

## With These Hands

With these hands I cannot defile you

They are to lift you, my sister!

With these words I cannot demean you

They are to encourage and comfort you, my sister!

With this strength I cannot destroy you

It is to defend you, my sister!

With this heart, I cannot reject you

It is to love you, my sister!

Lillian P. Benbow,  
Past National President  
Delta Sigma Theta Sorority, Inc.  
1971-1975

# Poem By Soror Lillian Benbow

**K Morrison**



**Poem By Soror Lillian Benbow:**

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