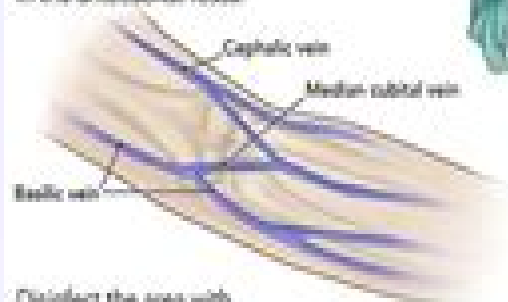


# Venipuncture

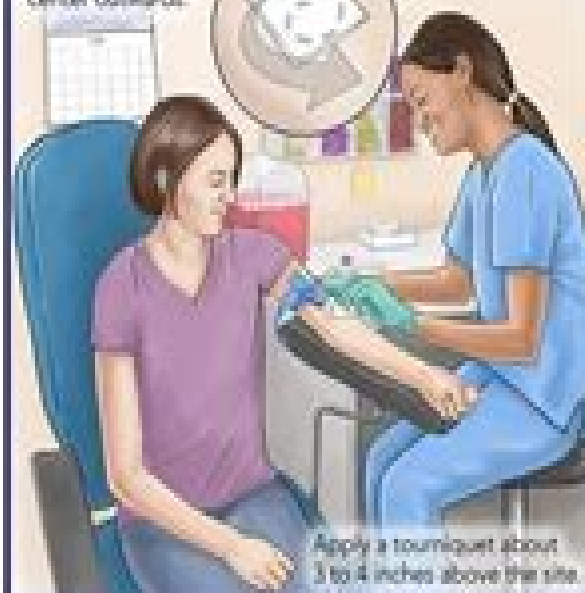
## Blood collection procedure guide

Gather all equipment, wash hands, and put on sterile gloves.

Ask the patient to make a fist and select the venipuncture site in the antecubital fossa.



Disinfect the area with a 70% alcohol swab, working from the center outwards.

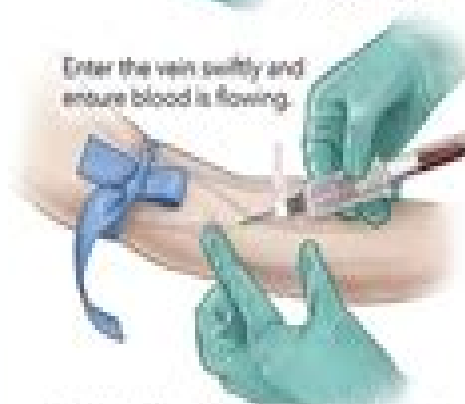


Apply a tourniquet about 3 to 4 inches above the site.

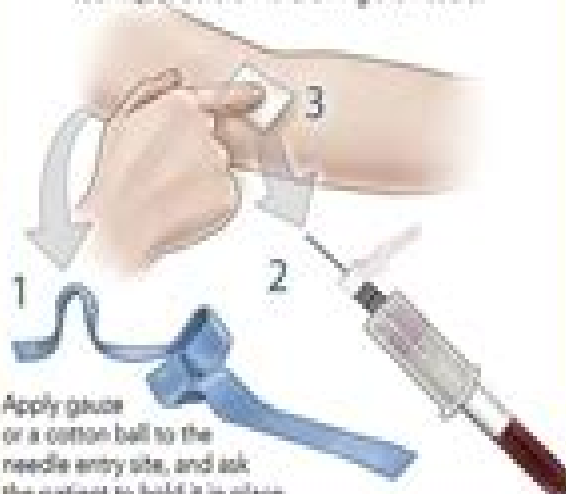
Anchor the selected vein with thumb and index finger.



Enter the vein swiftly and ensure blood is flowing.



After blood has been collected, release the tourniquet before withdrawing the needle.



Remove and immediately invert the tube 8 to 10 times to mix the sample with the tube additives.



Discard the used needle in the sharps container.



Remove gloves and wash hands with soap and water.



Label the tube for transport to the lab, indicating:

- Patient's full name
- Patient ID
- Birth date
- Date of sample.

For more information, visit:  
[World Health Organization Guidelines on Drawing Blood: Best Practices in Phlebotomy](#)

# Phlebotomy Training Guide

**Brian Treu**



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