

## Respiratory System Learning Objectives

### I. Functional Anatomy Part I

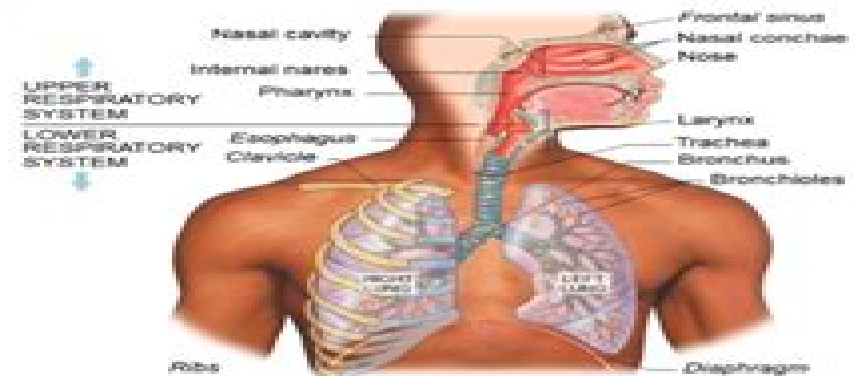
#### a. Describe principles of respiration and associated respiratory anatomy

##### i. External respiration:

1. Exchange of  $O_2$  and  $CO_2$  between the environment and cells of the body (gas exchange via the lungs)
  - a. 250 ml  $O_2$  enters the body every minute
  - b. 200 ml  $CO_2$  is expired every minute

##### ii. Cellular or internal respiration

1. cellular utilization of  $O_2$  for the production of ATP resulting in the formation of  $CO_2$  as the primary waste product



#### b. Identify functions of the respiratory system and the 4 major steps in respiration

##### i. Principle function of respiratory system:

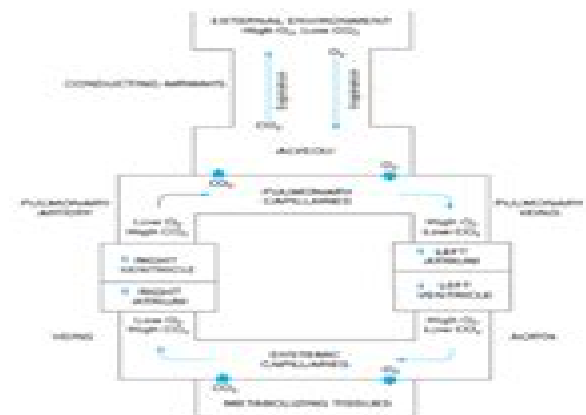
1. External respiration (gas exchange)

##### ii. Other functions:

1. Acid-base balance via the elimination of  $CO_2$
2. Phonation
  - a. Vocalization via vocal cords (sound produced when air passes through glottis and causes the vocal cords to vibrate)
3. Defense mechanisms against infections (mucociliary clearance)
  - a. "air conditioning process"
4. Pulmonary metabolism
  - a. Activation/inactivation of endogenous and exogenous chemicals/substances
5. Olfaction (smell)
6. Route of administration for drugs
  - a. Volatile anesthetics, bronchodilators, vaccines, pulmonary vasodilators, CII/I substances
  - b. **Bypass first-pass metabolism** (but only 10-20% of dose inhaled is absorbed via lungs)

##### iii. Four major steps in external respiration

1. Ventilation:
  - a. air moves **into the lungs during inspiration**, and **out during expiration**
2.  $O_2$  and  $CO_2$  exchange between air and blood flowing through pulmonary capillaries.
  - a. At the **pulmonary alveolar level**
3.  $O_2$  and  $CO_2$  are transported in the blood to all tissues of the body through systemic circulation.
4.  $O_2$  and  $CO_2$  are exchanged between blood and body tissue cells.
  - a. At **systemic capillary level**



# Upper Respiratory And Study Guide

**Lauren Gardner**



## **Upper Respiratory And Study Guide:**

Study Guide for Pharmacology - E-Book Mary B. Winton,Linda E. McCuistion,Kathleen Vuljoin DiMaggio,Jennifer J. Yeager,2025-04-16 Reinforce your understanding of nursing pharmacology and patient centered care for NGN success and medication safety Corresponding to the chapters in McCuistion s Pharmacology A Patient Centered Nursing Process Approach 12th Edition this practical study guide provides hundreds of exercises questions drug calculation problems and case studies to help you review and apply pharmacology and drug calculation concepts and content The new edition features Next Generation NCLEX Examination NGN style case studies to prepare your for the latest NCLEX Exam With this practical study guide you will apply your knowledge of pharmacology to clinical practice enhance your decision making abilities and develop your clinical judgment skills for NGN success and safe medication practice UPDATED Content matches the updates in the 12th edition of the McCuistion textbook Each chapter features helpful learning aids including a Study Questions section fill in the blank matching true false an NCLEX Review Questions section and a Case Studies section which includes traditional case studies as well as Next Generation NCLEX Exam NGN style case studies Authentic and current sample drug labels throughout mirror true to life practice in working with drug information Focus on safety includes a special icon that calls attention to questions related to the AACN Essentials priority of safe patient care Answers for all exercises are provided at the back of the book to facilitate self study with detailed rationales included for all application level questions and case study questions A drug calculation review chapter follows the outline of the corresponding textbook chapter offering you the opportunity to test your knowledge and skill in drug dosage calculation      **Study Guide for Pharmacology - E-Book** Joyce LeFever Kee,Evelyn R. Hayes,Linda E. McCuistion,Nancy Haugen,2014-09-24 Corresponding to the chapters in Kee s Pharmacology A Patient Centered Nursing Process Approach 8th Edition this study guide offers practical activities to help you review and remember essential nursing pharmacology Hands on exercises include study questions case studies and NCLEX review questions making it easier to apply your knowledge to clinical practice and develop clinical reasoning skills NCLEX review questions in each chapter include application level questions and alternate item format questions Case studies enhance your understanding of nursing responsibilities in therapeutic pharmacology Medications and Calculations chapter offers additional opportunities to test your knowledge and skill in drug dosage calculation 75 sample drug labels familiarize you with the real labels you will see in clinical practice Answers for all exercises are provided at the back of the book to make studying easier Study questions are provided in formats including matching completion and crossword puzzles NEW Updated content reflects the changes to Kee s Pharmacology textbook NEW Case study questions focus on developing your clinical reasoning skills NEW Rationales are added to the answer key for selected application level questions and case study questions NEW safety icons emphasize the nurse s role in patient safety NEW Case studies now feature open ended questions to promote development of clinical reasoning skills      **Clinical Decision-Making Study Guide for Medical-Surgical**

**Nursing - Revised Reprint** Donna D. Ignatavicius, Patricia Conley, M. Linda Workman, Donna Rose, Amy H. Lee, 2013  
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### **Table of Contents Upper Respiratory And Study Guide**

1. Understanding the eBook Upper Respiratory And Study Guide
  - The Rise of Digital Reading Upper Respiratory And Study Guide
  - Advantages of eBooks Over Traditional Books
2. Identifying Upper Respiratory And Study Guide
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Upper Respiratory And Study Guide
  - User-Friendly Interface
4. Exploring eBook Recommendations from Upper Respiratory And Study Guide
  - Personalized Recommendations
  - Upper Respiratory And Study Guide User Reviews and Ratings
  - Upper Respiratory And Study Guide and Bestseller Lists

5. Accessing Upper Respiratory And Study Guide Free and Paid eBooks
  - Upper Respiratory And Study Guide Public Domain eBooks
  - Upper Respiratory And Study Guide eBook Subscription Services
  - Upper Respiratory And Study Guide Budget-Friendly Options
6. Navigating Upper Respiratory And Study Guide eBook Formats
  - ePub, PDF, MOBI, and More
  - Upper Respiratory And Study Guide Compatibility with Devices
  - Upper Respiratory And Study Guide Enhanced eBook Features
7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Upper Respiratory And Study Guide
  - Highlighting and Note-Taking Upper Respiratory And Study Guide
  - Interactive Elements Upper Respiratory And Study Guide
8. Staying Engaged with Upper Respiratory And Study Guide
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Upper Respiratory And Study Guide
9. Balancing eBooks and Physical Books Upper Respiratory And Study Guide
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection Upper Respiratory And Study Guide
10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
11. Cultivating a Reading Routine Upper Respiratory And Study Guide
  - Setting Reading Goals Upper Respiratory And Study Guide
  - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Upper Respiratory And Study Guide
  - Fact-Checking eBook Content of Upper Respiratory And Study Guide
  - Distinguishing Credible Sources
13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
- Exploring Educational eBooks

#### 14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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