

NEW FEAST

New Feast is Greg and Lucy Malouf's definitive collection of more than 130 modern Middle Eastern—inspired vegetarian recipes that celebrate the freshness, flavour and generosity of this exciting cuisine.

Designed to share, plates can be mixed-and-matched around the table. While vegetables are the stars, there are also grains and legumes, couscous and rice, breads, butters, dips and preserves, and an entiding selection of fruit-focused ice creams, puddings, postries and cakes. All bear the stamp of Greg's Middle Eastern mastery.

With his inventive modern take on Middle Eastern food,
Greg Malouf has been a defining influence on the international
food scene for more than 15 years. He divides
his time between Melbourne, London and Dubai, where
his latest restaurant is based.

Lucy Malouf is a food and travel writer who lives in Kent, England. She is also an experienced food editor, and consults to publishing houses globally.

New Feast is the seventh in the Maloufs' series of acclaimed and award-winning food and travel books.





New Feast Modern Middle Eastern Vegetarian

C Cleary

New Feast Modern Middle Eastern Vegetarian:

Delve into the emotional tapestry woven by in Dive into the Emotion of **New Feast Modern Middle Eastern Vegetarian**. This ebook, available for download in a PDF format (PDF Size: *), is more than just words on a page; itis a journey of connection and profound emotion. Immerse yourself in narratives that tug at your heartstrings. Download now to experience the pulse of each page and let your emotions run wild.

https://hersolutiongelbuy.com/data/publication/Documents/study%20guide%20answer%20modern%20biology.pdf

Table of Contents New Feast Modern Middle Eastern Vegetarian

- 1. Understanding the eBook New Feast Modern Middle Eastern Vegetarian
 - The Rise of Digital Reading New Feast Modern Middle Eastern Vegetarian
 - Advantages of eBooks Over Traditional Books
- 2. Identifying New Feast Modern Middle Eastern Vegetarian
 - Exploring Different Genres
 - o Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
- 3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - o Features to Look for in an New Feast Modern Middle Eastern Vegetarian
 - User-Friendly Interface
- 4. Exploring eBook Recommendations from New Feast Modern Middle Eastern Vegetarian
 - Personalized Recommendations
 - New Feast Modern Middle Eastern Vegetarian User Reviews and Ratings
 - New Feast Modern Middle Eastern Vegetarian and Bestseller Lists
- 5. Accessing New Feast Modern Middle Eastern Vegetarian Free and Paid eBooks
 - New Feast Modern Middle Eastern Vegetarian Public Domain eBooks
 - New Feast Modern Middle Eastern Vegetarian eBook Subscription Services
 - New Feast Modern Middle Eastern Vegetarian Budget-Friendly Options

- 6. Navigating New Feast Modern Middle Eastern Vegetarian eBook Formats
 - o ePub, PDF, MOBI, and More
 - New Feast Modern Middle Eastern Vegetarian Compatibility with Devices
 - New Feast Modern Middle Eastern Vegetarian Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - o Adjustable Fonts and Text Sizes of New Feast Modern Middle Eastern Vegetarian
 - Highlighting and Note-Taking New Feast Modern Middle Eastern Vegetarian
 - o Interactive Elements New Feast Modern Middle Eastern Vegetarian
- 8. Staying Engaged with New Feast Modern Middle Eastern Vegetarian
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers New Feast Modern Middle Eastern Vegetarian
- 9. Balancing eBooks and Physical Books New Feast Modern Middle Eastern Vegetarian
 - Benefits of a Digital Library
 - o Creating a Diverse Reading Collection New Feast Modern Middle Eastern Vegetarian
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine New Feast Modern Middle Eastern Vegetarian
 - Setting Reading Goals New Feast Modern Middle Eastern Vegetarian
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of New Feast Modern Middle Eastern Vegetarian
 - Fact-Checking eBook Content of New Feast Modern Middle Eastern Vegetarian
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
- 14. Embracing eBook Trends
 - Integration of Multimedia Elements

• Interactive and Gamified eBooks

New Feast Modern Middle Eastern Vegetarian Introduction

In todays digital age, the availability of New Feast Modern Middle Eastern Vegetarian books and manuals for download has revolutionized the way we access information. Gone are the days of physically flipping through pages and carrying heavy textbooks or manuals. With just a few clicks, we can now access a wealth of knowledge from the comfort of our own homes or on the go. This article will explore the advantages of New Feast Modern Middle Eastern Vegetarian books and manuals for download, along with some popular platforms that offer these resources. One of the significant advantages of New Feast Modern Middle Eastern Vegetarian books and manuals for download is the cost-saving aspect. Traditional books and manuals can be costly, especially if you need to purchase several of them for educational or professional purposes. By accessing New Feast Modern Middle Eastern Vegetarian versions, you eliminate the need to spend money on physical copies. This not only saves you money but also reduces the environmental impact associated with book production and transportation. Furthermore, New Feast Modern Middle Eastern Vegetarian books and manuals for download are incredibly convenient. With just a computer or smartphone and an internet connection, you can access a vast library of resources on any subject imaginable. Whether youre a student looking for textbooks, a professional seeking industry-specific manuals, or someone interested in self-improvement, these digital resources provide an efficient and accessible means of acquiring knowledge. Moreover, PDF books and manuals offer a range of benefits compared to other digital formats. PDF files are designed to retain their formatting regardless of the device used to open them. This ensures that the content appears exactly as intended by the author, with no loss of formatting or missing graphics. Additionally, PDF files can be easily annotated, bookmarked, and searched for specific terms, making them highly practical for studying or referencing. When it comes to accessing New Feast Modern Middle Eastern Vegetarian books and manuals, several platforms offer an extensive collection of resources. One such platform is Project Gutenberg, a nonprofit organization that provides over 60,000 free eBooks. These books are primarily in the public domain, meaning they can be freely distributed and downloaded. Project Gutenberg offers a wide range of classic literature, making it an excellent resource for literature enthusiasts. Another popular platform for New Feast Modern Middle Eastern Vegetarian books and manuals is Open Library. Open Library is an initiative of the Internet Archive, a non-profit organization dedicated to digitizing cultural artifacts and making them accessible to the public. Open Library hosts millions of books, including both public domain works and contemporary titles. It also allows users to borrow digital copies of certain books for a limited period, similar to a library lending system. Additionally, many universities and educational institutions have their own digital libraries that provide free access to PDF books and manuals. These libraries often offer academic texts, research papers, and technical manuals, making them invaluable resources for students and

researchers. Some notable examples include MIT OpenCourseWare, which offers free access to course materials from the Massachusetts Institute of Technology, and the Digital Public Library of America, which provides a vast collection of digitized books and historical documents. In conclusion, New Feast Modern Middle Eastern Vegetarian books and manuals for download have transformed the way we access information. They provide a cost-effective and convenient means of acquiring knowledge, offering the ability to access a vast library of resources at our fingertips. With platforms like Project Gutenberg, Open Library, and various digital libraries offered by educational institutions, we have access to an ever-expanding collection of books and manuals. Whether for educational, professional, or personal purposes, these digital resources serve as valuable tools for continuous learning and self-improvement. So why not take advantage of the vast world of New Feast Modern Middle Eastern Vegetarian books and manuals for download and embark on your journey of knowledge?

FAQs About New Feast Modern Middle Eastern Vegetarian Books

- 1. Where can I buy New Feast Modern Middle Eastern Vegetarian books? Bookstores: Physical bookstores like Barnes & Noble, Waterstones, and independent local stores. Online Retailers: Amazon, Book Depository, and various online bookstores offer a wide range of books in physical and digital formats.
- 2. What are the different book formats available? Hardcover: Sturdy and durable, usually more expensive. Paperback: Cheaper, lighter, and more portable than hardcovers. E-books: Digital books available for e-readers like Kindle or software like Apple Books, Kindle, and Google Play Books.
- 3. How do I choose a New Feast Modern Middle Eastern Vegetarian book to read? Genres: Consider the genre you enjoy (fiction, non-fiction, mystery, sci-fi, etc.). Recommendations: Ask friends, join book clubs, or explore online reviews and recommendations. Author: If you like a particular author, you might enjoy more of their work.
- 4. How do I take care of New Feast Modern Middle Eastern Vegetarian books? Storage: Keep them away from direct sunlight and in a dry environment. Handling: Avoid folding pages, use bookmarks, and handle them with clean hands. Cleaning: Gently dust the covers and pages occasionally.
- 5. Can I borrow books without buying them? Public Libraries: Local libraries offer a wide range of books for borrowing. Book Swaps: Community book exchanges or online platforms where people exchange books.
- 6. How can I track my reading progress or manage my book collection? Book Tracking Apps: Goodreads, LibraryThing, and Book Catalogue are popular apps for tracking your reading progress and managing book collections. Spreadsheets: You can create your own spreadsheet to track books read, ratings, and other details.

- 7. What are New Feast Modern Middle Eastern Vegetarian audiobooks, and where can I find them? Audiobooks: Audio recordings of books, perfect for listening while commuting or multitasking. Platforms: Audible, LibriVox, and Google Play Books offer a wide selection of audiobooks.
- 8. How do I support authors or the book industry? Buy Books: Purchase books from authors or independent bookstores. Reviews: Leave reviews on platforms like Goodreads or Amazon. Promotion: Share your favorite books on social media or recommend them to friends.
- 9. Are there book clubs or reading communities I can join? Local Clubs: Check for local book clubs in libraries or community centers. Online Communities: Platforms like Goodreads have virtual book clubs and discussion groups.
- 10. Can I read New Feast Modern Middle Eastern Vegetarian books for free? Public Domain Books: Many classic books are available for free as theyre in the public domain. Free E-books: Some websites offer free e-books legally, like Project Gutenberg or Open Library.

Find New Feast Modern Middle Eastern Vegetarian:

study guide answer modern biology

study guide for a crost exam

student study guide for campbell biology 5th

student understanding aid solutions manual

study guide 1 human relations

study at dihlabeng hosital

study guide fbat test

student solutions manual chapters 10 17 for stewarts

study guide for ap psychology unit 10

study guide for a d miniseries

study edition march 124

study guide conflict poetry

student solutions manual for zills

student guide to presidential innaguration

student review manual world civilizations

New Feast Modern Middle Eastern Vegetarian:

annual report 2012 n1 - Nov 25 2021

web n1 2012 annual report 4 the first half of 2012 was characterised by the wait for the icelandic competition authority s ica ap proval of framtakssjóður Ísland s purchase of

annual report 2011 ayen com tr - May 12 2023

web 2 ayen enerjl a Ş annual report 2011 foreword 3 agenda 6 financial highlights 10

annual national report 2011 pensions health care and long - Nov 06 2022

web annual national report 2011 pensions health care and long term care turkey may 2011 author o ğuz karadeniz disclaimer this report reflects the views of its authors and

annualreport 2011 2012 pdf dividend audit committee - Oct 05 2022

web since the audit committee was formed subsequent to 30th june 2012 the report of the audit committee could not be included in the annual report for 2011 12 however the

annual report 2011 2012 ning pdf download only - Jan 28 2022

web annual report 2011 2012 ning pdf unveiling the energy of verbal artistry an mental sojourn through annual report 2011 2012 ning pdf in a global inundated with displays

pdf annual report 2011 2012 detlev quintern academia edu - Mar 30 2022

web this paper examines the evolution and development of lccs globally along with the consequences of their expansion to the traditional carriers the market and the

pdf annual report 2011 2012 bach vu academia edu - Dec 27 2021

web corporate governance kaba annual report 2011 2012 61 f a total of 3 940 shares out of conditional capital were management meetings in how to work with the code of con

annual report 2011 2012 ning pgr uiaf gov co - Jul 02 2022

web could enjoy now is annual report 2011 2012 ning below child welfare systems and migrant children marit skivenes 2014 11 17 child welfare systems and migrant

annual report 2011 2012 ning copy openstackstats mirantis - Apr 11 2023

web the notice annual report 2011 2012 ning that you are looking for it will no question squander the time however below later you visit this web page it will be thus no

82nd annual report 2011 12 bank for international settlements - Mar 10 2023

web jun 24 2012 82nd annual report 2011 12 bis annual economic report 24 june 2012 pdf full text 6 342kb 214 pages the global economy has yet to overcome the

annual report 2012 the world bank - Feb 09 2023

web annual report 2012 496 800 000 children immunized 266 000 000 people covered by social safety net programs 188 600 000 pregnant women received antenatal care

cover image all photographs are of associates of tata - Apr 30 2022

web the annual general meeting will be held on friday june 29 2012 at birla matushri sabhagar sir v t marg new marine lines mumbai 400020 at 3 30 p m as a

annual report 2011 2012 ning tug do nlnetlabs nl - Sep 23 2021

web aug 17 2023 stock exchange th annual report 2011 2012 ems group li ning financials fashionbi annual report 2011 2012 detroit historical museum annual

fip annual report 2011 2012 international pharmaceutical - Feb 26 2022

web fip annual report 2011 2012 fip annual report

annual report 2011 2012 ning pdf uniport edu - Jul 14 2023

web aug 10 2023 taking into consideration this one merely said the annual report 2011 2012 ning is universally compatible next any devices to read annual report national

annual report 2011 2012 ning edms ncdmb gov ng - Jun 13 2023

web annual report 2011 2012 ning annual report 2011 2012 carers queensland annual report 2011 2012 erlc annual report 20112012 world economic forum annual

annual report 2011 2012 ning mail eduwis edu - Dec 07 2022

web jun 19 2023 achieve not uncover the periodical annual report 2011 2012 ning that you are looking for if you attempt to obtain and install the annual report 2011 2012 ning it

annual report 2011 2012 mit - Jun 01 2022

web mit colab annual report 2011 2012 during the 2011 12 academic year colab with our community partners mit faculty and students used the discipline of participatory

annual report 2011 2012 ning admision cbp edu - Jan 08 2023

web annual report 2011 2012 ning 3 3 the financial crisis provides in depth coverage of the impact of the crisis the aftermath future prospects and policy implications for a regional

annual report 2011 2012 - Aug 15 2023

web 1 the year in review page 2 letter to shareholders page 6 newtime page 8 portfolio page 20 energy efficiency page 48 corporate governance page 56 financial report page 76

annual report 2011 2012 ning - Oct 25 2021

web jul 9 2023 annual report 2011 2012 ning free ebooks download annual report 2011 2012 ning annual report 20112012 world economic forum annual reports

annual report 2011 publikasjoner nve no - Aug 03 2022

web nve annual report 2011 1 annual report 2011 the cooperation between the norwegian agency for development cooperation norad the ministry of foreign affairs

annual report financial statements management report - Sep 04 2022

web in the sustainability report met with an equally positive reception in the context of the management board s overall strategic policy the supervisory board discussed busi ness

ieltshelpnow com general training module practice - May 29 2022

web general training listening practice test 3 section 1 questions 1 10 questions 1 5 complete the form below ieltshelpnow com general training module practice test 3 questions 6 8 circle three letters a f what type of books does peter like a wildlife books b romance books

general training ieltshelpnow com - Feb 06 2023

web general training the general training ielts practice tests download general training ielts practice tests in our general training preparation package combined general training set 1 2 3 general training practice tests set 1 general training practice tests set 2 general training practice tests set 3

the free ielts general training speaking test lesson ielts help now - Jul 11 2023

web free general training tutorials the general training listening test tutorial the general training reading test tutorial the general training speaking test tutorial the general training writing test task 1 tutorial the general training writing test the general training reading test ielts help now - Oct 14 2023

web the general training writing test task 1 requires the candidate to write a letter in response to a given situation candidates must write a minimum of 150 words the general training writing test task 2 asks the candidate to write an essay on a general topic candidates must write a minimum of 250 words

ielts ielts general training test - Oct 02 2022

web the ielts general training test is designed to help you assess applicants who want to migrate to an english speaking country e g australia canada new zealand uk or if you are selecting candidates who wish to train or study at below degree level in ielts there are four papers listening reading writing and speaking

ieltshelpnow com general training module practice - Apr 27 2022

web general training listening practice test 7 section 1 questions 1 10 questions 1 5 complete the form below write no more

than three words or a number for each answer

ielts practice tests ielts exam practice from ielts help now - Apr 08 2023

web combined general training set 1 2 3 general training practice tests set 1 general training practice tests set 2 general training practice tests set 3 get better ielts exam and test results using our ielts practice tests available to download now free ielts tutorials give help

ielts ielts general training sample test questions - Dec 04 2022

web preparing for your ielts general training test we want you to do well in your test to help you get ready here are some sample tests for the general training test listening and speaking tests are the same for ielts academic and ielts general training but the reading and writing tests are different with these official practice materials you

free ielts preparation ielts help now - Mar 07 2023

web the free ielts preparation academic writing test task 1 tutorial the free ielts preparation academic writing test task 2 tutorial free ielts lessons general training test tutorials use the following free ielts lessons in conjunction with our ielts practice tests the free ielts preparation general training listening test tutorial

the free ielts general training reading test tutorial ielts help now - Aug 12 2023

web there are 40 questions in the ielts general training reading test and 1 mark is awarded for each correct answer there are no half marks your final mark out of 40 is then converted to a band from 1 9 using a converting table and this band is then averaged with the other 3 parts of the test to give your final ielts band

take your ielts general training test british council - Sep 01 2022

web ielts general training prove you have practical everyday english language skills ielts general training measures english language proficiency in a practical everyday context the tasks and tests reflect both workplace and social situations take this test if you would like to train or study at below degree level

general training practice test set 1 ielts help now - Jun 10 2023

web general training practice test set 1 you will receive as downloads 5 full practice sets of general training practice tests this includes 5 listening reading writing and speaking papers 5 sets of audio listening materials to go with the listening question papers answer sheets for listening and reading tests

the free ielts general training listening test lesson ielts help now - May 09 2023

web the ielts general training listening test is one area where teachers cannot help students as much as they can in other areas the skill of listening is one that is developed by practice and there is not much a teacher can say to improve a student s ability at it

free sample questions for ielts ielts help now - Jan 05 2023

web free sample questions for ielts you are here home ielts sample practice tests free lessons example free lessons example 5 downloads 5 videos take advantage of our free ielts sample questions

ielts general training test ielts general exam british council - Mar 27 2022

web the general training texts include three sections which you will again be asked 40 questions on section 1 two or three short factual texts with topics relevant to everyday life in an english speaking country section 2 two short factual texts focusing on work related issues section 3 one longer more complex text on a topic of general *ieltshelpnow com general training module practice* - Feb 23 2022

web general training listening practice test 1 section 1 questions 1 10 questions 1 5 complete the form below write no more than one word or a number for each answer pan asian airways lost property report form page 1 questions 6 8 circle three letters a f what items did kirsty s bag contain

ielts ielts general training test - Jun 29 2022

web reading writing speaking choose the ielts general training test if you wish to migrate to an english speaking country e g australia canada new zealand and uk or if you wish to train or study at below degree level in ielts there are four papers listening reading writing and speaking

ielts 18 general training student s book with answers with - Nov 03 2022

web jul 27 2023 dentro de ielts 18 general training with answers with audio with resource bank encontrarás cuatro exámenes completos más detalles de las diferentes partes del examen y el sistema de calificación para que puedas familiarizarte con el formato del examen académico y practicar tu técnica de examen

general training guestion paper test 10 pdf scribd - Jul 31 2022

web general training test 10 page 7 ieltshelpnow com general training reading practice test 10 section 1 questions 1 12 questions 1 6 on the following page is a notice advertising the westley museum look at the statements below questions 1 6 relating to the notice in boxes 1 6 on your answer sheet write

free help ielts general training test lessons - Sep 13 2023

web click below on the links to get free help with our general training free ielts lessons use the following free ielts lessons in conjunction with our ielts practice tests the general training listening test lesson the general training speaking test lesson

catia v5 human builder guide pdf ci kubesail - Feb 28 2022

web catia v5 human builder making chair in catia using human builder human builder tutorial catia v5 human builder in catia shankydesigns human builder simulation catia v5 how to do ergonomics for vehicles in catia v5 r20 catia v5 human builder design tutorial for beginners

catia v5 human builder quide customizer monos com - Jun 03 2022

web catia v5 human builder guide downloaded from customizer monos com by guest jaquan ramos ibm power 520 technical overview mdpi this book of tutorials is intended as a training guide for those who have a basic familiarity with part and assembly modeling in catia v5 release 20 wishing to create and simulate the motions of catia v5 human builder youtube - Sep 06 2022

web apr 21 2014 subscribe 109 share 34k views 9 years ago catia v5 ergonomics design analysis more more catia v5 ergonomics design analysis human builder

human builder simulation catia v5 youtube - Dec 09 2022

web human builder simulation catia v5 manh trung hoang 1 98k subscribers subscribe 13k views 8 years ago human builder simulation human builder simulation catia

catia v5 portfolio dassault systèmes 3d software - Feb 11 2023

web human builder 2 hbr is effectively used in conjunction with human measurements editor 2 hme human posture analysis 2 hpa and human activity analysis 2 haa for advanced detailed digital human creation and analysis improved human comfort performance and safety

catia v5 human builder 4d systems - May 14 2023

web catia human builder and simulation enables to directly create manipulate and simulate accurate digital manikin s interactions in context with the virtual product it is the only solution enabling to assess and optimize human posture vision and comfort directly in the product design environment leading to fast decision making and design

human builder using catia v5r20 grabcad tutorials - Jun 15 2023

web nov $25\ 2016$ human builder using catia v5r20 this tutorial is about how we can model a human which is useful for ergonomic analysis i e to know whether a product can be easily handled or not

download free catia v5 human builder guide free download - Jan 30 2022

web aug 25 2023 download free catia v5 human builder guide free download pdf summary study guide the body builders a human s guide to the future managing your employees real estate record and builder s guide a pocket guide to the human body how to look after your human human resource management applications

catia v5 human builder guide cyberlab sutd edu sg - Dec 29 2021

web catia v5 human builder guide computerworld jan 15 2021 for more than 40 years computerworld has been the leading source of technology news and information for it influencers worldwide computerworld s award winning web site computerworld com twice monthly publication focused conference series and custom download free catia v5 human builder guide free download - May 02 2022

web may 28 2019 by trisha freeman follow this short tutorial to see how to perform an ergonomic load analysis to a human manikin back in catia v5 visit rand3d com for a full list of catia classes catia demo manikin load analysis using the catia human builder workbench rand 3d insights from within

human builder free - Apr 13 2023

web welcome to the human builder users guide this guide is intended for users who need to become quickly familiar with the product this overview provides the following information human builder in a nutshell before reading this guide getting the most out of this guide accessing sample documents

catia v5 training pdf document - Jul 04 2022

web nov 24 2015 catia v5 training course introduction the 3d cad system catia v5 was introduced in 1999 by dassault systems the concept of catia v5 is to digitally include the complete process of product development comprising the first draft the design the layout and at last the production and the assembly

catia v5 human builder simulation hsx youtube - Oct 07 2022

web catia human builder and simulation ermöglicht die direkte erstellung bearbeitung und simulation der interaktionen von genauen digitalen modellen mannequi

catia v5 human builder guide 2022 opendoors cityandguilds - Apr 01 2022

web catia v5 human builder guide 13th international conference kmo 2018 Žilina slovakia august 6 10 2018 proceedings the ultimate step by step guide on how to build business credit and exactly where to apply

human builder tutorial catia v5 youtube - Jan 10 2023

web mar 2 2017 watch this video for use of human builder chair design with human builder making chair in catia using human bui watch this video for use of human builder sea kayak design

creating specialized human forms in catia v5 rand 3d - Jul 16 2023

web the human builder workbench in catia provides a way to model human forms based upon standard percentages these percentages are built on the measurements and proportions of different human populations there may be times however where the user would like to create specialized human forms one example would be to simulate a

web may 22 2020 human builder catia v5 \cite{thm} pour plus de détails contacte moi sur instagram instagram com mouadaitbenyad facebook facebook com moua

human modeling catia v5 academia edu - Aug 17 2023

web download free pdf human modeling catia v5 gonzalo anzaldo muñoz objectives of the course upon completion of this course you will learn how to use human model technology in order to leverage your ergonomics analysis see full pdf download pdf see full pdf download pdf

catia v5 human builder design tutorial youtube - Mar 12 2023

web jan 31 2018 please do like share and subscribe m if you have any suggestions please add in to comment so i can improve the videos my facebook page m facebook