NURSING PRACTICE I: FOUNDATION OF NURSING PRACTICE

SITUATION: Nursing is a profession. The nurse should have a background on the theories and foundation of nursing as it influenced what is nursing today.

- Nursing is the protection, promotion and optimization of health and abilities, prevention of illness and injury, alleviation of suffering through the diagnosis and treatment of human response and advocacy in the care of the individuals, families, communities and the population. This is the most accepted definition of nursing as defined by the:
 - a. PNA
 - b. ANA
 - c. Nightingale
 - d. Henderson
- Advancement in Nursing leads to the development of the Expanded Career Roles. Which of the following is NOT an expanded career role for nurses?
 - a. Nurse practitioner
 - b. Nurse Researcher
 - c. Clinical nurse specialist
 - d. Nurse anaesthesiologist
- The Board of Nursing regulated the Nursing profession in the Philippines and is responsible for the maintenance of the quality of nursing in the country. Powers and duties of the board of nursing are the following, EXCEPT:
 - Issue, suspend, revoke certificates of registration
 - Issue subpoena duces tecum, ad testificandum
 - c. Open and dose colleges of nursing
 - Supervise and regulate the practice of nursing
- 4. A nursing student or a beginning staff nurse who has not yet experienced enough real situations to make judgments about them is in what stage of Nursing Expertise?
 - a. Novice
 - b. Newbie
 - c. Advanced Beginner
 - d. Competent

- Benner's "Proficient" nurse level is different from the other levels in nursing expertise in the context of having:
 - a. the ability to organize and plan activities
 - having attained an advanced level of education
 - a holistic understanding and perception of the client
 - d. intuitive and analytic ability in new situations

SITUATION: The nurse has been asked to administer an injection via Z TRACK technique. Questions 6 to 10 refer to this.

- 6. The nurse prepares an IM injection for an adult dient using the Z track technique. 4 ml of medication is to be administered to the client. Which of the following site will you choose?
 - a. Deltoid
 - Bectus femoris
 - Ventrogluteal
 - d. Vastus lateralis
- 7. In infants 1 year old and below, which of the following is the site of choice for intramuscular Injection?
 - a. Deltoid
 - b. Rectus femoris
 - c. Ventrogluteal
 - d. Vastus lateralis
- In order to decrease discomfort in Z track administration, which of the following is applicable?
 - Pierce the skin quickly and smoothly at a 90 degree angle
 - Inject the medication steadily at around 10 minutes per millilitre
 - Pull back the plunger and aspirate for 1 minute to make sure that the needle did not hit a blood vessel
 - d. Pierce the skin slowly and carefully at a 90 degree angle
- 9. After injection using the Z track technique, the nurse should know that she needs to wait for a few seconds before withdrawing the needle and this is to allow the medication to disperse into the musde tissue, thus decreasing the client's discomfort. How many seconds should the nurse wait before withdrawing the needle?
 - a. 2 seconds

Nursing Board Exam Question

Diane M. Billings

Nursing Board Exam Question:

NCLEX-RN Practice Questions Exam Cram Wilda Rinehart, Diann Sloan, Clara Hurd, 2013-06-05 You were so right when you said that we should be prepared to answer many management type questions I enthusiastically recommend your review to anyone preparing to take the NCLEX Susan Hardy R N Covers exactly what you need to know to score higher on your NCLEX RN exam Includes more than 1340 sample test questions to help you determine whether you re ready to take the actual exam Our popular Cram Sheet tear card helps you remember key concepts and facts Use our innovative Quick Check Answer Key System to quickly find answers as you work your way through the questions Score Higher on the NCLEX RN Exam The book features 6 practice exams giving you an effective tool to assess your readiness for the NCLEX RN exam Written by Leading Experts NCLEX-RN Practice Questions Wilda Rinehart, Diann Sloan, Clara Hurd, 2013 Previous ed published as NCLEX RN practice questions 2011 NCLEX-RN Exam JoAnn Graham Zerwekh, Jo Carol Claborn, 2010-01-01 Colorful mnemonic cartoons and illustrations make it fun and easy to remember key facts and nursing concepts for the NCLEX-PN Practice Questions Exam Cram Wilda Rinehart, Diann Sloan, Clara NCLEX RN examination Hurd, 2011-08-29 CD features 5 practice exams I studied nothing but your material for two weeks until I felt prepared to take the NCLEX Studying your material gave me the confidence I needed to pass Rayena Thorne nursing student at Wallace State Covers exactly what you need to know to score higher on your NCLEX PN exam Includes 1 000 sample test questions to help you determine whether you re ready to take the actual exam Our popular Cram Sheet tearcard helps you remember key concepts and facts Use our innovative Quick Check Answer Key System to quickly find answers as you work your way through the questions Written by Leading Nursing Experts Wilda Rinehart has R N B S N M S N F N C and F P N P degrees Her experience includes staff nurse in surgery labor and delivery public health nurse and family planning nurse practitioner She also was an instructor of surgical and obstetrical nursing Diann Sloan has R N B S N M S N F N C as well as MS Ed and Ph D in Education degrees She has worked as a staff nurse in surgical nursing pediatrics and neonatal intensive care and as a pediatric nurse clinician She has also been an instructor of pediatric and psychiatric nursing Clara Hurd has R N and M S N degrees and is certified in nursing education She has worked with Pearson as a consultant on item writing She has 31 years of experience and has worked as a staff nurse in medical surgical nursing and the surgical intensive care unit Ms Hurd has taught in associate and baccalaureate nursing programs Score Higher on the NCLEX PN Exam Category Test Preparation and Review Covers Nursing NCLEX PN is a registered trademark of the National Council of State Boards of Nursing Inc NCSBN which does not sponsor or endorse this product **Illustrated Study Guide for the NCLEX-RN® Exam** JoAnn Zerwekh, Jo Carol Claborn, 2010-01-05 Fun and engaging this must have review resource covers the nursing concepts and content found on the latest NCLEX RN examination It features a concise outline format that s perfect for studying as well as 2 020 review questions to test your knowledge and help you prepare for the exam Colorful illustrations

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Saunders Comprehensive Review for the NCLEX-RN® Examination, Fourth South Asia Edition - E-Book Annu Kaushik, 2022-11-15 Written by the most trusted name in NCLEX review and updated to reflect the latest NCLEX test plan Saunders is THE book of choice for NCLEX examination review Targeted for undergraduate students of nursing post graduate and trained nurses this book essentially helps all nurses prepare for the NCLEX exam and work in the US as a registered nurse Unit I NEW Next Generation NCLEX NGN Style questions prepare students for the biggest change to the NCLEX RN test plan to date Over 2 500 practice questions in the text and online offer ample testing practice NEW Thoroughly updated content incorporates clinical updates and reflects the latest NCLEX RN test plan NEW Clinical Judgment boxes identify a clinical judgment situation and address one of the 6 cognitive skills for the Next Generation NCLEX NEW Additional questions covering Health Problem areas and Complex Care NEW Reorganization of the Foundations of Care section makes this section more user friendly for beginning nursing students NEW Urinary and Bowel Elimination chapter and Hygiene Mobility and Skin Integrity chapters Health Problem code with every practice question focuses student study on particular topics such as heart failure or pneumonia Systematic case scenarios help students apply health and physical assessment concepts

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