

LAB 5: SENSORY PHYSIOLOGY

Reflex Mechanism

1. **Receptor organ**
1. **Effector organ**
2. **Communication network** (to connect the two)

Reflex Action

1. Input (*sensory stimulus*)
1. Output (*motor response*)

Innate reflex – an appropriate response to the stimulus that has been built into the nervous system

Ex: spinal reflexes = require transmission from the periphery (outmost where something occurred) to the spinal cord and then to the appropriate effector organ

- Ex: feels fire on finger, spinal reflexes move finger away from fire

Consensual reflex – normally light that is directed in one eye produces pupil constriction in both eyes

- **Pupillary light reflex**
- When the **sphincter muscles** of the **iris** contract, **pupil** size decreases (*constricts*)
- When the **dilator muscles** of the **iris** contract, the **pupil** size increases (*dilates*)

Accommodation Reflex

Pupil Accommodation – the pupil constricts or dilates based on the distance of the image requiring focus (kind of like pupillary reflex)

- Viewing a near object = pupils will constrict (*smaller*) to increase the depth of focus by blocking any scattered light on the periphery of the cornea
- Viewing a distant object = pupils will dilate to increase the amount of light needed to focus on the object

Lens Accommodation – the ciliary muscles control the tension of the lens and increase its curvature to increase focusing ability

- Viewing a near object = ciliary muscles will **contract**, **decreasing** the tension on the lens and increases its curvature (*not being pulled flat and straight*) causing lens to **BULGE**
- Viewing a distant object = ciliary muscles **relax** which **increases** the tension on the lens and decreases its curvature (causes lens to flatten)

Convergence in Accommodation – shifting view from far to closer object, the eyes converge (*views come closer*) to keep the image focused

- Requires the actions of the medial and lateral rectus muscles, which will contract/relax to allow convergence to occur

Tendon (Stretch) Reflexes

Patellar/Knee-jerk reflex – movement in the leg after tapping between the patella and tibial tuberosity

- **Quadriceps** contracts

Jendrassik Maneuver – procedure to elicit a change in response in tendon activity reflex activity by forcing an individual to *focus their attention* on their arms (holding outwards) rather than their leg (where reflex is occurring)

Achilles/Ankle-jerk reflex – knee on chair allowing foot to dangle, dorsiflexed foot (pointed toes) to increase the tension of gastrocnemius muscle

- By tapping the achilles tendon, the **contraction of the gastrocnemius muscle** should cause **plantar flexion** of the foot

Reflex And Sensory Physiology Lab Answer Key

ML Yell



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