



FRONT-SEAT ACTIVE HEAD RESTRAINTS

⚠ WARNING

- Always adjust the head restraints properly as specified in this section. Failure to do so can reduce the effectiveness of the Active Head Restraint.
- Active Head Restraints are designed to supplement other safety systems. Always wear seat belts. No system can prevent all injuries in any accident.

- Do not attach anything to the head restraint stalks. Doing so could impair Active Head Restraint function.

The Active Head Restraint moves forward utilizing the force that the seatback receives from the occupant in a rear-end collision. The movement of the head restraint helps support the occupant's head by reducing its backward movement and helping absorb some of the forces that may lead to whiplash-type injuries.

Active Head Restraints are effective for collisions at low to medium speeds in which it is said that whiplash injuries occur most.

Active Head Restraints operate only in certain rear-end collisions. After the collision, the head restraints return to their original positions.

Properly adjust the Active Head Restraints as described earlier in this section.

FLEXIBLE SEATING

⚠ WARNING

- Never allow anyone to ride in the cargo area or on the rear seats when they are in the fold-down position. In a collision, people riding in these areas without proper restraints are more likely to be seriously injured or killed.

- Do not allow people to ride in any area of your vehicle that is not equipped with seats and seat belts. Be sure everyone in your vehicle is in a seat and using a seat belt properly.

- Do not fold down the rear seats when occupants are in the rear seat area or any luggage is on the rear seats.

- Head restraints should be adjusted properly as they may provide significant protection against injury in an accident. Always replace and adjust them properly if they have been removed for any reason.

- If the head restraints are removed for any reason, they should be securely stored to prevent them from causing injury to passengers or damage to the vehicle in case of sudden braking or an accident.

- When returning the seatbacks to the upright position, be certain they are completely secured in the latched position. If they are not completely secured, passengers may be injured in an accident or sudden stop.

Nissan Xterra 2009 Owners Manual

John H Haynes



Nissan Xterra 2009 Owners Manual:

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