

CAPÍTULO 1

INTRODUCCIÓN

La *Guía de los Fundamentos para la Dirección de Proyectos (Guía del PMBOK®)* es una norma reconocida en la profesión de la dirección de proyectos. Por norma se hace referencia a un documento formal que describe normas, métodos, procesos y prácticas establecidos. Al igual que en otras profesiones, como la abogacía, la medicina y las ciencias económicas, el conocimiento contenido en esta norma evolucionó a partir de las buenas prácticas reconocidas por profesionales dedicados a la dirección de proyectos, quienes contribuyeron a su desarrollo.

Los primeros dos capítulos de la *Guía del PMBOK®* presentan una introducción a conceptos clave en el ámbito de la dirección de proyectos. El Capítulo 3 presenta la norma para la dirección de proyectos. Resume los procesos, entradas y salidas que generalmente se consideran buenas prácticas en la mayoría de los proyectos. Los Capítulos 4 a 12 constituyen la *Guía de los Fundamentos para la Dirección de Proyectos*. Amplían la información contenida en la norma mediante la descripción de las entradas y salidas, así como de las herramientas y técnicas utilizadas para dirigir proyectos.

La *Guía del PMBOK®* proporciona pautas para la dirección de proyectos tomados de forma individual. Define la dirección de proyectos y otros conceptos relacionados, y describe el ciclo de vida de la dirección de proyectos y los procesos conexos.

Este capítulo define varios términos clave e identifica los factores externos del entorno del proyecto así como los factores internos de la organización, que giran en torno al éxito de un proyecto o tienen alguna influencia sobre el mismo. En las siguientes secciones se presenta una descripción general de la *Guía del PMBOK®*:

1.1 Propósito de la *Guía del PMBOK®*

1.2 ¿Qué es un Proyecto?

1.3 ¿Qué es la Dirección de Proyectos?

1.4 Relaciones entre la Dirección de Proyectos, la Dirección de Programas y la Gestión del Portafolio

1.5 Dirección de Proyectos y Gestión de las Operaciones

1.6 Rol del Director del Proyecto

1.7 Fundamentos para la Dirección de Proyectos

1.8 Factores Ambientales de la Empresa

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