NLN Study Guide 1

cell

the smallest unit that can perform all life processes; cells are covered by a membrane and contain DNA and cytoplasm

nucleus

a part of the cell containing DNA and RNA and responsible for growth and reproduction DNA

deoxyribonucleic acid. Double-stranded nucleic acid twisted into a helical shape; its base sequence encodes the primary hereditary information for all living organisms and many viruses.

plasma (cell) membrane

phospholipid bilayer containing cholesterol and proteins. Contains receptors for communication; forms intercellular connections and boundaries; acts as a physical barrier to enclose cell contents; regulates movement into and out of the cell.

interstitial fluid

liquid found between the cells of the body that provides much of the liquid environment of the body

selectively permeable

a property of cell membranes that allows some substances to pass through, while others cannot

cytoplasm

the region of a cell located inside the cell membrane (in prokaryotes) or between the cell membrane and nucleus (in eukaryotes); contains a gel-like material and cell organelles organelles

are structures that work like miniature organs, carrying out specific functions in the cell mitochondria

powerhouse of the cell, organelle that is the site of ATP (energy) production ribosome

a cell organelle constructed in the nucleolus and functioning as the site of protein synthesis in the cytoplasm; Consists of rRNA and protein molecules, which make up two subunits, ribosomes attach to mRNA and move down it one codon at a time and stop until tRNA brings the required amino acid; when a ribosome reaches a stop codon it falls apart and releases the completed protein molecules

ER endoplasmic reticulum

complex network of interconnected membranes that form falttened sacs elongated canals and fluid filled vesicles Connected with the cell membrane nuclear envelope and some organelles Functions a tubular communication system to manufacture and transport substances

golgi complex

the cell organelle that modifies, packages, and transports materials out of the cell lysosome

membrane-bound sac containing digestive enzymes that can break down proteins, nucleic acids, and polysaccharides

cell wall

strong supporting layer around the cell membrane in plants, algae, and some bacteria chloroplast

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ML Yell

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Test Catalog Nursing Practice Assessment Series ,1998 Health Assessment in Nursing Janet R. Weber, Jane H. Kelley, 2013-11-14 Innovative systematic and user friendly Health Assessment in Nursing has been acclaimed through four previous editions for the way it successfully helps RN level students develop the comprehensive knowledge base and expert nursing assessment skills necessary for accurate collection of client data Maintaining the text s hallmarks in depth accurate information a compelling Continuing Case Study and practical tools that help students develop the skills they need to collect both subjective and objective data the Fifth Edition now features an exciting array of new chapters a greater focus on diversity and health assessment through the lifespan over 150 new illustrations more than 300 new photos of actual registered nurses and nurse pratitioners performing assessments and an expanded array of teaching and learning tools

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levels Susan Gross Forneris PhD RN CNE CHSE A FAAN Director NLN Center for Innovation in Education Excellence

Peterson's Guide to Graduate Programs in Business, Education, Health, Information Studies, Law and Social Work 1997 Peterson's, 1996-12-15 This guide contains listings for the most popular professions covering over 13 000 programs in advertising allied health business dentistry education health administration human resources development law medicine nursing optometry pharmacy podiatry public health social work veterinary medicine and more Simulations for the Advanced Practice Nurse Celeste M. Alfes, Elizabeth Zimmermann, 2020-03-19 Provides high quality comprehensive simulation scenarios for APRNs This invaluable resource is the first simulation guide designed specifically to support the training and evaluation of advanced practice nursing students novice nurse practitioners and advanced practice nurses transitioning to new fields This book provides a method and foundation to transform graduate nursing education to competency based clinical evaluation empowering programs with standardized templates and interprofessional education options for each scenario to advance graduate simulation education and research This comprehensive guide delivers more than 50 comprehensive simulation scenarios written by experienced APRNs faculty and simulation specialists Scenarios are arranged by APRN specialty with applications for students faculty standardized patients staff development and simulation staff who prepare the advanced practice nurse and their interprofessional team for clinical practice Not only is this text easy for faculty to use and implement it also includes several levels of application and offers strategies for adapting scenarios to an interprofessional setting Each simulation is structured into a consistent template for ease of use which includes a description objectives equipment needed pre briefing debriefing and interprofessional considerations Additionally each scenario includes a one page download designed for the Simulation Team focusing on what happens in a particular scenario These comprehensive simulations encompass a wide variety of physical health and mental health scenarios across the lifespan as well as telehealth critical care transport and retail scenarios Three detailed sections dedicated to APRN students faculty and simulation staff provide timely topics and sound advice from recent graduates faculty experts and leaders in the simulation field The section for students provides anticipatory guidance for novice practitioners on how best to prepare for formative and summative evaluations standardized patient patient interactions high stakes simulation testing and interprofessional experiences The section for faculty provides practical information on how to design engaging simulation experiences for the APRN and suggestions on mapping the various modes of simulation experiences to various levels and competencies A detailed section directed to the simulations team covers operations and management of the environment personnel equipment and resources Key Features Provides 10 Objective Structured Clinical Examination OSCE standard scenarios for general advanced practice assessment Contains more than 50 comprehensive simulation scenarios arranged by APRN specialty for formative summative and high stakes testing and competency evaluations Consistent with INACSL and SSH Simulation Standards of Best Practice and NLN Simulation Theory by Pamela Jeffries Maps simulation experiences to

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