

## **NUR 245**

### **Complete Physical Examination**

**Date:** 06/20/18

**Student:** Samuel Kollimorgen

**Patient Initials:** H.K.   **Age:** 25   **Gender:** Male

**Occupation:** Student

#### **General Survey of Patient**

1. **Appears stated age:** Pt seems appropriate for stated age.
2. **Level of consciousness:** Pt is alert and oriented x3
3. **Skin color:** PWD, appropriate appearance for stated age and ethnicity
4. **Nutritional status:** Stated dietary intake is adequate, pt seems well nourished.
5. **Posture and position:** Upright, erect posture. No abnormalities detected.
6. **Obvious physical deformities:** No obvious physical deformities seen.
7. **Mobility:** Normal gait and posture, pt is mobile w/o assistive device.
8. **Facial expression:** No signs of distress, pain, or anxiety. Face symmetrical.
9. **Mood and affect:** Pt is content and displays a normal affect.
10. **Speech:** Pt's speech is appropriate and understandable.
11. **Hearing:** Pt does not state to have any issues hearing.
12. **Personal hygiene:** Pt is well groomed and appropriately dressed.

#### **Measurements and Vital Signs**

1. Weight: 178 lbs
2. Height: 70 in.
3. Body mass index: 25.5
4. Vision using Snellen eye chart: 20/20 bilaterally with corrective lenses.
5. Radial pulse, rate, and rhythm: 78, 2+ radial pulses RRR
6. Respirations, rate, depth: 16, Normal work of breathing
7. Blood pressure: 136/72 right arm, sitting.
8. Temperature (if indicated): N/A
9. Pain assessment: 0/10

#### **Skin**

1. **Hand and nails:** No clubbing or deformities, cap refill < 2 sec, skin PWD, nail beds pink.

**Color and pigmentation:** Color tan-pink, even pigmentation, no lesions noted.

**Temperature:** Warm

**Moisture:** Dry

**Texture:** Smooth

**Turgor:** Good turgor, no signs of tenting.

**Any lesions:** No notable lesions.

#### **Head and Face**

# Physical Exam Documentation Example

**KJ Lindholm-Leary**



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