

SOAP Note for Physical Therapy Template

Patient Information

First Name: James

Surname: Wilson

DoB: 05/08/1990

Date: 10/07/2022

Subjective

James has had difficulty sleeping on his right side because of right shoulder pain. He said it is a 3/10 pain along the right bicep and up to the trapezius muscle. He finds it hard to reach behind his back or lift his arm above his head.

Objective

James is alert and in no acute distress. He is tender over the soft tissue of the right shoulder. Decreased range of motion. No swelling or ecchymosis. No deformity. Motor is intact.

Assessment

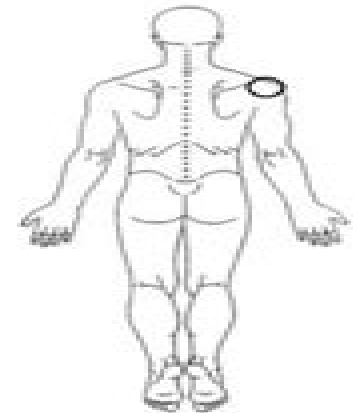
Biceps tendinitis, right shoulder.

Right shoulder x-ray reviewed by Dr. Jane Smith is negative.

Plan

James declined narcotic pain medication. James will ice his shoulder and lightly stretch twice daily. Recheck in 7 days, sooner if symptoms worsen.

Symptom Analysis



X Adhesion

⤵ Rotation

○ Pain

● Tender Joint

≡ Hypertonicity

≈ Spasm

○ Inflammation

9 Trigger Point

/ Elevation

Additional Notes

Signature

Date

10/07/2022

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Physical Therapy Clinical Handbook for PTAs Olga Dreeben-Irimia, 2013 Physical Therapy Clinical Handbook for PTAs Second Edition is a concise and condensed clinical pocket guide designed specifically to help physical therapist assistants and physical therapist assistant students easily obtain helpful evidence based information This succinct summarizing pocket guide covers the evaluative as well as interventional aspect of physical therapy and offers immediate guidance concerning physical therapy data collection and interventions in various clinical settings including musculoskeletal neurologic cardiopulmonary integumentary geriatric pediatric and acute care With its portable and user friendly format this handbook is a valuable resource for physical therapist assistant students during the education training program and throughout clinical practice The Second Edition features a new and unique look at physical therapy in acute care provided by PTAs Acute care topics include musculoskeletal and neurological acute care as well as the significant factors in acute care to consider while applying physical therapy to patients with endocrine gastrointestinal genitourinary and oncological disorders diseases The Second Edition contains physical therapy terminology reflecting current physical therapy practice according to the APTA's Guide to Physical Therapist Practice and also includes guidelines from the CDC and JCAHO Appendices contain helpful balance assessment forms and cardiac and integumentary patient education forms

Guide to Clinical Documentation Debra D Sullivan, 2018-07-25 Understand the when why and how Here's your guide to developing the skills you need to master the increasing complex challenges of documenting patient care Step by step a straightforward how to approach teaches you how to write SOAP notes document patient care in office and hospital settings and write prescriptions You'll find a wealth of examples exercises and instructions that make every point clear and easy to understand

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