the deep history of oceans how and when they may have formed on the young Earth topics of intense current research how they became salty and how they evolved through Earth history We learn how oceans have formed and disappeared over millions of years how the sea nurtured life and what may become of our oceans in the future We encounter some of the scientists and adventurers whose efforts led to our present understanding of oceans And we look at clues to possible seas that may once have covered parts of Mars and Venus that may still exist below the surface on moons such as Europa and Callisto and the possibility of watery planets in other star systems

**Ocean Worlds** Jan Zalasiewicz, Mark Williams, 2014-10-24 Oceans make up most of the surface of our blue planet They may form just a sliver on the outside of the Earth but they are very important not only in hosting life including the fish and other animals on which many humans depend but in terms of their role in the Earth system in regulating climate and cycling nutrients As climate change pollution and over exploitation by humans puts this precious resource at risk it is more important than ever that we understand and appreciate the nature and history of oceans There is much we still do not know about the story of the Earth's oceans and we are only just beginning to find indications of oceans on other planets In this book geologists Jan Zalasiewicz and Mark Williams consider the deep history of oceans how and when they may have formed on the young Earth topics of intense current research how they became salty and how they evolved through Earth history We learn how oceans have formed and disappeared over millions of years how the sea nurtured life and what may become of our oceans in the future We encounter some of the scientists and adventurers whose efforts led to our present understanding of oceans And we look at clues to possible seas that may once have covered parts of Mars and Venus that may still exist below the surface on moons such as Europa and Callisto and the possibility of watery planets in other star systems

*Rwanda Genocide Stories* Nicki Hitchcott, 2015 A critical study of fictional responses by authors inside and outside Rwanda to the 1994 genocide      **Learning Virtual Reality** Tony Parisi, 2015-10-26 Annotation Get an introduction to the

technologies tools and techniques for programming virtual reality on the latest generation of desktop and mobile VR hardware With this hands on guide you ll learn essential development and production concepts including UI design stereo rendering 3D input and programming VR applications for native desktop mobile and the web You don t have to be a game development wizard or have 3D graphics experience to get started If you have basic programming skills and some familiarity with mobile development this book will help you gain a working knowledge of virtual reality through clear and simple examples

*Uganda* Philip Briggs, 2024-12-13 Bradt s Uganda has for many years been considered the go to source of information for travellers interested in this extraordinary country which boasts Africa s most biodiverse and arguably most exciting safari circuit Written by Philip Briggs the world s foremost guidebook writer on Africa this new tenth edition of the most detailed travel guidebook available to Uganda has been thoroughly updated by local resident and experienced travel writer Andrew Roberts Uganda excels for wildlife watching and recent transport improvements now make for relatively easy year round access to key sites Visit the lush montane forests of Bwindi which protect one of the world s largest remaining populations of mountain gorillas watch habituated chimpanzees in Kibale and tree climbing lions in Queen Elizabeth National Park or enjoy outstanding birdwatching throughout with more than a thousand bird species in a country similar in size to Great Britain As well as treating readers to a dedicated wildlife chapter with over 100 colour wildlife photographs Bradt s Uganda guides visitors around key wildlife watching experiences It provides up to date coverage of gorilla tracking options describing gorilla groups and their locations everything anyone who dreams of encountering these remarkable primates needs to know Uganda is not just about wildlife Hikers love some of Africa s tallest mountains notably the snow capped Rwenzori the Mountains of the Moon the massive collapsed caldera that tops Mount Elgon and the forest swathed volcanic peaks of the Virungas A highlight for adrenaline junkies is rafting the Grade Five white water rapids on the Nile shortly after it emerges from the inland sea that is Lake Victoria In this tenth edition carefully selected accommodation listings have been updated providing critical appraisals of optimum options in each price bracket While tourism has long focussed on western Uganda this edition strengthens attention on the country s remote northeast corner which is emerging as a popular destination that includes the untrammelled savannah of Kidepo National Park and offers opportunities to interact with traditional Karamojong pastoralists Boasting detailed maps of the country updated or created from scratch using GPS and all the travel advice a visitor might want Bradt s Uganda remains the essential companion guide to this compelling country

**Running The World** Nick Butter, 2020-11-12 Superb a great book to fuel your wanderlust Mark Beaumont The ultimate running book showcasing the ultimate running adventure Sean Conway In 2019 Nick Butter became the first person to run a marathon in every country on Earth This is Nick s story of his world record breaking adventure and the extraordinary people who joined him along the way On January 6th 2018 Nick Butter tied his laces and stepped out on to an icy pavement in Toronto where he began to take the first steps of an epic journey that would see him run 196 marathons in every one of the

world's 196 countries. Spending almost two years on the road and relying on the kindness of strangers to keep him moving, Nick's odyssey allowed him to travel slowly on foot, immersing himself in the diverse cultures and customs of his host nations. Running through capital cities and deserts, around islands and through spectacular landscapes, Nick dodges bullets in Guinea-Bissau, crosses battlefields in Syria, survives a wild dog attack in Tunisia, and runs around an erupting volcano in Guatemala. Along the way, he is often joined by local supporters and fellow runners, curious children, and bemused passers-by. Telling their stories alongside his own, Nick captures the unique spirit of each place he visits and forges a new relationship with the world around him. Running the World captures Nick's journey as he sets three world records and covers over five thousand miles. As he recounts his adventures, he shares his unique perspective on our glorious planet, celebrates the diversity of human experience, and reflects on the overwhelming power of running.

**The Continental Drift Controversy** Henry R. Frankel, 2012-04-26 Describes the expansion of the land-based paleomagnetic case for drifting continents and recounts the golden age of marine geoscience.

**Running the Spiritual Path** Roger D. Joslin, 2013-09-17 Running the Spiritual Path is Roger D. Joslin's compelling and inspiring guide to making running a spiritual sport. Imagine achieving physical fitness and spiritual growth simultaneously. Roger Joslin's step-by-step program is an engaging exploration of his conviction that spiritual well-being is as likely to happen while running along the trails of a favorite park as it is within the more traditional settings of neighborhood churches, synagogues, or mosques. Through awareness, chants, and visualization, and through attention to the most evident aspects of the present moment—the weather, pain, or breathing—the simple run can become the basis for a profound spiritual practice. In Running the Spiritual Path, Roger D. Joslin combines the insights gathered from thirty years of running with a personal spiritual journey that is guiding him to the priesthood. While drawing from and exhibiting an abiding respect for the traditions and sacred practices of the world's great religions, the author describes a heretofore unexplored method of sacred running, of bringing meditation and a prayerful communion to the running trail.

**The Continental Drift Controversy: Volume 4, Evolution into Plate Tectonics** Henry R. Frankel, 2012-04-26 The resolution of the sixty-year debate over continental drift, culminating in the triumph of plate tectonics, changed the very fabric of Earth science. This four-volume treatise on the continental drift controversy is the first complete history of the origin debate and gradual acceptance of this revolutionary theory. Based on extensive interviews, archival papers, and original works, Frankel weaves together the lives and work of the scientists involved, producing an accessible narrative for scientists and non-scientists alike. This fourth volume explains the discoveries in the mid-1960s which led to the rapid acceptance of seafloor spreading theory and how the birth of plate tectonics followed soon after with the geometrification of geology. Although plate tectonics did not explain the cause or dynamic mechanism of drifting continents, it provided a convincing kinematic explanation that continues to inspire geodynamic research to the present day.

**The Longest Race** Ed Ayres, 2013-08-20 It soon becomes clear that this book isn't just about an athletic race. It's also about the human race. Bloomberg Businessweek Having run in more than six hundred

aces over the span of fifty five years Ed Ayres is a legendary distance runner and this book is his urgent exploration of the connection between individual endurance and a sustainable society The Longest Race begins in 2001 at the starting line of the JFK 50 Mile the nation s oldest and largest ultramarathon and like other such races it s an epic test of human limits and aspiration At age sixty his sights set on breaking the age division record Ayres embarks on a course over the rocky ridge of the Appalachian Trail along the headwind buffeted towpath of the Potomac River and past momentous Civil War sites such as Harpers Ferry and Antietam But even as Ayres focuses on an endurance runner s familiar concerns starting strong and setting the right pace controlling his breathing overcoming fatigue and staying mindful of the course ahead he finds himself as preoccupied with the future of our planet as with the finish line A veteran journalist and environmental editor Ayres reveals how the skills and mindset necessary to complete an ultramarathon are also essential for grappling anew with the imperative to endure not only as individuals but as a society and not just for fifty miles but over the real long haul in a unique meditation that ought to be required reading even for people who have never run a step The Boston Globe He seamlessly moves between discussing running to exploring larger life issues such as why we run our impact on the environment and the effects of the nation s declining physical fitness Thought provoking Booklist To read this book is to run alongside a seasoned athlete a deep thinker and a great storyteller And Ayres doesn t disappoint He is the best kind of running companion generously doling out hilarious stories and hard won insights into performance conditioning and the human condition His lifetime of ultra running and environmental writing drive his exploration of what keeps us running long distances and what it might take to keep the planet from being run into the ground Nature Conservancy magazine **The Hunters** John

Flanagan,2014-06-03 From the author of the global phenomenon and New York Times bestselling Ranger s Apprentice Hal and his brotherband crew are hot on the trail of the pirate Zavaac and they have one thing only on their minds Stopping the bloodthirsty thief before he can do more damage Of course they also know Zavaac has the Andomal the priceless Skandian artifact stolen when the brotherband let down their guard The chase leads down mighty rivers terrifying rapids to the lawless fortress of Ragusa If Hal is to succeed he will need to go beyond his brotherband training He will need to challenge the pirate one on one knowing only one of them will survive The epic series from Ranger s Apprentice author John Flanagan continues delivering pulse pounding adventure and fun Perfect for fans of J R R Tolkien s Lord of the Rings T H White s The Sword in the Stone Christopher Paolini s Eragon series and George R R Martin s Game of Thrones A Song of Ice and Fire series

*Running the World* David Rothkopf,2009-04-28 Never before in the history of mankind have so few people had so much power over so many The people at the top of the American national security establishment the President and his principal advisors the core team at the helm of the National Security Council are without question the most powerful committee in the history of the world Yet in many respects they are among the least understood A former senior official in the Clinton Administration himself David Rothkopf served with and knows personally many of the NSC s key players of the past twenty

five years In *Running the World* he pulls back the curtain on this shadowy world to explore its inner workings its people their relationships their contributions and the occasions when they have gone wrong He traces the group s evolution from the final days of the Second World War to the post Cold War realities of global terror exploring its triumphs its human dramas and most recently what many consider to be its breakdown at a time when we needed it most Drawing on an extraordinary series of insider interviews with policy makers including Condoleezza Rice Colin Powell Henry Kissinger senior officials of the Bush Administration and over 130 others the book offers unprecedented insights into what must change if America is to maintain its unprecedented worldwide leadership in the decades ahead Kenyan Running John Bale,Joe Sang,2013-09-13 1997

British Society of Sports History Lord Aberdare Literary Prize for Sports History The record breaking achievements of Kenyan athletes have caught the imagination of the world of sport How significant really is Kenya in the world of sports This book the first to look in detail at the evolution and significance of a single sport in an African country seeks to answer these and many other questions *Kenyan Running* blends history geography sociology and anthropology in its quest to describe the emergence of Kenyan athletics from its pre colonial traditions to its position in the modern world of globalized sport The authors show the qualities of stamina and long distance running were recognized by early twentieth century travellers in east Africa and how modern running was imposed by colonial administrators and school teachers as a means of social control to replace the indigenous fold traditions China Versus The Us, World Bank And Imf In Sub-saharan Africa Lynne

Ciochetto,2022-12-07 This timely book provides a comprehensive overview of the activities of the major foreign forces active in contemporary Sub Saharan Africa Stimulated by the abundance of reports in the media criticizing China s presence in Sub Saharan Africa there is an analysis of China s involvement in the region compared to the largest Western players the United States the World Bank and the International Monetary Fund China has only been economically active in Sub Saharan Africa since the 1990s while the United States the World Bank and the International Monetary Fund have been active since the 1950s Indeed the World Bank has been the major lender for development during the whole period The book explores how these foreign interests have assisted with or hindered progress towards addressing the challenges facing the region These challenges include high rates of poverty and low levels of human development loss of political and economic sovereignty periodic sluggish economic development government indebtedness illegal financial flows and corruption the resource curse environmental destruction and climate change The approach is interdisciplinary and emphasises the key development issues social economic and environmental sustainability An audit approach is used to explore changes within China and the West since the 1950s and evaluate their impact on Sub Saharan Africa China versus the US World Bank and IMF in Sub Saharan Africa is an important reference for academics researchers and students It is also written in an accessible style that is suitable for the general reader **Reincarnated Into a Game as the Hero's Friend: Running the Kingdom Behind the Scenes (Light Novel) Vol. 2** Yuki Suzuki,Sanshouuo,2024-06-13

They may have separate missions but Lord Werner a

Japanese office worker reincarnated into the world of a classic RPG and his friend the legendary hero Mazel are both working to save the realm in their own ways While Mazel walks the path of radiance slaying the Demon Lord's minions one by one Werner uses his real world knowledge to help manage the kingdom's internal affairs Managing refugees fixing the water supply it's a lot of work for a supposed background character

**Beyoncé: Running the World** Anna Pointer, 2014-10-09

Everything you ever wanted to know about the world's biggest singing star 5 Best Beyoncé Running The World is the full story of Houston born and bred Beyoncé's extraordinary life which saw her join her first pop group at the age of nine before fronting the girl band Destiny's Child the biggest selling female group of all time After embarking on a solo career in 2003 Beyoncé's status as a superstar was sealed and to date she has won more than 220 awards internationally and the hearts of millions of fans the world over The most definitive and up to date telling of Beyoncé's story ever written this book provides an intimate close up on both her professional and personal life with the inside story on how she and rapper husband Jay Z became the biggest power couple on earth With reports that their marriage was crumbling before the world's eyes on their 2014 joint tour On The Run it pieces together the split rumours that plagued them at every turn and documents exactly how they coped with such intense public scrutiny The book also analyses Beyoncé's role as a mother to young daughter Blue Ivy and explores the hidden heartbreaks of her past including a tragic miscarriage a lengthy battle with depression and an agonising rift with her manager father Mathew While celebrating Beyoncé's greatest triumphs Beyoncé Running The World uncovers the truth behind the headlines finding out exactly who Queen Bey is and what really goes on behind the scenes Contains an extra chapter with the most up to date information on the world's biggest star

**The Geographical Journal**, 1926 Includes the Proceedings of the Royal Geographical Society formerly published separately

*Conceptual Metonymy* Olga Blanco-Carrión, Antonio Barcelona, Rossella Pannain, 2018-05-17 The volume addresses a number of closely connected methodological descriptive and theoretical issues in the study of metonymy and includes a series of case studies broadening our knowledge of the functioning of metonymy As regards the methodological and descriptive issues the book exhibits a unique feature in metonymy literature the discussion of the structure of a detailed web based metonymy database especially its entry model and the descriptive criteria to be applied in its completion The theoretical discussion contributes important challenging insights on several metonymy related topics such as contingency source prominence complex target source target contrast asymmetry conceptual integration hierarchies triggers de personalization and de roling and many others The case studies deal with the role of metonymy in morphology monoclausal if only constructions emotional categories and iconicity in English and other languages including one sign language Beside cognitive linguists especially metonymy researchers the book should appeal to researchers in A I sign language rhetoric lexicography and communication

## **Running The Rift** Book Review: Unveiling the Magic of Language

In an electronic digital era where connections and knowledge reign supreme, the enchanting power of language has become much more apparent than ever. Its ability to stir emotions, provoke thought, and instigate transformation is actually remarkable. This extraordinary book, aptly titled "**Running The Rift**," written by a highly acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound effect on our existence. Throughout this critique, we will delve into the book's central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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