

CPR Guidelines

Timing is CRITICAL. IT'S IMPORTANT TO TAKE IMMEDIATE ACTION.

CHECK the victim for consciousness, breathing, signs of circulation and pulse.

CALL dial **911** or local emergency number

STEPS TO TAKE:

1

Put body prone to prevent blood and vomit. Tilt and twist to turn if one person attempts.



2

Look, listen and feel for breathing for about 10 to 15 seconds. If you hear you heard the victim... If the person is not breathing or you can't tell...



3

DO NOT MOVE the victim unless it is absolutely necessary!

Position victim on back while supporting head and neck.



4

Tilt head back and lift the chin, this opens the airway.



5

Look, listen and feel for breathing for about 10 to 15 seconds. If you hear you heard the victim... If not, breathe.



6

Give two slow, normal breaths. Each breath should make the chest rise.



7

After delivering the first 2 rescue breaths, the bystander should compress the chest 30 times (push down about 2 inches for adults) and 2 more breaths. Lay on back should continue compressions and rescue breaths until help arrives or victim responds on their own.



HOW AND WHEN TO CALL FOR HELP CALL FOR AN AMBULANCE IF THE PERSON:

- Is unconscious, seriously confused, or seems to be losing consciousness
- Has trouble breathing or is breathing in a strange way
- Has persistent chest pain or pressure
- Has pressure or pain in the abdomen that does not go away
- Is bleeding or passing blood
- Has seizures, severe headache, or altered speech
- Appears to have been poisoned
- Has injuries to the head, neck, or back

BE PREPARED TO GIVE ANSWERS TO DISPATCHER

- Check the time when the first symptoms occurred, so you are prepared to give that information
- Location (street address, city or town, cross streets, etc.)
- Phone number from where you are calling
- Your name
- What happened
- How many are injured
- Conditions of persons requiring aid
- Other (NAME) being given
- DO NOT hang up first, let the dispatcher hang up first

This CPR Guideline is used as a guide and as information resource. It cannot replace real CPR or first aid training. Please try to attend a CPR training course in your community and be ready to help when it calls.

Revised: 11/11/11. For information on the American Heart Association's CPR training, visit www.heart.org. For information on the American Red Cross's CPR training, visit www.redcross.org. For information on the American Lung Association's CPR training, visit www.lung.org. For information on the American Stroke Association's CPR training, visit www.stroke.org. For information on the American Diabetes Association's CPR training, visit www.diabetes.org. For information on the American Cancer Society's CPR training, visit www.cancer.org. For information on the American Heart Association's CPR training, visit www.heart.org. For information on the American Red Cross's CPR training, visit www.redcross.org. For information on the American Lung Association's CPR training, visit www.lung.org. For information on the American Stroke Association's CPR training, visit www.stroke.org. For information on the American Diabetes Association's CPR training, visit www.diabetes.org. For information on the American Cancer Society's CPR training, visit www.cancer.org.

ADULT & CHILD CPR (no pulse)

1. Find hand position
2. Position shoulders over hands; compress chest 30 times
3. Give 2 slow breaths

Continue sets of 30 compressions and 2 breaths (push hard and fast)



Emergency Numbers:

Ambulance: _____
Fire: _____
Poison: _____
Physician: _____

SAFETY

Product: 158-WS-CRPS-E



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**United States. Department of
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Abstracts of Defense Regulations Issued Pursuant to the Defense Production Act United States. Federal Register Division,1951-07 How to Pass the FRACP Written Examination Jonathan Gleadle,Jordan Li,Danielle Wu,Paul Kleinig,2021-09-27 How to Pass the FRACP Written Examination is an indispensable review and study guide for anyone preparing for the challenging Fellow of the Royal Australasian College of Physicians FRACP exam This up to date resource fully aligns with the current FRACP core training curriculum containing a wealth of traditional multiple choice questions MCQs as well as extended matching questions EMQs There are hundreds of questions for every major topic of the written examination including critical care medicine cardiology infectious diseases immunology and allergy neurology and pharmacology More than a simple practice exam this guide provides clear and complete explanations of each answer a mini review of the subject and links to the most recent or relevant articles on the topic Complementing the main body of questions are a number of teaching and two step questions designed to strengthen clinical reasoning skills highlight important issues and expand knowledge of contemporary hot topics Written by an experienced team of physicians and educators this must have book Provides a thorough review of the latest FRACP basic training syllabus Features QR codes embedded in the text to enable quick access to all references Offers tips hints advice and examination strategies from previous candidates Provides numerous questions grounded in clinically relevant cases Covers of areas of medicine that are new contemporary and evolving Covering both the Basic Sciences and Clinical Practice of the latest exam Passing the FRACP Written Examination is an essential companion for FRACP candidates as well as those looking to refresh improve or update their knowledge of the FRACP syllabus Federal Register ,1953 **Report of the Activities** United States. Congress. Joint Committee on Defense Production,1950 Defense Production Act: Progress Report --no. 22 United States. Congress. Joint Committee on Defense Production,1952 Report United States. Congress Senate,1953 *Annual Report of the Activities of the Joint Committee on Defense Production* United States. Congress. Joint Committee on Defense Production,1952 **The Code of Federal Regulations of the United States of America** ,1991 The Code of Federal Regulations is the codification of the general and permanent rules published in the Federal Register by the executive departments and agencies of the Federal Government **Business Service Check List** ,1952 Code of Federal Regulations ,1993 Special edition of the Federal Register containing a codification of documents of general applicability and future effect with ancillaries **Advanced Monitoring and Procedures for Small Animal Emergency and Critical Care** Jamie M. Burkitt Creedon,Harold Davis,2023-02-17 Advanced Monitoring and Procedures for Small Animal Emergency and Critical Care Detailed standardized step by step protocols for easy access to essential information in small animal emergency rooms and intensive care units Advanced Monitoring and Procedures for Small Animal Emergency and Critical Care Second Edition offers a complete and clinically oriented reference for step by step detail on a wide range of procedures in the small animal emergency room and

intensive care unit Each protocol provides detailed instructions grounded in the evidence The book is carefully designed for ease of use with concise but comprehensive explanations useful equipment lists protocols called out in boxes and extensive reference lists In the revised and expanded Second Edition information has been updated and expanded throughout and information and chapters have been added in many important areas including veterinary point of care ultrasound VPOCUS veterinary CPR blood banking and transfusion medicine advanced techniques for mechanical ventilation and veterinary health care team wellbeing A companion website offers the protocols in Word for editing and use in practice and the figures from the book in PowerPoint Specific topics covered in Advanced Monitoring and Procedures for Small Animal Emergency and Critical Care include The cardiovascular system covering catheterization of the venous compartment arterial puncture and catheterization cardiac VPOCUS principles of electrocardiography and electrocardiogram interpretation The respiratory system covering oxygen therapy pulse oximetry and CO oximetry blood gas analysis pleural space and lung VPOCUS tracheal intubation and temporary tracheostomy The urinary and abdominal systems covering urethral catheterization abdominal VPOCUS peritoneal dialysis technical management of hemodialysis patients and peritoneal evaluation Transfusion medicine covering blood banking blood typing cross matching and administration of blood and other biological products Advanced Monitoring and Procedures for Small Animal Emergency and Critical Care presents invaluable and accessible information for emergency situations making it a highly useful reference for veterinary practitioners veterinary technicians and nurses veterinary students small animal emergency and critical care residents small animal emergency and critical care specialists and emergency and critical care veterinary technicians and nurse specialists

Certified Ophthalmic Assistant Exam Review Manual Janice K. Ledford, 2024-06-01 The best selling exam preparation manual for more than 15 years has been extensively updated into a Third Edition With revisions and additional material that match the new JCAHPO criteria for Certified Ophthalmic Assistants COA this study resource will remain the top choice for those studying for certification With nearly 1 400 questions the Certified Ophthalmic Assistant Exam Review Manual Third Edition contains more questions with explanatory answers than any other study aid Additionally all 19 exam criteria headings are covered inside including history taking visual assessment medical ethics pharmacology ophthalmic imaging surgery and more Features Study tips hints and test taking strategies Explanatory answers for every question Updated to reflect new JCAHPO COA exam criteria Certified Ophthalmic Assistant Exam Review Manual Third Edition by Janice K Ledford will be the most talked about resource for those studying for the COA exam students in ophthalmic and optometric assisting programs and those who wish to review before taking the COT exam

Code of Federal Regulations United States. Department of Agriculture, 1994 Special edition of the Federal Register containing a codification of documents of general applicability and future effect as of July 1 with ancillaries

Textbook of Small Animal Emergency Medicine Kenneth J. Drobatz, Kate Hopper, Elizabeth A. Rozanski, Deborah C. Silverstein, 2018-12-06 Textbook of Small Animal Emergency Medicine offers an in depth understanding

of emergency disease processes and the underlying rationale for the diagnosis treatment monitoring and prognosis for these conditions in small animals A comprehensive reference on a major topic in veterinary medicine The only book in this discipline to cover the pathophysiology of disease in depth Edited by four respected experts in veterinary emergency medicine A core text for those studying for specialty examinations Includes access to a website with video clips additional figures and the figures from the book in PowerPoint Textbook of Small Animal Emergency Medicine offers an in depth understanding of emergency disease processes and the underlying rationale for the diagnosis treatment monitoring and prognosis for these conditions in small animals Cumulated Index Medicus ,1986 *Cardiovascular Therapeutics E-Book* Elliott M. Antman,2012-09-17 Manage cardiovascular problems more effectively with the most comprehensive resource available A trusted companion to Braunwald s Heart Disease Cardiovascular Therapeutics 4th Edition addresses pharmacological interventional and surgical management approaches for each type of cardiovascular disease This practical and clinically focused cardiology reference offers a balanced complete approach to all of the usual and unusual areas of cardiovascular disease and specific therapies in one concise volume equipping you to make the best choices for every patient Consult this title on your favorite e reader with intuitive search tools and adjustable font sizes Elsevier eBooks provide instant portable access to your entire library no matter what device you re using or where you re located Understand current approaches to treating and managing cardiovascular patients for long term health for complex problems and for unusual cardiac events Benefit from the substantial experience of Elliott M Antman MD Marc S Sabatine MD and a host of other respected authorities who provide practical evidence based rationales for all of today s clinical therapies Expand your knowledge beyond pharmacologic interventions with complete coverage of the most effective interventional and device therapies being used today Easily reference Braunwald s Heart Disease 9th Edition for further information on topics of interest Make the best use of the latest genetic and molecular therapies as well as advanced therapies for heart failure Cut right to the answers you need with an enhanced focus on clinically relevant information and a decreased emphasis on pathophysiology Stay current with ACC AHA ESC guidelines and the best ways to implement them in clinical practice Get an enhanced visual perspective with an all new full color design throughout *Abstracts of Price Regulations, Issued Pursuant to the Defense Production Act, as Amended* United States. Office of Price Stabilization,1952 *Abstracts of Price Regulations Issued Pursuant to the Defense Production Act* United States. Office of Price Stabilization,1952

Manufactured Home Construction and Safety Standards and Procedural and Enforcement Regulations Barry Leonard,2000-08 Chapters 1 Manufactured Home Construction planning considerations fire safety body testing thermal protection plumbing systems heating cooling electrical systems 2 Manufactured Home Procedural formal procedures rules informal manufacturer inspections dealer state admin agencies primary inspect agencies consumer complaint handling monitoring of primary inspection agencies departmental oversight manufacturer IPIA SAA reports *Practical Prehospital*

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