

Exploring a Personal Identity: What Defines Me as an Individual

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The process of shaping a personal identity is rather complex and often convoluted since it is defined by multiple forces, some of which may turn out to be quite contradictory. The exploration of a personal identity becomes even more difficult for immigrants, who have been affected by sudden changes in their environment and the influences that often appear to be too intrusive and dominant. However, due to openness to new ideas and the ability to retain my cultural values, I have managed to shape my personal identity in a unique way that included both the core values of my native community and those of the cultures that have influenced me profoundly.

On the surface, the portrait that I have painted of myself over the entirety of my life is quite basic. Regarding my ethnic roots, I have always viewed myself as a member of the Latino/Hispanic community, which implies following the relevant major traditions and philosophy. For example, motherhood and the related roles, including those of nurturing and educating, have always been a priority for me. However, I have managed to overcome the gender-conforming standards that the specified roles suggested by exploring career opportunities that the related qualities provided. Namely, I have found my calling as an educator for PreK children, to whom I provide support, guidance, and the necessary instructions.

Connecting my experiences and current self-perception, I will have to mention two key people who have influenced me profoundly. These were my mother and my grandmother, who introduced me to the idea of self-determination, helped me to embrace my womanhood and encouraged my education and, later on, my professional development. At the same time, they have been supporting me as a mother, thus helping me with my self-actualization tremendously. They have taught me to overcome the limitations set for me by gender roles, prejudices, and cultural misconceptions, while choosing the available opportunities wisely to grow as a person and a professional. As a result, none of the roles that I have assumed, including that one of a mother and a teacher, have ever restricted me in the options for personal development and communication.

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