

NUTRITION BINGO



Protein



2 1/2 Cups Vegetables



Carbohydrates



Water



Iron



Calcium



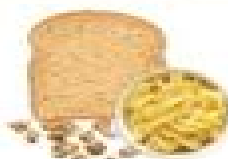
Sodium



Vitamin A



B Vitamins



Grain Group



Vitamin C



Fruit Group



2 Cups Fruit



Dairy Group



Fiber



Complex Carbohydrates

Nutrition Bingo Cards

Holly Berry Irving

A red circular graphic with a gradient, appearing as a stylized arrow or a partial circle, located to the right of the name bar.

Nutrition Bingo Cards:

Nutrition Education Materials Holly Berry Irving, 1987 Nutrition Education Printed Materials and Audiovisuals Shirley King Evans, 1989 Promoting Nutrition Through Education, 1985 Abstract A bibliography of resources for educating and training teachers school foodservice personnel and students in nutritional principles covers nutrition education materials developed in the US Nutrition Education and Training NET Program as well as citations to literature about the program A total of 445 citations are grouped according to 17 audience levels e g primary grades K 3 postsecondary education foodservice training adult education with each citation containing an informative nonevaluative abstract a format description and a Food and Nutrition Information Center FNIC number A listing of names and addresses of regional and state NET coordinators and title language and state indices are appended wz Catalog. Supplement - Food and Nutrition Information and Educational Materials Center Food and Nutrition Information and Educational Materials Center (U.S.), **Food and Nutrition**, 1984 **Audiovisual Guide to the Catalog of the Food and Nutrition Information and Educational Materials Center** Food and Nutrition Information Center (U.S.), 1977 *Bibliographies and Literature of Agriculture*, 1989 Audiovisual Guide to the Catalog of the Food and Nutrition Information and Educational Materials Center, 1975 Your Heart, Your Life, 1999 *Nutrition, a Teacher Sourcebook of Integrated Activities* Shirley Doten Oliver, Katherine Ogilvie Musgrave, 1984 **Home and Family Life Education: 55 Projects, Games, and Activities** Mary Holbrook, 1991 Physical Best Activity Guide Physical Best (Program), 2011 This comprehensive health related fitness education program is back and better than ever Developed by top level physical educators this third edition will help students gain the knowledge skills appreciation and confidence they need to lead active healthy lives regardless of physical and mental abilities or disabilities Physical Best Activity Guide Middle and High School Levels has been used with much success across the United States and for good reason The text contains 70 easy to use instructional activities ranging from noncompetitive to competitive and from less demanding to more demanding It also includes activities that allow for maximum time on task All the instructional activities address the national physical education standards dance standards or health standards This new edition retains the best activities from previous editions and offers new ones from outstanding teachers throughout the United States You will learn how to adapt the activities for all students regardless of skill level or disability and students will learn how to set realistic goals manage their activity levels and remain healthy throughout their lives In addition this text offers the following features A Combined Component Training chapter combines aerobic fitness muscular strength and endurance and flexibility into single activities A CD ROM contains a wealth of reproducibles including charts posters signs station cards handouts and worksheets many of which can be adapted to meet your needs A section of Internet resources helps you develop your own special events Physical Best Activity Guide Middle and High School Levels developed by the National Association for Sport and Physical Education can stand alone or be used in conjunction with Physical

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