OCST - Stardust II HST Recorder Operation - Procedure

PURPOSE: To ensure Home Sleep Test data is collected and transmitted correctly.
POLICY: Home Sleep Testing Recorders will be tested prior to application and the patient instructed in the use and care of the device.

PROCEDURE:

1. Remove old battery and discard. Insert new battery by pressing and sliding off the cover. Check that the positive (+) and negative (-) connections are fitted correctly.

2. Connect the recorder cables.
   a. Turn cover screw counter-clockwise, remove cover and connect cables.
   1) Remove sensor cover using screwdriver provided.
   2) Identify the proper recorder socket and gently connect the sensor plug into the socket. Do not use force, if the plug does not slide in easily, make sure the socket keys are aligned correctly.
   3) Replace sensor cover and tighten the sensor screw.
   b. Cables are color coded: SpO2 is brown, flow is blue, effort sensor is green, and computer connector is black.

3. Verify Recorder Operation.
   a. Turn power switch to the OFF position.
   b. Apply finger sensor to yourself or the patient and turn the power switch on.
   c. The amber and green lights will come on during a recorder self test. The green light will blink periodically while in the recording mode.
   d. Turn off once correct operation has been verified.

4. Apply the Oximeter Sensor.
   a. Align the Finger Clip so the top of the sensor lines up with the patient's finger nail (the top has the cable attached to it).
   b. The LED light inside the sensor must be directly above the middle of the patients' nail bed.
   c. Have the patient make a fist and tape the sensor cable to the back of the patient's hand.

5. Apply the Effort Belt.
   a. Hang the pouch around the patient's neck, adjust the length so that it hangs in the center of the chest.
   b. Pass the effort sensor through the loop on the back of the pouch and wrap the belt round the patient between the abdomen and the chest.
   c. Hook the buckles together and adjust the belt so that it is secure but does not restrict normal breathing.
   d. Make sure all sensors are attached, insert the recorder into the pouch and close the flap.

6) Apply the Airflow Sensor.
   a) Place the nasal cannula above the upper lip with the cannula protruding slightly into the nostrils.
   b) Run the cannula tubes behind the patient's ears.
   c) Adjust the bolo tie to hold the cannula snugly in place.
   d) If necessary, tape the cannula to the patient's check.

7) Instruct the patient in turning the recorder on and off and in using the event marker (purple botton).
   a) Instruct patient to check that the green and amber lights flash off and on when turning the recorder on.
   b) Instruct patient to press the event marker such as turning off the lights, going to the bath room, chest pain, taking medication, etc. Assure the patient that pressing the event marker does not interfere with the recorder.
   c) Instruct patient not to turn on the recorder until he/she is ready to go to sleep.
   d) Instruct patient to turn off the recorder upon awakening in the morning.
   i) Press the event marker to mark the waking up the morning.
   ii) Turn off the recorder, remove the cannula, oximeter sensor and effort belt.
   iii) Store the recorder and sensors in the carrying case and place in box to be mailed back or brought back to the office.

Respironics Stardust 2 User Manual

Richard B. Berry

Respironics Stardust 2 User Manual:

Mobile Health Sasan Adibi,2015-02-18 This book offers a comprehensive report on the technological aspects of Mobile Health mHealth and discusses the main challenges and future directions in the field It is divided into eight parts 1 preventive and curative medicine 2 remote health monitoring 3 interoperability 4 framework architecture and software hardware systems 5 cloud applications 6 radio technologies and applications 7 communication networks and systems and 8 security and privacy mechanisms The first two parts cover sensor based and bedside systems for remotely monitoring patients health condition which aim at preventing the development of health problems and managing the prognosis of acute and chronic diseases The related chapters discuss how new sensing and wireless technologies can offer accurate and cost effective means for monitoring and evaluating behavior of individuals with dementia and psychiatric disorders such as wandering behavior and sleep impairments The following two parts focus on architectures and higher level systems and on the challenges associated with their interoperability and scalability two important aspects that stand in the way of the widespread deployment of mHealth systems The remaining parts focus on telecommunication support systems for mHealth including radio technologies communication and cloud networks and secure health related applications and systems All in all the book offers a snapshot of the state of art in mHealth systems and addresses the needs of a multidisciplinary audience including engineers computer scientists healthcare providers and medical professionals working in both academia and the industry as well as stakeholders at government agencies and non profit organizations   **Establishing a Heart Failure Program** Michael McIvor,2008-04-15 every critical examination of HF therapy in the United States has documented that we are not using all the weapons in our arsenal We know what works yet we are not systematically applying these proven therapies from the Introduction If you are interested in a better way to treat heart failure this book is for you Dr Michael McIvor who has taught thousands of healthcare professionals how to effectively care for patients with chronic HF through CME symposia takes a logical step by step approach to setting up and operating the kind of program that reduces hospital admissions and improves patient care Establishing a Heart Failure Program The Essential Guide answers the different questions posed by physicians nurse practitioners nurses and hospital administrators all of whom need to work as a team to achieve success The three major sections of the book address Taking the first steps toward building your heart failure program developing a business plan choosing your model of care and making accurate financial projections Assembling the pieces of your program managers front line staff and the physical facility Day to day operations A companion website presents forms you can download and use in your own heart failure center Drawing from experience Dr McIvor helps you avoid common problems by identifying potential problems and sharing advice that has proven effective to your colleagues He gives you the essential tools unavailable elsewhere to set up and maintain a heart failure program that achieves superior clinical outcomes

Surgical Management of Sleep Apnea and Snoring David J. Terris,2005-08-12 A valuable reference for practitioners

interested in utilizing the latest operative strategies this state of the art text reviews current and emerging topics in the surgical management of sleep apnea and snoring describing methods for patient evaluation avoidance of complications and postoperative care **Fundamentals of Sleep Medicine E-Book** Richard B. Berry,2011-07-18 Written by Richard Berry MD author of the popular Sleep Medicine Pearls Fundamentals of Sleep Medicine is a concise clinically focused alternative to larger sleep medicine references A recipient of the 2010 AASM Excellence in Education award Dr Berry is exceptionally well qualified to distill today s most essential sleep medicine know how in a way that is fast and easy to access and apply in your practice Consult this title on your favorite e reader conduct rapid searches and adjust font sizes for optimal readability Compatible with Kindle nook and other popular devices Get clear guidance on applying the AASM scoring criteria Reinforce your knowledge with more than 350 review questions Get the answers you need quickly thanks to Dr Berry s direct and clear writing style Access the complete contents online at Expert Consult including videos demonstrating parasomnias leg kicks and more **Soft Computing Applications** Valentina Emilia Balas,Lakhmi C. Jain,Branko Kovačević,2015-11-02 These volumes constitute the Proceedings of the 6th International Workshop on Soft Computing Applications or SOFA 2014 held on 24 26 July 2014 in Timisoara Romania This edition was organized by the University of Belgrade Serbia in conjunction with Romanian Society of Control Engineering and Technical Informatics SRAIT Arad Section The General Association of Engineers in Romania Arad Section Institute of Computer Science Iasi Branch of the Romanian Academy and IEEE Romanian Section The Soft Computing concept was introduced by Lotfi Zadeh in 1991 and serves to highlight the emergence of computing methodologies in which the accent is on exploiting the tolerance for imprecision and uncertainty to achieve tractability robustness and low solution cost Soft computing facilitates the use of fuzzy logic neurocomputing evolutionary computing and probabilistic computing in combination leading to the concept of hybrid intelligent systems The combination of such intelligent systems tools and a large number of applications introduce a need for a synergy of scientific and technological disciplines in order to show the great potential of Soft Computing in all domains The conference papers included in these proceedings published post conference were grouped into the following area of research Image Text and Signal Processing li Intelligent Transportation Modeling and Applications Biomedical Applications Neural Network and Applications Knowledge Based Technologies for Web Applications Cloud Computing Security Algorithms and Computer Networks Knowledge Based Technologies Soft Computing Techniques for Time Series Analysis Soft Computing and Fuzzy Logic in Biometrics Fuzzy Applications Theory and Fuzzy Control Bussiness Process Management Methods and Applications in Electrical Engineering The volumes provide useful information to professors researchers and graduated students in area of soft computing techniques and applications as they report new research work on challenging issues **Sleep Apnea** Allan I. Pack,2016-04-19 Sleep apnea is a common chronic condition affecting millions of people Written by a multidisciplinary team including sleep medicine specialists pulmonologists scientists psychiatrists otorhinolaryngologists and more this text

provides essential scientific and clinical information for those treating and researching the condition Since the pre

Obstructive Sleep Apnea Andras Bikov,Silvano Dragonieri,2020-12-02 Obstructive sleep apnea OSA is a common disease that may affect up to 50% of the adult population and whose incidence as well as its health and socio economic burden continues to rise OSA is a well known risk factor for motor vehicle accidents and decreased work performance and it is frequently accompanied by cardiovascular diseases The aim of this Special Issue is to focus on the characteristics of OSA in special populations that are less frequently investigated For this purpose seven groups of experts in the field of sleep medicine contributed noteworthy manuscripts on this subject The content of these articles which include the latest knowledge about the epidemiology pathophysiology and comorbidities of OSA in special populations will support all physicians who endeavor to improve their understanding of this disease and can serve as a basis for future research

Fundamentals of Sleep Technology Teofilo Lee-Chiong, M.D.,2012-06-01 Fundamentals of Sleep Technology provides a thorough understanding of the use of polysomnography and other technologies in the evaluation and management of sleep disorders Coverage includes in depth reviews of the neurophysiology and cardiopulmonary aspects of sleep along with the pathophysiology of sleep disorders Detailed sections on polysomnography include recording procedures identifying and scoring sleep stages and sleep related events and report generation Chapters discuss therapeutic interventions including positive airway pressure supplemental oxygen surgical and pharmacologic treatments and patient education A section focuses on pediatric sleep disorders and polysomnography Also included are chapters on establishing and managing a sleep center and accrediting a sleep program Fundamentals of Sleep Technology is endorsed by American Association of Sleep Technologists AAST AAST committees oversaw the development of this book defining the table of contents recruiting the Editors and providing most of the contributors *Sleep Medicine in Neurology* Douglas Kirsch,2013-10-10 Recognize understand and manage sleep dysfunction in your patients Sleep disorders can cause neurological problems Neurological problems can cause sleep disorders Whatever the cause or effect neurologists need to be well versed in sleep medicine This enables effective discussion of sleep problems and improved patient outcomes and satisfaction Sleep Medicine in Neurology introduces the practicing neurologist to sleep medicine from examination of the patient to treatment of many sleep disorders With a focused practical approach throughout the expert author team covers History examination and sleep testing of the patient Insomnia Excessive daytime sleepiness Narcolepsy Obstructive and central sleep apnea Movement disorders in sleep Parasomnias Sleep disorders in children Clinical in approach practical in execution Sleep Medicine in Neurology helps you diagnose and treat your sleep disordered patients more effectively **Obstructive Sleep Apnea** Clete A. Kushida,2007-05-17 Responding to the growing recognition of Obstructive Sleep Apnea OSA as a major medical condition and the emergence of exciting new therapies this 2 volume source examines clinical features characteristics comorbidities and impact of OSA on patient biological systems Not to mention diagnosis and treatment methods that include first line and

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