NLN nutrition practice exam part A study guide (items in parenthesis are the correct answers)

1 – how to calculate fluid intake for renal failure patients (urine output plus insensible water loss).

2 - differences between pureed & mechanical soft diets (texture)

3 – best diets for niddm patients (a balanced, kcal-controlled diet)

4 - pts on hemodialysis - best way to check for dietary compliance (compare the clients present wt to the wt after the last treatment)

5 – pts on warfarin should avoid which foods (green, leafy veggies)

6 – why are milk products considered the preferred source of calcium? (the calcium in milk products is well-absorbed and utilized)

7 – etoh c/ cirrhosis of liver – why should they refrain from etoh – and what are the physiological effects of alcohol on the pt? (increased stress is placed on the liver in detoxifying alcohol)

8 - how does alcohol damage the liver?

9 – why would a dm1 pt need to have an evening snack c/ protein or milk exchange? (to avoid early morning hypoglycemia)

10 - when is ten the preferred mode of nutritional support? (when a pt requires complete bowel rest)

11 – know the gout diet (avoid red meats)

12 – know sodium-restricted diets (examples are one thisp. Of corn oil, one raw apple, one half cup of boiled rice and one cup of milk – milk is the one to be avoided on a low-na diet)

13 - know dm diets (meals & snacks must be eaten on a regular schedule)

14 – htn, hyperlipid/cholesterol diets – (with elevated cholesterol levels, they should be on a lower cholesterol diet)

15 – why/how does radiation therapy impact nutritional status? What conditions may it cause? (anorexia)

16 – cholecystrb's diet? (low-fat)

17 - dysphagia diets (thickened liquids)

18 - chf - what are causes of wt gain in one month? (fluid retention)

19 - diet modifications to control serum cholesterol levels? (avoid saturated fats)

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K Morrison

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NLN Test Catalog .1992 NLN Test Service Catalog ,1989 NLN RN Test Catalog ,1993 Pediatric Nurse **Practitioner Certification Review Guide** Silbert-Flagg, Elizabeth D. Sloand, 2015-10-02 Review Guides Certification Prep NLN Test Catalog for Registered Nursing Programs ,1991 NLN Testing ,1989 Practitioner Certification Review Guide JoAnne Silbert-Flagg, Elizabeth D. Sloand, 2020-05-05 The Ultimate Learning Package to Prepare for the CPNP PC Exam Pediatric Nurse Practitioner Certification Review Guide is organized and condensed and focuses on important topics that will likely show up on boards This will serve as a great resource for our students as they prepare for clinical and also when preparing for boards Uyen Le Jenkins DNP Lecturer of Nursing Old Dominion University Pediatric Nurse Practitioner Certification Review Guide Primary Care Seventh Edition is an essential resource for nurses preparing for the PNP primary care certification exam offered by the Pediatric Nursing Certification Board PNCB Completely updated and revised it reflects the most current guidelines and standards of practice for the nurse practitioner in the pediatric primary care setting The Seventh Edition features expanded information on the promotion of breastfeeding in the first year of life new content about LGBTQIA issues and a new chapter providing comprehensive review of mental health information with sections covering bullying learning disabilities internalizing and externalizing disorders eating disorders and more Pediatric Nurse Practitioner Certification Review Guide Primary Care Seventh Edition provides access to Navigate 2 TestPrep An access code is included with every new print copy and unlocks access to practice and simulated tests detailed rationales and powerful data dashboards Standalone access to Navigate 2 TestPrep is also available ISBN 978 1 284 19316 9 Pediatric Nursing Clinical Practicum 2021 450 pages NLN Testing, Products and Services for Registered Nursing Mosby's Comprehensive Review of Practical Nursing for the NCLEX-PN® Exam - E-Book Mary O. Programs ,1988 Eyles, 2013-10-01 A breakdown of the changes to the 2008 NCLEX PN test plan prepares you for the latest version of the exam A web link on the CD connects you to updates and technical support Public Health Nursing - Revised Reprint Marcia Stanhope, Jeanette Lancaster, 2013-10-15 This Revised Reprint of our 8th edition the gold standard in community health nursing Public Health Nursing Population Centered Health Care in the Community has been updated with a new Quality and Safety Education in Nursing QSEN appendix that features examples of incorporating knowledge skills and attitudes to improve quality and safety in community public health nursing practice As with the previous version this text provides comprehensive and up to date content to keep you at the forefront of the ever changing community health climate and prepare you for an effective nursing career In addition to concepts and interventions for individuals families and communities this text also incorporates real life applications of the public nurse s role Healthy People 2020 initiatives new chapters on forensics and genomics plus timely coverage of disaster management and important client populations such as pregnant teens the homeless immigrants and more Evidence Based Practice boxes illustrate how the latest research findings

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