



Ryans Daughter Pub Nutrition Guide

David Gerrard, Travel Publishing Ltd



Ryans Daughter Pub Nutrition Guide:

Insight Guides Explore Ireland (Travel Guide eBook) Insight Guides, 2022-01-01 Insight Guides Explore Ireland Travel made easy Ask local experts Focused travel guide featuring the very best routes and itineraries Discover the best of Ireland with this unique travel guide packed full of insider information and stunning images From making sure you don't miss out on must see top attractions like Temple Bar in Dublin the city of Cork and the Dingle Peninsula to cultural gems including the traditional seaside town of Galway the ancient monastery at Glendalough and the Giant's Causeway on the Antrim Coast the easy to follow ready made walking routes will save you time and help you plan and enhance your visit to Ireland Features of this travel guide to Ireland 16 walks and tours detailed itineraries feature all the best places to visit including where to eat and drink along the way Local highlights discover the area's top attractions and unique sights and be inspired by stunning imagery Historical and cultural insights immerse yourself in Ireland's rich history and culture and learn all about its people art and traditions Insider recommendations discover the best hotels restaurants and nightlife using our comprehensive listings Practical full colour map with every major sight and listing highlighted the full colour maps make on the ground navigation easy Key tips and essential information packed full of important travel information from transport and tipping to etiquette and hours of operation Covers Historic Dublin Modern Dublin Wicklow Kilkenny Waterford and the Rock of Cashel Cork City and Harbour West Cork Coast The Ring of Kerry The Dingle Peninsula Limerick and Shannon The Cliffs of Moher and the Burren Galway Connemara Westport and Mayo Sligo and Donegal Belfast Looking for a comprehensive guide to Ireland Check out Insight Guides Ireland for a detailed and entertaining look at all the country has to offer About Insight Guides Insight Guides is a pioneer of full colour guide books with almost 50 years experience of publishing high quality visual travel guides with user friendly modern design We produce around 400 full colour print guide books and maps as well as phrase books picture packed eBooks and apps to meet different travellers needs Insight Guides unique combination of beautiful travel photography and focus on history and culture create a unique visual reference and planning tool to inspire your next adventure **Pocket Rough Guide Walks & Tours Ireland: Travel Guide eBook** Rough Guides, 2023-12-01

This compact pocket sized Ireland travel guidebook is ideal for travellers on shorter trips who want to make sure they experience the destination's highlights The book includes highly practical ready made walks and tours that allow you to organise your short break in Ireland without losing time planning This Ireland pocket guidebook covers Dublin Wicklow Kilkenny Waterford Kilkenny Cork city West Cork the Ring of Kerry Dingle Peninsula Limerick the Shannon The Cliffs of Moher The Burren Westport Galway Connemara Mayo Sligo and Donegal Belfast Inside this Ireland travel book you will find 16 ready made walks and tours easy to follow walking and driving tour itineraries featuring the best places to visit as well as what to do and where to eat along the way Itinerary details each walk or tour starts with pointers on the time taken distance covered and how to connect with other itineraries in the book Things not to miss Fota Wildlife Park Donegal's Beaches and

New Ross famine ship Ross Castle and Glendalough Powerscourt and Altamount James Joyce Museum the Cliffs of Moher Lismore and Adare Croagh Patrick Slieve League Curated recommendations of places main attractions off the beaten track adventures child friendly family activities chilled out breaks in popular tourist areas Insider recommendations tips on how to beat the crowds save time and money and find the best local spots Historical and cultural insights thematic articles highlight Ireland s unique life and culture Unique hotel restaurant and nightlife listings curated details of where to stay eat and go out whatever your interest for a range of budgets Practical information how to get there how to get around and an A Z of essential details Meticulous mapping practical full colour maps with clearly numbered sights relating to major points of interest and places to eat or drink in the main itinerary text Fully updated post COVID 19 The guide is a perfect companion both ahead of your trip and on the ground It gives you a distinct taste of Ireland with a concise edit of all the information you ll need

Insight Guides: Explore Ireland Insight Guides,2014-04-01 With its unique mix of jaw dropping landscapes lively cities friendly people and buzzing nightlife it s hard to beat a trip to Ireland Explore Ireland is part of a brand new series and is the ideal pocket companion for your trip a full colour guide containing 16 easy to follow routes around the country from historic Dublin and the Celtic romance of the Rock of Cashel to the stunning landscapes of the Ring of Kerry Insight s trademark cultural coverage sets the routes in context with introductions to Ireland s exciting cuisine fantastic shopping entertainment and outdoor activities and key historical dates Hand picked places to eat and drink are highlighted in each tour and in the directory section which contains a wealth of useful practical information including a range of carefully selected hotels to suit all budgets All routes are plotted on the useful pull out map and evocative photography captures the essence of this alluring gem of a country

365 Guide New York City: Drink. Eat. \$ave. Every Day of the Year. A Guide to New York City Restaurant Deals and Bar Specials. Monica DiNatale,2014-01-10 2016 EDITION You re in New York City You re hungry You re thirsty You don t want to spend a fortune Now what 365 Guide New York City is only guide book full of the best restaurant deals and bar specials in New York City Compiled by New York Food Host and Deals Expert Monica DiNatale you get the inside scoop on where to go at a fraction of the price This is the only New York City guide that tells you where you can find free yes FREE food specials throughout the city 2 3 drinks any day of the week the best happy hours where you can nosh to your stomach s content and more deals than any other guide on the planet From five star restaurants to the best dive bars savings guru Monica DiNatale has been featured on Good Day New York PIX 11 WABC WCBS Crain s 5Boros and Metro NY Whether you live here hope to live here or are visiting if you want to know all about New York City s restaurants and bars at a discount then 365 Guide is the book for you www.365guidenyc.com

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Ireland Audrey Ryan,Cian Hallinan,2012-03-01 DK Eyewitness Ireland travel guide will lead you straight to the best attractions this diverse country has to offer Packed with photographs illustrations and detailed maps discover Ireland region by region from the bustling capital Dublin to stunning Killarney National Park The guide provides all the insider tips every

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The Rough Guide to Ireland Paul Gray, 2011-02-01 Explore every corner of this fascinating island North and South with the fully revised 10th edition of the Rough Guide to Ireland including the clearest maps of any guide Get inspiration from the introduction on where to go and what to see from Dublin's elegant Georgian architecture and world renowned pubs to the spectacular landscapes of the Burren and Connemara Find in depth up to date descriptions of the best hotels and B&Bs restaurants and bars including the top places to hear Irish music Learn about Ireland's culture with expert background on everything from traditional sports and music to history and literature In addition you'll find two sections describing Ireland's exuberant festivals and giving a detailed guide to the best of its under rated food and drink Make the most of your time on God's green earth with the Rough Guide to Ireland

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Direct from Southwest Ireland Patricia M. Levy, Sean Sheehan, 1995 **Not for Tourists Guide to New York City** Not for Tourists, Inc, Not for Tourists Staff, 2007 Features easy to read maps and listings of key services restaurants shops schools entertainment venues public transportation and parks in New York City **The Wild Atlantic Way and Western Ireland** Tom Cooper, 2024-02-14 A guidebook to 6 cycle touring routes along Ireland's west coast Based on the Wild Atlantic Way the world's longest signed coastal route each tour can be completed in 7-10 days by any reasonably fit cyclist Presented in 6 tours between 291 and 504km 181-313 miles in length with optional variants given Average daily stages of 55km 34 miles that take 4-5 hours of riding Tours can be linked together to form a 44 stage 2450km 1522 mile trip between Derry Londonderry and Cork Key centres include Donegal Sligo Achill Island Galway Westport the Aran Islands Limerick Tralee Bantry Kinsale Maps and route cards provided for each stage GPX files available to download Detailed information on accommodation facilities and transport along the route **The Rough Guide to Ireland**, 2008 **The Hidden Places of Ireland** David Gerrard, Travel Publishing Ltd, 2004 Often called the Emerald Isle Ireland is rich in greenery but there is an abundance of every variety of landscape This guide focuses on the well known as well as the more secluded venues for food accommodation and places of interest in the country **Fodor's Essential Ireland 2021** Fodor's Travel Guides, 2020-11-03 Whether you want to explore Ireland's iconic coastal scenery visit the Cliffs of Moher or the Ring of Kerry or experience the thriving arts and music scene in Dublin the local Fodor's travel experts in Ireland are here to help Fodor's Essential Ireland 2021 with Belfast and Northern Ireland guidebook is packed with maps carefully curated recommendations and everything else you need to simplify your trip planning process and make the most of your time This guide is part of Fodor's Essential guide series which has been named as the Best Travel Guide Series of 2019 by Booklist This new edition is fully redesigned with an easy to read layout fresh information and beautiful color photos Fodor's Essential Ireland 2021 travel guide includes AN ILLUSTRATED ULTIMATE EXPERIENCES GUIDE to the top things to see and do MULTIPLE ITINERARIES to effectively organize your days and maximize your time MORE THAN 30 DETAILED MAPS and a FREE PULL OUT MAP to help you navigate confidently COLOR PHOTOS throughout to spark your wanderlust HONEST RECOMMENDATIONS FROM LOCALS on the best sights restaurants hotels nightlife shopping performing arts activities side trips and more PHOTO FILLED BEST OF FEATURES on Ireland's Top Natural Wonders Ireland's Top Castles and Manor Houses The Best Historical Sights to Visit in Ireland Top Tours Best Festivals and more TRIP PLANNING TOOLS AND PRACTICAL TIPS including when to go itineraries to make the most of your time getting around beating the crowds and saving time and money HISTORICAL AND CULTURAL INSIGHTS providing rich context on the local people politics art

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Rick Steves Ireland Rick Steves, Pat O'Connor, 2021-01-19 From rustic towns and emerald valleys to lively cities and moss draped ruins experience Ireland with the most up to date 2021 guide from Rick Steves Inside Rick Steves Ireland you ll find Comprehensive coverage for planning a multi week trip through Ireland Rick s strategic advice on how to get the most of your time and money with rankings of his must see favorites Top sights and hidden gems from the Rock of Cashel and the Ring of Kerry to distilleries making whiskey with hundred year old recipes How to connect with local culture Hoist a pint at the corner pub enjoy traditional fiddle music and jump into conversations buzzing with brogue Beat the crowds skip the lines and avoid tourist traps with Rick s candid humorous insight The best places to eat sleep and relax with a Guinness Self guided walking tours of atmospheric neighborhoods and awe inspiring sights Trip planning tools like how to link destinations build your itinerary and get from place to place Detailed maps including a fold out map for exploring on the go Useful resources including a packing list Irish phrase book historical overview and recommended reading Updated to reflect changes that occurred during the Covid 19 pandemic up to the date of publication Over 1 000 bible thin pages include everything worth seeing without weighing you down Coverage of Dublin Kilkenny Waterford County Wexford Kinsale Cobh Kenmare The Ring of Kerry Dingle Peninsula County Clare the Burren Galway the Aran Islands Connemara County Mayo Belfast Portrush the Antrim Coast Derry County Donegal and much more Make the most of every day and every dollar with Rick Steves Ireland Planning a one to two week trip Check out Rick Steves Best of Ireland

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