

THE OFFICIAL U.S. ARMY **COMBATIVES HANDBOOK**

CURRENT, FULL-SIZE
EDITION



BATTLE-TESTED HAND-TO-HAND COMBAT
THE MODERN ARMY COMBATIVES PROGRAM (MACP) MANUAL
FULL-SIZE, CLEAR PRINT
COMPLETE & UNABRIDGED
TC 3-25.150 (FM 3-25.150, FM 21-150)

Us Army Combatives Manual

U. S. Army



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The Official US Army Combatives Handbook - Current, Full-Size Edition U. S. Army, 2017-10-02 BUILD YOUR WARRIOR ETHOS AND OVERCOME ANY FOE Current edition TC 3 25 150 big 8 5 x 11 LANDSCAPE FORMAT large clear text extensive all new photo illustrations 400 pages complete unabridged This edition supersedes the old FM 3 25 150 and FM 21 150 Batteries last hours books last decades Get the print edition Hand to hand combat is the ultimate test of a Soldier s ability to combine mind and body into a single powerful force focused on defeating the enemy with whatever weapons are available As used by the Modern Army Combatives Program MACP at Fort Benning GA the U S Army s experts and instructors have created this handbook with the benefit of decades of experience teaching students of every ability to implement the physical and mental skills required to effect lethal devastation on their adversaries in conflicts around the world The simple direct and effective skills and training procedures contained in this book will enable you whether training within a unit with a partner or alone to achieve deadly ability and matchless confidence as a close combat fighter SHARPEN THE DEFINING CHARACTERISTIC OF A WARRIOR THE WILLINGNESS TO CLOSE WITH THE ENEMY PLEASE NOTE in order to maximize the space available for illustrations this book is presented in landscape format PURPOSE SYSTEM PRINCIPLES SYSTEMATIC CONTINUOUS TRAINING COMPETITION DRILLS LIVE TRAINING INTEGRATED TRAINING COMBAT FEEDBACK SAFETY PRECAUTIONS RISK ASSESSMENT TRAINING AREAS INJURIES RESPONSIBILITIES OF INSTRUCTORS HOW TO CONDUCT TRAINING BASIC FIGHT STRATEGY GROUND GRAPPLING CLINCH FIGHTING INTERMEDIATE FIGHT STRATEGY GRAPPLING WITH STRIKES REGAINING THE INITIATIVE ADVANCED GROUND FIGHTING TECHNIQUES STRIKING SKILLS DEFENSE ADVANCED CLINCH POSITIONS PUMMELING KNEE STRIKES CONTACT WEAPONS THRUSTING WEAPONS WEAPON ATTACK DEFENSE GRAPPLING WITH WEAPONS COMPETITIONS DRILLS TRAINING EVALUATION Search for CARLILE MILITARY LIBRARY to find more TOP FLIGHT SQUARED AWAY publications for your professional bookshelf Information purposes only Proudly published in the U S A by CARLILE MEDIA

U.S. Army Combatives Hand-To-Hand Manual ,2024-12-11 *The Official Us Army Combatives Handbook* Headquarters US Army, 2017 **U. S. Army Combatives Hand-To-Hand Manual** U. S. Army, 2019-09-07 p BEWARE Many other sellers on Amazon are selling the Obsolete FM 21 50 This is the updated official FM 3 25 150 which contains more pages and updated information The printed Combatives Hand to Hand Manual is in the convenient 8 5 x 11 inch format The book contains over 260 pages and hundreds of photographs Hand to hand combat is the ultimate test of a Soldier s ability to fight and test their toughness mentally and physically The U S Army s experts and instructors have created this handbook with the benefit of decades of experience to teach how to fight win and survive The Modern Army Combatives program draws the best and most practical combat techniques from Brazilian Jiu Jitsu Judo Muay Thai Boxing and Escrima The book is created trusted and battle tested by the US Armed Forces It should be part of every bug out bag and vehicle and used by

preppers hunters climbers campers outdoorspeople hikers and anyone looking to survive natural or man made disasters Contents of the Army Combatives Hand to Hand Manual include Training Techniques Safety Principles Ground Fighting Techniques Advanced Ground Fighting Striking Kicking Grappling Takedowns and Throws Handheld Weapons Field Expedient Weapons Standing Defense Knife Fighting Bayonet Fighting Much Much More BUY YOUR COPY TODAY **21st Century U. S. Army Combatives Field Manual** U. S. Department of Defense Staff, 2002-04-01 The preface to this U S Army manual FM 3 25 150 states This field manual contains information and guidance pertaining to rifle bayonet fighting and hand to hand combat The hand to hand combat portion of this manual is divided into basic and advanced training This manual serves as a guide for instructors trainers and soldiers in the art of instinctive rifle bayonet fighting According to the manual Hand to hand combat is an engagement between two or more persons in an empty handed struggle or with hand held weapons such as knives sticks or projectile weapons that cannot be fired Proficiency in hand to hand combat is one of the fundamental building blocks for training the modern soldier Soldiers must be prepared to use different levels of force in an environment where conflict may change from low intensity to high intensity over a matter of hours Many military operations such as peacekeeping missions or noncombatant evacuation may restrict the use of deadly weapons Hand to hand combatives training will save lives when an unexpected confrontation occurs More importantly combatives training helps to instill courage and self confidence With competence comes the understanding of controlled aggression and the ability to remain focused while under duress Training in combatives includes hard and arduous physical training that is at the same time mentally demanding and carries over to other military pursuits The overall effect of combatives training is the culmination of a successful physical fitness program enhancing individual and unit strength flexibility balance and cardiorespiratory fitness and building personal courage self confidence self discipline and esprit de corps As such this manual provides a unique heavily illustrated training manual for a number of hand to hand combat techniques Chapter Three deals with basic ground fighting techniques Basic ground fighting techniques build a fundamental understanding of dominant body position which should be the focus of most combatives training before moving on to the more difficult standing techniques Ground fighting is also where technique can most easily be used to overcome size and strength Before any killing or disabling technique can be applied the soldier must first gain and maintain dominant body position The leverage gained from dominant body position allows the fighter to defeat a stronger opponent An appreciation for dominant position is fundamental to becoming a proficient fighter because it ties together what would otherwise be a long confusing list of unrelated techniques If a finishing technique is attempted from dominant position and fails the fighter can simply try again If on the other hand a finishing technique is attempted from other than dominant position and fails it will usually mean defeat Attacks include the collar choke single wing choke straight arm bar arm lock guillotine choke scissors sweep Captain Kirk ankle grab knee push triangle choke knee mount leg attacks straight ankle lock and figure four ankle lock Striking called an

integral part of all actual fighting includes pass the guard with strikes striking from side control defending against strikes and more Takedowns and throws are covered in detail Later chapters cover handheld weapons using the bayonet or knife which may be the ideal weapon to dispatch the enemy Field expedient weapons are discussed including the entrenching tool three foot sticks and six foot pole Standing defense techniques against unarmed and armed opponents are reviewed Restrictive force scenarios include two against one three against two one against two and two against three *The Official US Army Combatives Handbook - Current, Full-Size Edition* US Army,2025-02-13 **21st Century U.S. Military Manuals** Department of Defense,U. S. Military,U. S. Army,2017-08-27 The Combatives Field Manual FM 3-25.150 FM 21-150 contains information and guidance pertaining to rifle bayonet fighting and hand to hand combat The hand to hand combat portion of this manual is divided into basic and advanced training This manual serves as a guide for instructors trainers and soldiers in the art of instinctive rifle bayonet fighting Topics covered include hand to hand combat rifle bayonet fighting knife assault and fighting techniques Hand to hand combat is an engagement between two or more persons in an empty handed struggle or with hand held weapons such as knives sticks or projectile weapons that cannot be fired Proficiency in hand to hand combat is one of the fundamental building blocks for training the modern soldier Soldiers must be prepared to use different levels of force in an environment where conflict may change from low intensity to high intensity over a matter of hours Many military operations such as peacekeeping missions or noncombatant evacuation may restrict the use of deadly weapons Hand to hand combatives training will save lives when an unexpected confrontation occurs More importantly combatives training helps to instill courage and self confidence With competence comes the understanding of controlled aggression and the ability to remain focused while under duress Training in combatives includes hard and arduous physical training that is at the same time mentally demanding and carries over to other military pursuits The overall effect of combatives training is the culmination of a successful physical fitness program enhancing individual and unit strength flexibility balance and cardiorespiratory fitness building personal courage self confidence self discipline and esprit de corps This field manual has been converted for accurate flowing text e book format reproduction As a bonus this reproduction includes FM 1 The Army Field Manual a capstone manual containing the vision for the Army sold separately for \$5.99 FM 1 establishes the fundamental principles for employing Landpower The most important of these are the Army's operational concept and the fundamentals that support it They form the foundation for all Army doctrine All Soldiers should understand and internalize them FM 1 describes the American profession of arms the Army's place in it and what it means to be a professional Soldier This is a privately authored news service and educational publication of Progressive Management **U.S. Army Combatives FM 3-25.150** Department of Defense,2016-08-01 This is the 2002 Printing This field manual contains information and guidance pertaining to rifle bayonet fighting and hand to hand combat The hand to hand combat portion of this manual is divided into basic and advanced training This manual serves as a guide for instructors trainers and soldiers in

the art of instinctive rifle bayonet fighting *Shadow Warrior Edition* Ron Collins,2022-04-16 Linear Infighting Neuro Override Engagement or L I N E was the US Marine s Hand to Hand Combat System from 1989 to 2002 until it was replaced by the Marine Corps Martial Arts Program It was taught to US Army Special Forces Units from 1998 to 2007 Created by Ron Donvito this Close Quarters Combat system is in the public domain as the US Marine Corps Close Quarters Combat Manual The Shadow Warrior L I N E Combative Manual contains the original USMC CQC Manual analysis by Ron Collins a former US Army Hand to Hand Combat Instructor awarded for the supplemental information he added to Modern Army Combatives generation one that are similar to the material found in Gen II MACP though Mr Collins denies any credit to this similarity This LINE manual is suggested study for all American Homeguard Hand to Hand Combat Self Defense Combatives certified Instructors in the American Homeguard Survival Academy Combatives Hand to Hand Combat U. S. Army Field Manual Pentagon Publishing,2006-01-01 Combatives Manual U S Army,U. S. Army Dept. Staff,2001-07 When soldiers become so entangled with enemy forces that firearms and grenades are not practical hand to hand combat skills become vital Learn the U S Army s most current techniques for basic and advanced unarmed fighting field expedient weapons combat speed training transition techniques sentry removal and much more The U.S. Marine Manual for Close Combat Fighting U.S. Department of Defense,2023-12-29 The U S Marine Manual for Close Combat Fighting serves as a comprehensive guide to the techniques strategies and philosophies underpinning hand to hand combat training within the United States Marine Corps Written in a clear instructional style this manual utilizes a pragmatic approach blending military discipline with practical self defense tactics Embedded within its pages are essential principles prioritized by the Corps emphasizing not just physical skill but also mental resilience and situational awareness reflecting a broader militaristic ethos that values both honor and duty in combat scenarios The U S Department of Defense as the author draws upon decades of military tradition martial arts innovation and operational experience to craft this manual It encapsulates various influences including close combat techniques from historical martial arts adapted to meet the rigorous demands of modern warfare This collaboration of seasoned military experts resulted in a text that both honors tradition and embraces evolution in combat training methods This manual is highly recommended for military professionals martial arts practitioners and anyone interested in the systematic study of close combat Its blend of straightforward instruction and deep philosophical insights makes it an invaluable resource for enhancing one s understanding of self defense and the broader essence of combat readiness *Field Manual* United States. Department of the Army,1950 Ultimate Guide to U.S. Army Combat Skills, Tactics, and Techniques Jay McCullough,2010-07-01 Nearly 1 000 pages of instruction on how to fight and win from the team that created The Ultimate Guide to U S Army Survival Skills Tactics and Techniques *Technical Report* Human Resources Research Organization,1967 Combatives U. S. Army,2014-12-02 This OFFICIAL field manual 3 25 150 contains information and guidance pertaining to rifle bayonet fighting and Hand to Hand Combat The hand to hand combat portion of this manual is

divided into basic and advanced training This manual serves as a guide for instructors trainers and soldiers in the art of instinctive rifle bayonet fighting The Hand to Hand portion of this field manual contains direct application to civilian Mixed Martial Arts conditioning and technique CHAPTER 1 Introduction CHAPTER 2 Training CHAPTER 3 Basic Ground Fighting Techniques CHAPTER 4 Advanced Ground Fighting Techniques CHAPTER 5 Takedowns and Throws CHAPTER 6 Strikes CHAPTER 7 Handheld Weapons CHAPTER 8 Standing Defense CHAPTER 9 Group Tactics APPENDIX A Situational Training APPENDIX B Competitions

Martial Arts of the World Thomas A. Green, Joseph R. Svinth, 2010-06-11 This book is the most comprehensive and authoritative reference ever published on the wide range of martial arts disciplines practiced in cultures around the world ABC CLIO's Martial Arts of the World An Encyclopedia of History and Innovation is the most authoritative reference ever published on combat disciplines from around the world and across history Coverage includes Shaolin monks jousting knights Roman gladiators Westerner gunfighters samurai warriors and heavyweight boxers These iconic figures and many more are featured in this title as well as representatives of less well known but no less fascinating systems all vividly characterized by expert contributors from around the world who are themselves martial arts practitioners Martial Arts of the World comprises 120 entries in two volumes The first volume is organized geographically to explore the historic development of martial arts styles in Asia Africa Europe and the Americas The second volume looks at martial arts thematically with coverage of belief systems modern martial arts competitions and a wide range of such topics as folklore women in martial arts martial arts and the military and martial arts and the media

Pro-Systems: Combatives Volume One Joseph Truncale, 2015-03-14 This is the first volume of the Pro Systems Combatives PSC system This manual has all the basic techniques principles and essential warm up drills required to learn the entire basic Pro Systems Combatives PSC selfdefense offense system This volume also covers responses to punching attacks kicking attacks wrist arm grab attack counters body grab counters and drills Volume two covers the Pro Systems Combatives PSC self defense responses to chokes head locks knife gun multiple subjects and ground attack counters

Fight Like a Marine - Close Combat Fighting (Official U.S. Marine Handbook) U.S. Department of Defense, 2024-01-15 This book thoroughly explains military techniques of close combat fighting necessary for self defense in every situation They will enhance your strength flexibility balance and cardio respiratory fitness The practice will help you build personal courage self confidence and self discipline Be as prepared and skillful as a U S Marine and act instantly when an unexpected confrontation occurs Close combat fighting is an engagement between two or more persons in an empty handed struggle or with hand held weapons such as knives or sticks Table of Contents Introduction Definition of Combatives Purposes of Combative Training Safety Training Responsibilities of Trainers Safety Precautions Warm Ups and Stretches Crawl Walk and Run Execution at Combat Speed Drills Basic Ground Fighting Techniques Back Mount Front Mount Guard Side Control Body Positioning Moves Finishing Moves Drills Defense Against Headlocks Advanced Ground Fighting Techniques Advanced Body Positions Pass the Guard

Attacks from the Mount Attacks from the Back Mount Attacks from the Guard Knee Mount Leg Attacks Striking from Side Control Defending Against Strikes in the Guard Takedowns and Throws Breakfalls Closing the Distance and Achieving the Clinch Takedowns from Against a Wall Double Leg Attack Single Leg Attack Attacks from the Rear Throws and Takedowns Strikes Arm Strikes Punching Combinations Kicks Transition Between Ranges Handheld Weapons Angles of Attack Rifle with Fixed Bayonet Knife against knife sequence Entrenching Tool Three Foot Stick Defense Against the Knife Standing Defense Lethal Force Scenarios Restrictive Force Scenarios Two Against One Three Against Two Group Tactics Lethal Force Scenarios Restrictive Force Scenarios Competitions **Soldiers** ,1995

Us Army Combatives Manual: Bestsellers in 2023 The year 2023 has witnessed a noteworthy surge in literary brilliance, with numerous compelling novels captivating the hearts of readers worldwide. Lets delve into the realm of popular books, exploring the fascinating narratives that have enthralled audiences this year. Us Army Combatives Manual : Colleen Hoover "It Ends with Us" This heartfelt tale of love, loss, and resilience has captivated readers with its raw and emotional exploration of domestic abuse. Hoover expertly weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can prevail. Us Army Combatives Manual : Taylor Jenkins Reids "The Seven Husbands of Evelyn Hugo" This spellbinding historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reids captivating storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Discover the Magic : Delia Owens "Where the Crawdads Sing" This captivating coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens weaves a tale of resilience, survival, and the transformative power of nature, entrancing readers with its evocative prose and mesmerizing setting. These top-selling novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of compelling stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a exceptional and suspenseful novel that will keep you wondering until the very end. The novel is a cautionary tale about the dangers of obsession and the power of evil.

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