

Occupational Medicine Services



**New workers compensation injuries can be seen on a walk-in basis
Monday - Sunday 8:00am - 8:00pm.**

The following services are available at our Billerica and Westford locations
Monday - Friday: 8:00am - 4:00pm.

Please call 978-458-6868 to make an appointment.

OCCUPATIONAL MEDICINE DEFINITIONS

Pre-employment Physical - An examination performed by an occupational medical provider to determine if an individual is fit to perform his or her duties based on the company's protocols. This examination can include and is not limited to: a urine drug screen, breath alcohol screening, audiogram, pulmonary function test, back and hernia assessment, blood work, etc.

Back and Hernia Assessment -

Back: An examination to assess baseline function of the back and the ability to perform the duties as indicated for employment.

Hernia: A basic exam to determine if a clinically significant hernia is present in an anatomical area that is known for complication.

Department of Transportation (DOT) Physical -

Department of transportation exams are for individuals who operate vehicles with a combined gross weight between 10,001 lbs. and 26,001 lbs. (vehicles such as 18 wheelers, city buses, school buses, box trucks, etc.) This is performed only by a National Registry Certified Examiner under the Federal Motor Carrier Safety Administration guidelines.

Respiratory Clearance Exam - An exam performed by a medical provider under the Occupational Safety and Health Administration's (OSHA) guidelines to determine if an employee can safely and effectively wear a respirator.

Pulmonary Function Test (PFT) - A "breathing" test that measures the function of an individual's lungs. This is done by measuring how much air is inhaled, how much air is exhaled, and how quickly the air is exhaled. This test is usually required for employees who are required to wear a respirator on the job and is mainly based on medical history.

Audiometric Test (audio) - A test which determines an individual's hearing levels by measuring the hearing acuity involving frequencies and thresholds.

Fit for Duty Exam - An exam that determines whether or not an employee is physically and/or mentally suitable to perform their duties.

Urine Drug Screens - A test that analyzes urine for the presence of certain illegal drugs. There are many reasons for testing such as pre-employment screening, random testing, reasonable suspicions, post-accident, etc. There are also many drug screen panels that test for different types of drugs such as:

5 Panel urine drug screen - Tests for amphetamines and methamphetamines, cocaine metabolites, marijuana metabolites, opiates (codeine and morphine) and phencyclidine.

10 Panel urine drug screen - Amphetamines and methamphetamines, cocaine metabolites, marijuana metabolites, opiates (codeine and morphine), phencyclidine, barbiturates, benzodiazepines, methadone, and propoxyphene.

Occupational Medicine Templates

Jeanne Mager Stellman



Occupational Medicine Templates:

Occupational Health Services Tee L. Guidotti, Paula Lantsberger, M. Suzanne Arnold, 2025-09-17 The new edition of Occupational Health Services provides an essential guide in setting up running and improving healthcare services either in an organization or within the community The book offers an invaluable toolkit for the prevention diagnosis treatment and occupational management of work related health issues The text covers An overview of occupational health care in the United States and Canada how it is organized who pays for what how it is regulated and how workers compensation works It explains how occupational health services are managed in practice whether within a company as a global network in a hospital or medical group practice as a free standing clinic or following other models The management of core services including record keeping marketing service delivery options staff recruitment and evaluation and program evaluation It provides details on specific services such as clinical service delivery for injured workers periodic health surveillance impairment assessment fitness for duty alcohol and drug testing employee assistance mental health health promotion emergency management global health management and medicolegal services Thoroughly updated throughout and including a new chapter on Consulting this unique book will be a key reference work for managers and health practitioners from a range of backgrounds including but not limited to medicine nursing health services administration and physical therapy as well as students training in these fields

Manuals Combined: U.S. Army Special Forces And Navy Operational Obstetrics & Gynecology With Physical Exam Techniques , Over 4 000 total pages Just a SAMPLE of the Contents OBSTETRICS AND NEWBORN CARE I 185 pages OBSTETRICS AND NEWBORN CARE II 260 pages Operational Obstetrics Gynecology The Health Care of Women in Military Settings 2nd Edition Standard Version 259 pages Operational Obstetrics Gynecology The Health Care of Women in Military Settings 2nd Edition Field Version 146 pages MEDICAL EXAMINATIONS AND STANDARDS 353 pages PHYSICAL EXAMINATION TECHNIQUES 149 pages GYNECOLOGICAL EXAM presentation 81 pages GYNECOLOGICAL INFECTIONS AND ABNORMALITIES presentation 76 pages ASSESSMENT OF PREGNANCY AND ESTIMATING DATE OF DELIVERY presentation 23 pages REPRODUCTIVE AND DEVELOPMENTAL HAZARDS A GUIDE FOR OCCUPATIONAL HEALTH PROFESSIONALS 136 pages MEDICAL SURVEILLANCE PROCEDURES MANUAL AND MEDICAL MATRIX EDITION 7 354 pages Sexual Health Primer 70 pages Fleet Medicine Pocket Reference 1999 70 pages OCCUPATIONAL MEDICINE FIELD OPERATIONS MANUAL 120 pages Readiness Guide for Female Airmen 32 pages

Encyclopaedia of Occupational Health and Safety Jeanne Mager Stellman, 1998 [Occupational Health](#) , 1970

Contemporary Occupational Health Nursing Greta Thornbory, Susanna Everton, 2017-10-24 This textbook now thoroughly revised and updated provides a practical guide for those in training or practising within occupational health nursing Concerned with the health of people at work and the effects of work on health and health on work this distinctive branch of public health nursing requires specific knowledge and skills Contemporary Occupational Health Nursing includes

chapters on public health leadership health promotion and protection health surveillance health assessment case management and rehabilitation mental health management of occupational health services and epidemiology and research quality assurance and audit The second edition includes additional content on health risk assessment and the Fit for Work Service occupational health management systems psychosocial factors and mindfulness among other things Discussion of ethical issues is woven throughout and each chapter is written by an experienced occupational health nurse practitioner and includes features such as case studies activities learning objectives and chapter summaries This book can be used as a text by those undertaking specialist community public health nursing qualifications and as an important resource for all nurses working in occupational health practice

Information Resources in Toxicology P.J. Bert Hakkinen, Asish Mohapatra, Steven G. G. Gilbert, 2009-08-19 This latest version of Information Resources in Toxicology IRT continues a tradition established in 1982 with the publication of the first edition in presenting an extensive itemization review and commentary on the information infrastructure of the field This book is a unique wide ranging international annotated bibliography and compendium of major resources in toxicology and allied fields such as environmental and occupational health chemical safety and risk assessment Thoroughly updated the current edition analyzes technological changes and is rife with online tools and links to Web sites IRT IV is highly structured providing easy access to its information Among the hot topics covered are Disaster Preparedness and Management Nanotechnology Omics the Precautionary Principle Risk Assessment and Biological Chemical and Radioactive Terrorism and Warfare are among the designated International in scope with contributions from over 30 countries Numerous key references and relevant Web links Concise narratives about toxicologic sub disciplines Valuable appendices such as the IUPAC Glossary of Terms in Toxicology Authored by experts in their respective sub disciplines within toxicology

Protocol template to be used as template for observational study protocols for cohort event monitoring (CEM) for safety signal detection after vaccination with COVID-19 vaccines, 2021-05-13

The Medical Student's Survival Guide Elizabeth Cottrell, 2007 To the unsuspecting wearing a stethoscope could not be more easy You pick it up place it around your neck and hey presto you look like you know what you are doing and people think you are a doctor This is the no nonsense guide to the reality of medical student life Everything you need to know is here What are my chances of delivering a baby How many questions should I ask How do I insert a nasogastric tube without the patient knowing it s my first time Where will I live when I m on clinical rounds Why can t I wear trainers Will patients like me What is a patient s pack year history How do I break bad news How can I get more sleep And much much more

Healthcare Administration: Concepts, Methodologies, Tools, and Applications Management Association, Information Resources, 2014-08-31 As information systems become ever more pervasive in an increasing number of fields and professions workers in healthcare and medicine must take into consideration new advances in technologies and infrastructure that will better enable them to treat their patients and serve their communities Healthcare Administration Concepts Methodologies

Tools and Applications brings together recent research and case studies in the medical field to explore topics such as hospital management delivery of patient care and telemedicine among others With a focus on some of the most groundbreaking new developments as well as future trends and critical concerns this three volume reference source will be a significant tool for medical practitioners hospital managers IT administrators and others actively engaged in the healthcare field ,

Biosafety programme management ,2020-09-25

Longitudinal Research in Occupational Health Psychology Toon

Taris,2017-10-02 Occupational health psychology OHP involves the application of psychology to improving the quality of work life and to promoting and protecting the safety health and well being of employees Achieving these aims requires researchers and practitioners to possess in depth knowledge of the processes that are presumed to bring about the desired outcomes To date most studies in OHP have relied on cross sectional designs in examining these processes In such designs all variables of interest are measured simultaneously Although this has generated useful insights in how particular phenomena are associated such designs cannot be trusted when it comes to drawing causal inferences association is not causation This book therefore focuses on longitudinal research designs in OHP whereby the concepts of interest are measured several times offering much stronger evidence for causal relationships The authors focus on design issues in longitudinal research such as the number of measurements chosen and the length of the time lags between these measurements and illustrate these issues in the context of applied research on topics such as the work family interface conflict at work and employee well being By doing so this volume provides a state of the art overview of current research in OHP both in terms of its findings and methodologies This book is based on a special issue of the journal Work Stress

Template & Manifesto for the Creative Economy 2 Peter Matthews-Akukalia,2016-05-10 In this book the king

introduces his latest modules on human behaviour engineering and its management in order to resolve the lingering crisis in education technology economy politics systems restructuring management Thought imagination inspiration and revelation become real things You will find in Psychoeconomix the relationship between the matter age and the mind or creative age new currency modules for globalization policy making and analysis and somewhat new ways of reasoning The human mind is brought to vivid clarity as test results are brought to bear on seemingly insignificant things so that there is now the modules for determining such things as the Creative Intelligence Quotient CIQ and the renaming of the Intelligence Quotient IQ based on discovered errors for better applications Can the human scourge of unemployment be solved Yes Can there be created new technologies to determine the mind tax systems so that the mind is proved as distinct from the brain Yes You will find out that this template manifesto is the karst for the paradigm shift to the creative economy that we have all yearned and longed for And then the opportunities that the study of Creative Sciences Professionalism presents to the world is made real beyond mere farce Discover yourself Call it whatever you may it is a study of the Creative Psycho Social Sciences Thanks Peter Matthews Akukalia **Safe Vaccine Administration** Helen Donovan,Helen Bedford,2025-07-21 This book equips

nurses and midwives with a role in providing vaccination services in the UK with the information they need to practice safely and effectively This includes ensuring they are equipped to answer questions as they arise Starting with the importance of vaccination for public health the book takes a vaccination through the life course approach from pregnancy babies and childhood teenagers adults to older people discussing some of the key challenges and issues with the different vaccine programmes The book provides readers with the best practice guidance to offer a safe effective and quality service To maximise the uptake of vaccination across the population it offers guidance on how to ensure vaccination is offered to and accessible to all those who are eligible Information is offered on how to address parents and patients questions and concerns effectively to ensure they are provided with the evidence based information they need to make an informed decision about vaccination and be able to give informed consent This book also provides technical information on vaccine preparation injection techniques and how to minimise the pain and distress of vaccination it also provides clinical management support for patient observation after vaccination Each chapter is written by nurses and midwives expert in immunisation and vaccine administration with contributions from physicians legal and pharmacy professionals where relevant

Information Resources in Toxicology, Volume 2: The Global Arena, 2020-05-15 This new fifth edition of Information Resources in Toxicology offers a consolidated entry portal for the study research and practice of toxicology Both volumes represents a unique wide ranging curated international annotated bibliography and directory of major resources in toxicology and allied fields such as environmental and occupational health chemical safety and risk assessment The editors and authors are among the leaders of the profession sharing their cumulative wisdom in toxicology s subdisciplines This edition keeps pace with the digital world in directing and linking readers to relevant websites and other online tools Due to the increasing size of the hardcopy publication the current edition has been divided into two volumes to make it easier to handle and consult Volume 1 Background Resources and Tools arranged in 5 parts begins with chapters on the science of toxicology its history and informatics framework in Part 1 Part 2 continues with chapters organized by more specific subject such as cancer clinical toxicology genetic toxicology etc The categorization of chapters by resource format for example journals and newsletters technical reports organizations constitutes Part 3 Part 4 further considers toxicology s presence via the Internet databases and software tools Among the miscellaneous topics in the concluding Part 5 are laws and regulations professional education grants and funding and patents Volume 2 The Global Arena offers contributed chapters focusing on the toxicology contributions of over 40 countries followed by a glossary of toxicological terms and an appendix of popular quotations related to the field The book offered in both print and electronic formats is carefully structured indexed and cross referenced to enable users to easily find answers to their questions or serendipitously locate useful knowledge they were not originally aware they needed Among the many timely topics receiving increased emphasis are disaster preparedness nanotechnology omics risk assessment societal implications such as ethics and the precautionary principle climate change and children s

environmental health Opens with an overview of the international toxicology scene organizations and activities involved with both the science and regulatory framework and a specific look at the European Union s efforts Offers an extensive collection of chapters covering over 40 countries and their toxicological infrastructure which includes listings of major books and journals organizations professional societies universities poison control centers legislation and online databases Provides the Second Edition of the International Union of Pure and Applied Chemistry s Glossary of Terms Used in Toxicology a carefully constructed and peer reviewed collation of critical terms in the science Concludes with a potpourri of quotes concerning toxicology and their use in the arts and popular culture Paired with Volume One which offers chapters on a host of toxicology sub disciplines this set offers the most comprehensive compendium of print digital and organizational resources in the toxicological sciences with over 120 chapters contributions by experts and leaders in the field

Safety First, Essentials for Your OHS Career Journey Salatiso, 2024-05-23 In an era where safety transcends borders Safety First Essentials for Your OHS Career Journey emerges as a pivotal guide for aspiring and established professionals alike This book part of a comprehensive series offers a streamlined path to a fulfilling career in Occupational Health and Safety OHS with strategies that hold universal relevance This book draws inspiration from South Africa s strong safety culture but the core principles and strategies are designed to be universally applicable You can easily adapt them to fit local regulations and practices wherever you are in the world The good news is many OHS online courses including those offered by South African institutions are internationally recognized This includes the well known SAMTRAC This means the knowledge and skills you gain from this book and recommended courses can be applied globally OHS is not confined to the walls of industry it extends to schools places of worship and community spaces It s about creating safe environments where life thrives This book demystifies the notion that only a formal degree paves the way to OHS It presents accessible avenues such as part time study and remote learning making education a smart investment Here s what this guide unlocks for you Core OHS Knowledge Grasp the essentials that pave the way to success Smart Education Choices Embrace flexible learning options that align with your financial goals Practical Experience Engage in internships that propel your OHS career forward Diverse Career Opportunities Explore the vast landscape of OHS and find your niche Whether you re a fresh school leaver an unemployed graduate a professional pivoting to a new career or a business leader aiming to enhance safety culture this book validates that your skills are an asset in OHS For those seeking an even deeper dive the series continues with Safety First The Comprehensive Blueprint for Your OHS Career offering extensive strategies and insights This book is your empowerment tool It equips you with the knowledge to safeguard lives fortify communities and contribute to a safer future not just in South Africa but anywhere in the world Are you prepared to be the catalyst for change Let the journey begin

Essential public health functions: a guide to map and measure national workforce capacity World Health Organization, 2024-06-06 This document belongs to the National Workforce Capacity for Essential Public Health Functions Collection which includes an

operational handbook and guidance on functions competency based education and workforce enumeration *Handbook of OSHA Construction Safety and Health* Charles D. Reese, James Vernon Eidson, 2006-03-23 A practical guide for eliminating safety and health hazards from construction worksites the Handbook of OSHA Construction Safety and Health addresses the occupational safety and health issues faced by those working in the construction industry The book covers a vast range of issues including program development safety and health program implemen **Cases on Electronic Records and Resource Management Implementation in Diverse Environments** Krueger, Janice, 2013-08-31 While web based accessible materials have offered academic libraries an effective approach to managing electronic records and resources for its service population a cross discipline approach has not yet been executed Cases on Electronic Records and Resource Management Implementation in Diverse Environments brings together real life examples of how electronic records and resource management have been implemented across disciplines Offering theories amid legal and ethical concerns of electronic records and resource management this publication is essential for professionals involved in the education of library and information science and the training of individuals responsible for electronic records management in various disciplines **Materials and Applications for Sensors and Transducers III** Evangelos Hristoforou, Dimitrios S. Vlachos, 2014-04-03 Proceedings of the 3rd International Conference Selected peer reviewed papers from the 3rd International Conference on Materials and Applications for Sensors and Transducers IC MAST 2013 September 13 17 2013 Prague Czech Republic

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calculations one intermediate diaphragm 10 in thick 50 in deep is assumed at the middle of each span figures 2 1 and 2 2 show an elevation and cross section of the superstructure respectively

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the most common types of structures used for freeway bridges and overpasses this three span precast prestressed girder example features a single long span in the middle along with two short side

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web the design is complete for pre stressing cables end anchorages un tensioned reinforcements end cross girder shear connectors 3 0 general this chapter emphasizes on introducing the typical process of designing deck girder superstructure of pre stressed concrete bridge along with the consideration that a design engineer needs to take

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