#### PHYSICAL ASSESSMENT EXAMINATION STUDY GUIDE

#### **Nursing Assessment**

- Part of the Nursing Process
- 2. Nurses use physical assessment skills to:
  - a) Obtain baseline data and expand the database from which subsequent phases of thenursing process can evolve
  - b) To identify and manage a variety of patient problems (actual and potential)
  - Evaluate the effectiveness of nursing care
  - d) Enhance the nurse-patient relationship
  - e) Make clinical judgments

#### Gathering Data

Subjective data - Said by the

client (S) Objective data -

Observed by the nurse (O)

**Document: SOAPIER** 

#### Assessment Techniques:

The order of techniques is as follows (Inspect - Palpation - Percussion -

Auscultation) except for the abdomen which is Inspect - Auscultation -

Percuss - Palpate.

#### A.Inspection - critical observation \*always first\*

- 1. Take time to "observe" with eyes, ears, and nose (all senses)
- 2. Use good lighting
- 3. Look at color, shape, symmetry, position

# **Physical Assessment Examination Study Guide Nursing**

JoAnn Zerwekh

## **Physical Assessment Examination Study Guide Nursing:**

Study Guide & Laboratory Manual for Physical Examination & Health Assessment E-Book Carolyn Jarvis, Ann L. Eckhardt, 2023-01-02 Both a comprehensive lab manual and a practical workbook the Study Guide Laboratory Manual for Physical Examination Health Assessment 9th Edition gives you the tools you need to master physical examination and health assessment skills in the lab and in clinical practice Corresponding to the bestselling Jarvis textbook this guide features terminology reviews application activities clinical judgment questions regional write up sheets and narrative summary forms with answers to study questions at the back of the book to facilitate both learning and review The 9th edition has been thoroughly updated with a fresh focus on the Next Generation NCLEX NGN with case studies featuring new NGN question formats to prepare you not only for the skills laboratory but for success on the NCLEX and in interprofessional collaborative practice Authoritative review and guidance for laboratory experiences personally written by the textbook authors provide a seamlessly integrated study and clinical experience Consistent format includes Terminology Review Study Guide and Clinical Judgment Questions in each chapter Physical examination forms familiarize you with what you will encounter in clinical practice and offer practice in documenting the patient history and examination findings The only full color illustrated lab manual available for a nursing health assessment textbook with anatomy exercises that align with the main text NEW Clinical judgment exercises equip you for success on the Next Generation NCLEX NGN including guestions with an increased focus on clinical judgment robust single episode case studies that employ the latest NGN question types and unfolding case studies which reflect the language of the NCSBN Clinical Judgment Measurement Model NEW Chapter 33 includes unfolding case studies for the NGN that present opportunities for you to practice prioritizing decision making and using clinical judgment skills NEW Increased emphasis on activities focused on higher cognitive levels Applying and above UPDATED Critical Thinking Exercises offer suggested readings based on your participation in the skills lab and discussions with your instructor UPDATED Content corresponds to the 9th edition of the Jarvis textbook and incorporates the latest research and evidence Illustrated Study Guide for the NCLEX-PN® Exam - E-Book JoAnn Zerwekh, 2023-11-30 Who says based practice studying has to be boring The Illustrated Study Guide for the NCLEX PN Exam 10th Edition uses colorful drawings and mnemonic cartoons to bring difficult concepts to life and help you recall the content you need to know to excel on the NCLEX PN examination Written in a concise and visually appealing outline format this book makes learning and studying easier and more fun The companion Evolve website includes more than 3 000 review questions including alternate item and Next Generation NCLEX formats and allows you to personalize your study by creating practice exams identifying strengths and weaknesses and reviewing answers and rationales Mnemonic cartoons provide a fun easy way to review and remember key nursing concepts and disease processes More than 3 000 review questions on the Evolve companion website are available in both study and guiz modes and separated by content area allowing customized review based on personal study needs The

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