



Pediatric Nursing

major theories of child development

- Nurses should understand the child's developmental stage to design stimulating activities, appropriate teaching plans and promote the child's further development
- Child development is a complex set of stages progressing from basic to more complex levels of function
- Major developmental theorists have conceptualized development as a progression of sequential stages
- See page 6 for more information on child development

vital signs

A reflection of the body's physiologic status. **Reflexes** are different for children because of immaturity, increased basal metabolic rate and growth and development.

Heart rate and respiratory rate decrease with age while blood pressure increases with age.

Rectal temperature

- Rectal measurement reflects the body's core temperature
- Oral temperature measurement is appropriate for child over 3 years
- A one degree elevation of temperature causes an increase in respiratory rate by 4 breaths per minute and increases oxygen need by 7%.

Heart rate measurement

- The most accurate way to count the heart rate is using a stethoscope and taking the apical pulse
- The rate should be listened to for a full minute to evaluate any changes in rhythm and to count the rate

Respiratory rate measurement

- Young children use the diaphragm as the primary mechanism of breathing
- Observe the rise and fall of the abdomen to count respirations in children under 5 years of age
- Count for an entire minute

Blood pressure measurement

- Use the right sized cuff
- If the blood pressure is measured in the lower extremities, remember it will be slightly higher than the pressure in the arms

vital signs by age

Age	Pulse rate	Respiratory rate	Blood Pressure
Newborn	110-160	30-50	90/55
1 yr	80-150	20-40	90/60
2 yrs	80-130	20-30	95/60
4 yrs	80-120	20-25	95/65
6 yrs	75-115	20-25	100/56
8 yrs	70-110	15-20	105/56
10 yrs	70-110	15-20	110/58

pain assessment in children

Pain exists when the patient says it does.

In the past, children did not receive adequate pain relief; it was thought that children do not feel pain the same way as adults.

- Research has shown that children feel and remember pain
- Children demonstrate anticipatory fear when taken to a location where they once experienced pain

Recognize that children often do not complain of pain because they are afraid the injection to relieve that pain will hurt more than the pain itself.

A variety of factors can affect a child's response to pain, including:

- Culture
- Developmental level
- Previous experience with pain
- Presence of the caregiver
- Fear and expectations
- Teaching or preparation

Clinical manifestations of pain in children can be remembered as the ABCs of pain:

- **A**cute physiologic indicators: Pain stimulates the adrenergic nervous system, causing a stress response as evidenced by tachycardia, tachypnea, hypertension, dilation of pupils, pallor and increased perspiration
- **B**ehavioral indicators: Pain related behaviors may mimic signs of fear and anxiety in the child; commonly observed behaviors include: restlessness and agitation or hyperalertness, short attention span, irritability, facial grimacing, punting and biting of lips, guarding of painful area,

posturing or immobility, rubbing the painful area, lethargy or withdrawal and sleep disturbances.

• **C**onsequences of pain: Unrelieved pain is stressful and a prolonged stress response has physiologic consequences, including: respiratory changes resulting in alkalosis, decreased oxygen saturation, and retention of pulmonary secretions; neurologic changes resulting in change in sleep patterns, increased blood glucose and cortisol levels and tachycardia; and metabolic changes leading to increased fluid and electrolyte losses.

A child may not be able to verbalize the existence of pain.

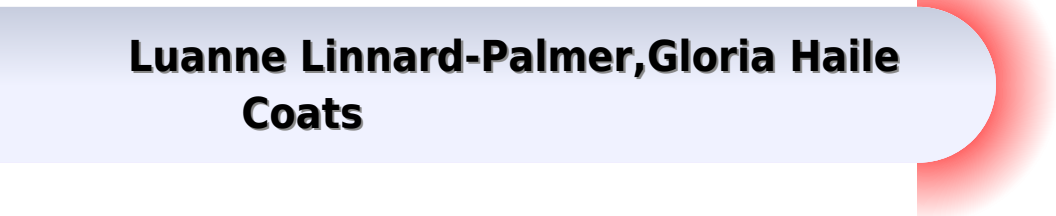
- Careful, comprehensive assessment by the nurse is important
- The goal of pain assessment is to collect accurate data about the location and intensity of pain and its effect on the child's overall well-being
- Important questions to consider during the data collection process include:
 - What is happening to cause pain?
 - What external factors could be causing pain?
 - Is the child exhibiting any acute physiologic or behavioral indicators of pain?
 - How is the child responding to the situation?
 - How does the child or parent rate the pain?
- A child's response, verbal description and understanding of pain vary by developmental stage

pain assessment in children

Developmental Stage	Behavioral Response	Verbal Description	Understanding
Infants	Crying, irritability, withdrawal or pushing away; restless sleeping; poor feeding behaviors	Cries	No apparent understanding, yet when exposed to repeated pain, some demonstrate breath-holding when approached by care provider; older infants show anticipatory fear
Toddlers	Become quiet and exhibit regressive behavior; uncooperative, reacts with entire body; fear response may cause to seek a safe place (playroom)	Cry and scream; unable to describe intensity or type of pain	Demonstrate fear of painful situations; use common words such as "boo-boo" or "OWIE" for pain
Pri-Schoolers	Active physical resistance; strike out physically and verbally when hurt; low frustration level; become quiet	May believe pain is obvious to others; can identify the location and intensity of pain	Pain is related to hurt or injury, not illness; often believe pain is punishment for bad behavior or thoughts
School Age	Passive resistance; clenching fists, holding body rigidly, or withdraw emotionally; may deny pain to be "braver" or avoid further procedures; withdrawn, may stare at television	Can describe pain location, intensity and describe its physical characteristics	Understand relationship between pain and illness but not the cause of the pain; older children can relate psychological pain to loss and hurt feelings
Adolescents	Fear loss of control; may refuse or over request meds; increased muscle tension; want to behave in a socially accepted or adult manner	Sophisticated description of pain experience	Can describe a complex understanding of the nature of physical and mental pain and relate to other's pain

Pediatric Nursing Care Nclex Study Guide

**Luanne Linnard-Palmer, Gloria Haile
Coats**



Pediatric Nursing Care Nclex Study Guide:

Study Guide For Safe Maternity and Pediatric Nursing Care Luanne Linnard-Palmer, Gloria Haile Coats, 2016-09-23 Here is the perfect companion to Safe Maternity Pediatric Nursing Care Each chapter in the Study Guide corresponds to a chapter in the text Exercise by exercise activity by activity you will develop your critical thinking and problem solving skills while mastering the principles concepts and procedures essential to success in the classroom and in practice *Essentials of Pediatric Nursing* Terri Kyle, 2008 *Essentials of Pediatric Nursing* is intended for Pediatric Nursing courses with an integrated pediatric curriculum It provides a unique concept based approach and nursing process focus that helps students go from concept to application by building on previously mastered knowledge from other courses Organized into four logical units Kyle *Essentials of Pediatric Nursing* covers a broad scope of topics with an emphasis on common issues and pediatric specific information In addition it has a variety of learning features to ensure student retention such as Healthy People 2010 boxes Threaded Case Studies and Comparison Charts highlighting common diseases Plus it includes a BONUS CD ROM and companion website that provide numerous resources for both students and instructors including video clips of each developmental stage and care of the hospitalized child

Study Guide for Wong's Nursing Care of Infants and Children - E-Book Marilyn J. Hockenberry, David Wilson, Linda McCampbell, 2018-09-03 Corresponding chapter by chapter to the completely reorganized and revised Wong's Nursing Care of Infants and Children 11th Edition this study guide helps you apply pediatric nursing concepts to real world practice It assesses reinforces and strengthens your understanding of pediatric nursing with learning activities review questions and case studies with critical thinking questions Learning Key Terms consisting of matching and fill in the blank questions test your ability to define all key terms highlighted in each textbook chapter An answer key for the review questions and learning activities is included in the back of the study guide Pages are perforated so submitting assignments is easy Reviewing Key Concepts and Content includes questions in various formats to provide you ample opportunity to assess your knowledge and comprehension of information covered in the text Activities include matching fill in the blank true false short answer and multiple choice to help you identify the core content of the chapter and test your understanding upon completion of reading the chapter Thinking Critically case based activities require you to apply the concepts found in the chapters to solve problems make decisions concerning care management and provide responses to patient questions and concerns Learning Key Terms consists of matching and fill in the blank questions that let you test your ability to define all key terms highlighted in the corresponding textbook chapter An answer key is included at the end of the Study Guide Perforated pages allow you to submit assignments to your instructor NEW Updated chapter organization and content matches revised and reorganized text *Study Guide for Nursing Care of Children - E-Book* Susan Rowen James, Julie White, 2012-03-26 Updated content reflects the changes in the Nursing Care of Children 4th Edition textbook to keep you up to date

Study Guide for Maternal Child Nursing Care - E-Book Shannon E.

Perry, Marilyn J. Hockenberry, Kitty Cashion, Kathryn Rhodes Alden, Ellen Olshansky, Deitra Leonard Lowdermilk, 2022-03-09
NEW Updated content throughout corresponds to the new features and chapters in the Maternal Child Nursing Care 7th Edition text **Illustrated Study Guide for the NCLEX-PN® Exam - E-Book** JoAnn Zerwekh, 2023-11-30 Who says studying has to be boring The Illustrated Study Guide for the NCLEX PN Exam 10th Edition uses colorful drawings and mnemonic cartoons to bring difficult concepts to life and help you recall the content you need to know to excel on the NCLEX PN examination Written in a concise and visually appealing outline format this book makes learning and studying easier and more fun The companion Evolve website includes more than 3 000 review questions including alternate item and Next Generation NCLEX formats and allows you to personalize your study by creating practice exams identifying strengths and weaknesses and reviewing answers and rationales Mnemonic cartoons provide a fun easy way to review and remember key nursing concepts and disease processes More than 3 000 review questions on the Evolve companion website are available in both study and quiz modes and separated by content area allowing customized review based on personal study needs The review questions include multiple choice alternate item format and NGN Answers and rationales are provided for all review questions Test Alert boxes in the book highlight key concepts frequently found on the NCLEX examination Nursing Priority boxes make it easier to distinguish priorities of nursing care Older Adult Care Focus boxes in the book provide special considerations and nursing care strategies for the older adult Pharmacology tables make key drug information easy to find with high alert medications noted by a special icon Appendixes for each chapter summarize medications and nursing procedures for quick reference Special icons distinguish pediatric and adult disorders and identify content on self care and home care A separate chapter on pharmacology and medication administration helps you focus on this area of emphasis on the NCLEX examination NEW Patient scenarios and Next Generation NCLEX question types familiarize you with these new item types NEW NCSBN Clinical Judgment Measurement Model and the six cognitive skills are reviewed in the context of preparing for the nursing profession and taking the NCLEX PN examination NEW Separate Pediatric Nursing Care chapter makes it easier to find information to care for the pediatric client Safe Maternity and Pediatric Nursing Care Luanne Linnard-Palmer, Gloria Haile Coats, 2025-02-03 Maximize a short course to ensure success This is the maternity peds textbook that focuses on what LPNs must know with just the right depth and breadth of coverage of the knowledge and skills that LPNs need to know to practice safely A student friendly approach helps LPN LVNs to master safe and effective nursing care by developing the critical thinking and problem solving skills they need to excel in clinical practice Clear concise readab
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Safe Maternity & Pediatric Nursing Care
Luanne Linnard-Palmer, Gloria Haile Coats, 2020-09-29

Safe Maternity assesses their knowledge prepares students for classroom exams and the NCLEX and provides real time analytics to identify their weak concepts and topic areas Text This is the maternity peds textbook that focuses on what LPNs must know with just the right depth and breadth of coverage of the knowledge and skills to practice safely A student friendly approach helps LPN LVNs to master safe and effective nursing care by developing the critical thinking and problem solving skills they need to excel in clinical practice Clear concise readable well organized and easy to follow it s the text that prepares new nurses to make the connections Davis Edge Davis Edge is the online quizzing program that integrates seamlessly into the classroom to give students the additional practice questions they need to perform well on course exams and the NCLEX Handpicked preset assignments save instructors time while actionable analytics let them take the pulse of how their students are performing Instructors have the real time data they need to monitor track and assess their class s mastery of the content They are able to easily identify the areas in which students are struggling intervene quickly and provide remediation to ensure that students succeed and improve within following areas Comprehension and Retention How well do students understand the content Participation and Engagement Are students keeping up with their reading and assignments Test Taking Skills Are students prepared for NCLEX style questions and improving their test taking skills An access code inside new printed texts unlocks Davis Edge as well as a

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information and insights in a concise structured and informative way that encourages critical thinking Reviewed by Kim Shrieves on behalf of Nursing Times April 2015 Concise yet comprehensive content is presented within the scope of practice for the LVN LPN but with sufficient depth to facilitate students in a ladder program allowing them to be successful with the ADN program requirements for the specialties Step by step procedure lists throughout the text help you master important maternity and pediatric nursing processes with Skills Performance Checklists available on the Evolve website Nursing Care Plans with Critical Thinking Questions reinforce the nursing process and strengthen problem solving skills as applied to maternity nursing Logical organization of content from simple to complex and health to illness makes locating and accessing information easy Key terms with phonetic pronunciations and text page references help improve terminology and language skills of English as a Second Language ESL students and students with limited proficiency in English before they enter clinical practice Health Promotion boxes emphasize the importance of family centered care health promotion and illness prevention women s health issues and growth and development of child and parent to help you understand and teach wellness and disease prevention to patients in your care Nutrition content highlights the importance of proper nutrition for women before during and after pregnancy for those who are breastfeeding as well as critical information about the nutrition needs and problems of newborns infants and children Nursing Tips throughout provide pertinent information applicable in the clinical setting that reinforces what you have just learned while building on previously learned information NEW Unfolding case studies with illustrations follow first time parents Tess and Luis throughout the stages of pregnancy and birth of their twins with a series of critical thinking questions NEW Updated NCLEX exam style review questions have been revised to a higher cognitive level to better reflect the NCLEX examination NEW Expanded coverage of bioterrorism and natural disasters better reflects the evolving role of the nurse in disaster situations NEW Enhanced appendix includes Pediatric Lab Values for quick and easy reference

Wong's Essentials of Pediatric Nursing: Third South Asian Edition - E-Book Jyoti Sarin,C.N. Bhargavi,2022-11-02 Knowledge is power It enhances one s thoughts and expands their thinking What we learn today paves way for tomorrow Wong s Essentials of Pediatric Nursing Third South Asia Edition provides a well refined in depth and advanced body of knowledge in pediatric nursing to ameliorate excel and outshine the professional skills of nurses in both theory and practice It enhances a nurse s abilities in handling a child in a comprehensive manner The book covers a cocktail of all essential topics and has pictorial representations notes enclosing important information and nursing diagnoses that help the nurses to prioritize and carry out nursing care and procedures in an orderly fashion This text strives to help nurses utilize their maximum potential for the holistic care of a child

Study Guide for Introduction to Maternity and Pediatric Nursing - E-Book Gloria Leifer,2022-10-27 NEW Next Generation NCLEX exam style questions for case studies help students develop skills in clinical judgment and prepare for the new licensure examination NEW Updated exercises correspond with the textbook s new content on methods and treatment in the care of women families

newborns and children **Introduction to Maternity and Pediatric Nursing - E-Book** Gloria Leifer, 2022-08-31 Build the knowledge and clinical judgment you need to succeed in maternity and pediatric nursing Written in a clear easy to read style Introduction to Maternity and Pediatric Nursing 9th Edition describes how you can provide effective evidence based care for women during pregnancy labor and delivery and for newborns and growing children The text spans the continuum of child development organizing topics from simple to complex and from health to illness this approach makes it easy to locate information Another hallmark of the book is its strong focus on family centered care health promotion and illness prevention Written by noted nursing educator Gloria Leifer this bestselling text includes new Next Generation NCLEX exam style case studies plus updates on infection control pandemic responses and more Unfolding case studies follow one family through the conception and birth process and include open ended critical thinking questions applying the content to practice More than 25 nursing care plans include nursing diagnoses plus goals nursing interventions and rationales along with critical thinking questions to promote clinical decision making skills Detailed nursing skills cover a wide range of maternal and pediatric nursing interventions Safety alerts highlight the importance of protecting patients and others from accidents medication errors and the spread of disease Nursing tips include practical evidence based information applicable in the clinical setting Nursing guidelines reflect the World Health Organization's Baby Friendly Hospital Initiative alternative therapies immunization mandates emergency preparedness preventing medication errors and more Get Ready for the NCLEX Examination at the end of each chapter includes a summary of key points additional online resources review questions and critical thinking questions Cultural Considerations boxes help you address the needs of culturally diverse patients and families Patient Teaching boxes help you communicate instructions for self care with patients and families Medication tables provide quick access to information about commonly used medications NEW Next Generation NCLEX examination style case studies include new format questions to help you prepare for the licensure examination NEW Discussion of the NCSBN Clinical Judgment Measurement Model helps you learn decision making and develop the skills needed to plan effective nursing interventions NEW Thorough updates include infection control pandemic responses pharmacologic tables and pediatric treatments *Wong's Essentials of Pediatric Nursing: Second South Asian Edition* A. Judie, 2018-09-15 Content adapted for the current South Asian nursing setup Current data and statistics pertaining to the South Asian region assimilated Newest concepts and literature added to reflect the regional perspective Regional pictures added to provide regional look and feel **Maternity Nursing - E-Book** Deitra Leonard Lowdermilk, Shannon E. Perry, Kitty Cashion, 2010-03-01 Evidence Based Practice boxes have been updated researched and reformatted to help you focus on current research Recognizes the nurse's need to integrate the family in the care of the mother and newborn New and updated information to reflect current nursing research **Maternity Nursing - Revised Reprint** Deitra Leonard Lowdermilk, RNC, PhD, FAAN, Shannon E. Perry, RN, PhD, FAAN, Mary Catherine Cashion, RN, BC, MSN, 2013-11-25

Designed to meet the needs of today's students Lowdermilk's Maternity Nursing 8th Edition Revised Reprint addresses the fundamentals of maternity nursing with a concise focused presentation of the care of women during the childbearing years Integrating considerations for family culture and health promotion into the continuum of care it also addresses community based care to emphasize that nursing care takes place in many settings Maternity Nursing focuses on childbearing issues and concerns including care of the newborn as well as wellness promotion and management of common women's health problems Critical thinking exercises present case studies of real life situations and corresponding critical thinking questions to help you develop your analytical skills NEW A helpful appendix identifies text content that reflects the QSEN competencies patient centered care teamwork and collaboration evidence based practice quality improvement safety and informatics to assist you in developing competencies to provide safe and effective nursing care NEW Focus on the family recognizes the nurse's need to integrate the family in the care of the mother and newborn and the importance of the role of the mother to the wellbeing of the family NEW Content updates throughout including information on the late preterm infant and associated concerns such as feeding guidelines on prioritization and delegation where relevant and centering pregnancy a new model of health care that brings women together in groups for their care NEW Evidence based practice content focuses your attention on how to use current research to improve patient outcomes NEW Improved readability helps you learn more efficiently with shorter more focused content discussions NEW 21st Century Maternity Nursing Culturally Competent Community Focused chapter combines introductory material culture and community into one chapter to help you focus on key content and concepts NEW Streamlined content highlights the most essential need to know information

Essentials of Nursing
Barbara Kuhn Timby, Nancy Ellen Smith, 2005 This readable and user friendly textbook presents the most essential material from Barbara Kuhn Timby's market leading textbook Introductory Medical Surgical Nursing Eighth Edition Essentials of Nursing contains essential medical surgical content and also includes two units on maternity nursing and pediatric nursing More than 250 full color illustrations complement the text Essentials of Nursing offers LPN LVN students an easy to digest overview of medical surgical nursing and is an excellent supplement to Timby's Fundamental Nursing Skills and Concepts

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