

# Self-Reflection Paper

## Section One: Introduction

This course has been an eye-opener for me and has greatly influenced the manner in which I make ethical decisions. Working in the field of healthcare requires avoiding harm and providing proper care to patients. Such aspects of health care form the keystone of ethical practice. As a healthcare worker, I would want to do what is right for the persons under my care but situations are not always straightforward. Situations vary and there is no one size fits all solution. This course has provided me with a foundation for making ethical decisions that comes in the form of the utility decision-making model.

Before I learned about the utility decision-making model, I had a personal approach of promoting fairness. By using fairness as a decision-making model, I believed that all people should be given equal treatment regardless of factors like economic status, gender, and age. However, such an approach is vague with regards to specific actions to guide decision making. The utility model, which is what I prefer, views an action as being ethical if it results in the best possible outcomes (Hammaker & Knadig, 2017).

Because of this course, I have learned that the utility model has six steps that guide one's ethical decisions. First, one needs to evaluate the alternative options that are available to them to determine how they will affect the stakeholders (Hammaker & Knadig, 2017). The second step involves doing a cost-benefit analysis of the various options available with regards to the stakeholders (Hammaker & Knadig, 2017). For instance, what are the most urgent conditions? How can they be handled? What are the benefits or risks of each approach? The third step entails choosing the option with the highest utility value and least risk.



# Self Reflection Paper Ideas

**Barbara Montgomery Dossey, Lynn  
Keegan, Cathie E. Guzzetta**



## Self Reflection Paper Ideas:

*Service-Learning in the Computer and Information Sciences* Brian A. Nejme, 2012-06-07 Offering a truly global perspective this book serves as a road map for service learning partnerships between information science and nonprofit organizations. It introduces for the first time an essential framework for service learning in CIS addressing both the challenges and opportunities of this approach for all stakeholders involved: faculty, students, and community nonprofit organizations, NPOs both domestic and abroad. This volume outlines numerous examples of successful programs from around the world, presenting practical working models for implementing joint projects between NPOs and academia. **100 Ideas for Secondary Teachers: Stretch and Challenge** Paul Wright, 2020-03-05 No matter what you teach, there is a 100 Ideas title for you. The 100 Ideas series offers teachers practical, easy-to-implement strategies and activities for the classroom. Each author is an expert in their field and is passionate about sharing best practice with their peers. Each title includes at least ten additional extra creative Bonus Ideas that won't fail to inspire and engage all learners. \_\_\_\_\_ With the new developments across all secondary curriculum areas, there is greater emphasis on building depth of subject knowledge. Stretching and challenging students of all abilities is essential to achieving this deep level of learning. **100 Ideas for Secondary Teachers: Stretch and Challenge** presents innovative and exciting ideas, techniques, and activities to embed stretch and challenge strategies into everyday classroom practice, regardless of subject area. Developing good stretch and challenge practices enables the cognitive process that helps learners retain new information more easily and work more productively. Looking at questioning, marking, and feedback, starters, plenaries, and technology-based teaching, Paul Wright explains why the strategies presented in this book are so effective. **100 Ideas for Secondary Teachers: Stretch and Challenge** is the must-have guide to implementing stretch and challenge practices in the classroom, with ideas designed to raise attainment for all students and keep them engaged in the classroom. Accompanying online resources are also available to download from a companion website. *The Virtual Student* Rena M. Palloff, Keith Pratt, 2003-03-10 The Virtual Student is an essential resource for online educators working with students in higher education and training settings. The authors offer an overview of the key issues of student online learning and provide a practical guide to working with online students. The book covers a broad range of topics, including learning styles, multicultural issues, evaluation, retention, and the challenging problems of plagiarism and cheating. *Writing a Research Paper in Political Science* Lisa A. Baglione, 2018-12-31 Even students capable of writing excellent essays still find their first major political science research paper an intimidating experience. Crafting the right research question, finding good sources, properly summarizing them, operationalizing concepts, and designing good tests for their hypotheses, presenting and analyzing quantitative as well as qualitative data, are all tough going without a great deal of guidance and encouragement. *Writing a Research Paper in Political Science* breaks down the research paper into its constituent parts and shows students what they need to do at each stage to successfully complete each component until the

paper is finished Practical summaries recipes for success worksheets exercises and a series of handy checklists make this a must have supplement for any writing intensive political science course *Body, Paper, Stage* Tami Spry, 2016-06-16 Tami Spry provides a methodological introduction to the budding field of performative autoethnography including exemplars and exercises for the novice *Your Essential Guide to Effective Reflective Practice* Christian van Nieuwerburgh, David Love, 2024-11-09 This impactful guide takes you through the process of effective reflective practice with a clear and creative focus on helping you be successful in your professional and academic life It will provide you with clear guidance about how to undertake the reflective writing needed to achieve academic qualifications and professional accreditations This book includes Practical strategies undertaking reflective practice in service of your clients Recommendations for writing up your reflective practice for of assessment and accreditation purposes Case studies and templates that can be applied to a wide range of professional fields and academic contexts A theoretical foundation underpinning the purpose and intention of professional reflective practice Practical advice from experienced reflective practitioners to help you put the principles into practice This engaging and thought provoking book will give you confidence with thinking critically and reflectively about your work so that you can achieve better outcomes for yourself and others Developing Reflective Practice: a Guide for Beginning Teachers Debra McGregor, Lesley Cartwright, 2011-08-16 This student friendly practical guide helps you get to grips with reflective practice in teaching through bite sized sections that are informative and quickly digestible The book clearly explains some of the best known theories on reflective practice and then shows how reflection on and in practice can have a positive impact on classroom performance The very real problems faced by beginning teachers are brought to life through the use of rich case studies as well as extracts drawn from the reflective journals of those starting their teaching career The illustrative case studies consider how reflective practice can inform your teaching practice including Preparing for teaching Fitting into your school Designing lessons Managing behaviour Planning for creativity Assessing effectively Developing essential teaching techniques Working effectively with your mentor Extending your professional practice at Master s level An additional feature of the book is the inclusion of a number of new suggestions for developing reflective practice based on the authors experience of training new teachers and supporting beginning teachers Through reflective tasks based on the real problems that beginning teachers face you can actively develop your understanding and confidence in this area This book is essential reading for trainees and newly qualified teachers as well as those supporting new entrants to the profession

Systems for Sustainability Frank A. Stowell, Ray L. Ison, Rosalind Armson, Jacky Holloway, Sue Jackson, Steve McRobb, 2013-11-11 The term sustainability has entered the lexicon of many academic disciplines and fields of professional practice but to date does not appear to have been seriously considered within the systems community unless perhaps under other guises Within the wider community there is no consensus around what sustainability means with some authors identifying 70 to 100 definitions of the term Some see sustainability as the precise and quantifiable outcomes of biological

systems whilst others see it in terms of processes relevant to personal and organizational change with the potential to effect changes in our relationships with our environments Internationally it has been increasingly used in relation to the term sustainable development a term popularised by the Brundtland Commission of definitions in its report in 1987 entitled Our Common Future Despite this diversity and polarised perception on its utility unlike many other popular terms it has not had its time and subsided quietly from our language It is therefore timely for the systems community to explore the relationship between systems and sustainability in a range of contexts Participants in this the 5th International Conference of the United Kingdom Systems Society UKSS have been invited to reflect critically on the contribution of systems thinking and action to sustainability to the sustainability of personal relationships the organizations in which live and work and our natural environment Innovative studies in organized helping: Transforming relations, emotions and referents through sequentially structured practices Claudio Scarvaglieri, Peter Muntigl, Eva-Maria Graf, 2024-04-22

**Handbook of Research on Learning Outcomes and Opportunities in the Digital Age** Wang, Viktor, 2015-12-22 Education and learning opportunities bring about the potential for individual and national advancement As learners move away from traditional scholarly media and toward technology based education students gain an advantage with technology in learning about their world and how to interact with modern society The Handbook of Research on Learning Outcomes and Opportunities in the Digital Age provides expert research relating to recent technological advancements technology and learning assessments and the effects of technology on learning environments making it a crucial reference source for researchers scholars and professors in various fields *Promoting Chemical Laboratory Safety and Security in Developing Countries* National Research Council, Division on Earth and Life Studies, Board on Chemical Sciences and Technology, Committee on Promoting Safe and Secure Chemical Management in Developing Countries, 2010-10-07 There is growing concern about the possible use of toxic industrial chemicals or other hazardous chemicals by those seeking to perpetrate acts of terrorism The U S Chemical Security Engagement Program CSP funded by the U S Department of State and run by Sandia National Laboratories seeks to develop and facilitate cooperative international activities that promote best practices in chemical security and safe management of toxic chemicals including Partnering with host governments chemical professionals and industry to assess and fill gaps in chemical security abroad Providing technical expertise and training to improve best practices in security and safety among chemical professionals and industry Increasing transparency and accountability for dangerous chemical materials expertise and technologies Providing opportunities for collaboration with the international professional chemical community The Department of State called on the National Academies to assist in the CSP's efforts to promote chemical safety and security in developing countries **A Practice Beyond Cultural Humility** Claudia Grauf-Grounds, Tina Sellers, Scott A. Edwards, Hee-Sun Cheon, Don Macdonald, Shawn Whitney, Peter Rivera, 2020-02-27 A Practice Beyond Cultural Humility offers specific guidance to support students and practitioners in providing ongoing culturally attuned

professional care The book introduces a multicultural diversity training model named the ORCA Stance an intentional practice which brings together four core components Openness Respect Curiosity and Accountability Drawing from an array of influences it showcases work with common clinical populations in a variety of contexts from private practice to international organizations Each clinical chapter offers a brief review of information relevant to the population discussed followed by a case study using the ORCA Stance and a summary of recommended best practices In each case the practice of the ORCA Stance is shown to allow relationships to become more culturally sensitive and therefore more effective A Practice Beyond Cultural Humility provides practical examples research and wisdom that can be applied in day to day clinical work and will be valuable reading for a wide range of mental health students and clinicians who seek to continue their professional development

**The End of Composition Studies** David W Smit,2007-03-29 Setting forth an innovative new model for what it means to be a writing teacher in the era of writing across the curriculum The End of Composition Studies urges a reconceptualization of graduate work in rhetoric and composition systematically critiques the limitations of current pedagogical practices at the postsecondary level and proposes a reorganization of all academic units David W Smit calls into question two major assumptions of the field that writing is a universal ability and that college level writing is foundational to advanced learning Instead Smit holds writing involves a wide range of knowledge and skill that cannot be learned solely in writing classes but must be acquired by immersion in various discourse communities in and out of academic settings The End of Composition Studies provides a compelling rhetoric and rationale for eliminating the field and reenvisioning the profession as truly interdisciplinary a change that is necessary in order to fulfill the needs and demands of students instructors administrators and our democratic society

Distance Learning Michael Simonson,2020-08-01 Distance Learning is for leaders practitioners and decision makers in the fields of distance learning e learning telecommunications and related areas It is a professional journal with applicable information for those involved with providing instruction to all kinds of learners of all ages using telecommunications technologies of all types Stories are written by practitioners for practitioners with the intent of providing usable information and ideas Articles are accepted from authors new and experienced with interesting and important information about the effective practice of distance teaching and learning Distance Learning is published quarterly Each issue includes eight to ten articles and three to four columns including the highly regarded And Finally column covering recent important issues in the field and written by Distance Learning editor Michael Simonson Articles are written by practitioners from various countries and locations nationally and internationally

**Introduction to Interdisciplinary Studies** Allen F. Repko,Rick Szostak,Michelle Phillips Buchberger,2025-01-03 This book provides instructors and students in entry level interdisciplinary courses and thematic programs with a comprehensive introduction to interdisciplinary studies Authors Allen F Repko Rick Szostak and Michelle Phillips Buchberger introduce students to the cognitive process that interdisciplinarians use to approach complex problems and eventually arrive at more comprehensive

understandings of them Students learn how to think like interdisciplinarians understand interdisciplinary processes and assess the quality of their own work Changes to the Fourth Edition include revised content on epistemology and methods more on integrative strategies reordering of some chapters new assignment ideas and new examples which include student examples and insights from the latest scholarly works **Twenty-One Genres and How to Write Them** Brock

Dethier,2013-04-15 In this classroom tested approach to writing Brock Dethier teaches readers how to analyze and write twenty one genres that students are likely to encounter in college and beyond This practical student friendly task oriented text confidently guides writers through step by step processes reducing the anxiety commonly associated with writing tasks In the first section Dethier efficiently presents each genre providing models a description of the genres purpose context and discourse and suggestions for writing activities or moves that writers can use to get words on the page and accomplish their writing tasks The second section explains these moves over two hundred of them in chapters ranging from Solve Your Process Problems and Discover to Revise and Present Applicable to any writing task or genre these moves help students overcome writing blocks and develop a piece of writing from the first glimmers of an idea to its presentation This approach to managing the complexity and challenge of writing in college strives to be useful flexible eclectic and brief a valuable resource for students learning to negotiate unfamiliar writing situations **Webster's New World Student Writing Handbook,**

**Fifth Edition** Sharon Sorenson,2013-02-28 Now more portable and easier to navigate Webster s New World Student Writing Handbook Fifth Edition has been refreshed and updated to give you a more portable and efficient reference for all of your high school and college writing needs From essays to feature articles from book reports to scripts you ll get coverage of all thirty seven types of student writing good writing principles subject specific writing samples and important considerations for writing and the Internet You ll enjoy updated coverage and improvements including All new sections on term papers A sleek interior design that makes content easier to navigate Brand new coverage of specific considerations when writing for various subjects including English social sciences science business and technical subjects Expanded content on job applications college application essays special program admission essays and scholarship essays A companion Web site features concrete examples of the topics covered in each core subject area Acclaimed by fellow students educators and parents Webster s New World Student Writing Handbook is your one stop reference for writing top quality essays term papers and reports on any school subject **Holistic Nursing** Barbara Montgomery Dossey,Lynn Keegan,Cathie E.

Guzzetta,2005 Holistic Nursing A Handbook for Practice guides nurses in the art and science of holistic nursing and offers ways of thinking practicing and responding to bring healing to the forefront of healthcare Using self assessments relaxation imagery nutrition and exercise it presents expanded strategies for enhancing psychophysiology The Fourth Edition addresses both basic and advanced strategies for integrating complementary and alternative interventions into the clinical practice

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