

# Camp Physical



To Parent(s)/ Guardian(s): Complete this section and give this form to your child's health-care provider for review.

Dates will attend camp: from \_\_\_\_\_ to \_\_\_\_\_

Camper Name: \_\_\_\_\_

☐ Male ☐ Female

Birth Date: \_\_\_\_\_

Age on arrival at Camp: \_\_\_\_\_

Camper home address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Custodial parent(s) phone: (\_\_\_\_\_) \_\_\_\_\_ (\_\_\_\_\_) \_\_\_\_\_

Parent(s)/ guardian(s) stop here. Rest of form to be completed by medical personnel.

The following non-prescription medications are commonly stocked in camp Health Centers and are used on an as needed basis to manage illness and injury. **Medical personnel:** Cross out those items the camper **SHOULD NOT** be given.

Acetaminophen (Tylenol)  
Ibuprofen (Advil, Motrin)  
Phenylephrine (Sudafed PE)  
Pseudoephedrine (Sudafed)  
Chlorpheniramine maleate  
Quartenerin  
Dextromethorphan  
Diphenhydramine (Benadryl)  
Generic Cough Drops  
Chloraseptic (sore throat spray)  
Lice shampoo or scabies cream (Nix or Elimite)

Calamine Lotion  
Bismuth subsalicylate (Pepto-Bismol)  
Laxatives (Ex-Lax)  
Hydrocortisone 1% Cream  
Topical Antibiotic Cream  
Aloe Vera

Diet/Nutrition: ☐ Eats a regular diet. ☐ Has a medically prescribed meal plan or dietary restrictions; (describe below)

The camper is undergoing treatment at this time for the following conditions: (describe below)  
None.

Medication: No daily medications. Will take the following prescribed medication(s) while at camp: name, dose, frequency- describe below)

Other treatments/therapies to be continued at camp: (describe below) ☐ None needed.

Physical Exam done today: Yes No

If "No," date of last physical: \_\_\_\_\_

ACA accreditation standards require physical examination for each 12 months.

Weight \_\_\_\_\_ lbs Height \_\_\_\_\_ ft \_\_\_\_\_ in

Blood Pressure \_\_\_\_\_/\_\_\_\_\_. Allergies: ☐ No Known Allergies

- ☐ To Food (list)
- ☐ To Medications (list)
- ☐ To the Environment (insect stings, hay fever, etc.- list)
- ☐ Other Allergies (list)

Describe previous reactions:

Do you feel that the camper will require limitations or restrictions while at camp? No Yes

If "Yes" to the question above, what do you recommend? (describe below-attach additional information if needed)

# Sample Camp Physical Form

**L Manion**



**Sample Camp Physical Form:**

## **Sample Camp Physical Form** Book Review: Unveiling the Magic of Language

In an electronic digital era where connections and knowledge reign supreme, the enchanting power of language has are more apparent than ever. Its capability to stir emotions, provoke thought, and instigate transformation is really remarkable. This extraordinary book, aptly titled "**Sample Camp Physical Form**," written by a highly acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound impact on our existence. Throughout this critique, we will delve into the book is central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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## Sample Camp Physical Form Introduction

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